



October 17, 2024

### Southern Alberta Lacrosse Association 2024 Year in Review

Total registrations:

Brooks		Chief Mountain		Lethbridge		Medicine Hat		Taber	
2023	2024	2023	2024	2023	2024	2023	2024	2023	2024
106	115	38	29	110	108	147	195	79	84

Dear SALA Community,

As I reflect on the concluded SALA season, I am delighted to share an overview of our accomplishments and the positive developments within our organization. The SALA Board of Directors is fully committed to working collaboratively for the betterment of lacrosse in Southern Alberta, ensuring that our sport continues to thrive across all communities.

This season showcased a balanced and equitable schedule, allowing for league play in every community. We saw a notable increase in membership, growing from 480 in 2023 to 531 in 2024. Highlights include the inaugural SALA League Day hosted in Standoff by Chief Mountain Lacrosse, as well as impressive performances at Provincials, with the U13 SunDevils Black winning Bronze, the U15 Cudas earning Silver, and the U17 Cudas claiming Gold. Additionally, the SALA-Wheatland Crossover returned, bringing three Wheatland teams to a competitive weekend of play. Our efforts to develop officials and coaches included hosting two Officials Clinics and two Community Development Coaching Clinics, while the ALA organized Player Development Clinics for U9 to U17. The MHLC hosted a Junior A exhibition game that attracted over 500 attendees, further highlighting the growing interest in our sport. The SALA Sting A teams, rostered in U13, U15, and U17 divisions, also experienced successful seasons.

Looking ahead, the SALA Board of Directors is focused on streamlining our governance processes by implementing new policies and collaborating with fellow LGBs to better support

community clubs. We are also updating our website to improve access to information for all members. Additionally, we're excited to be planning for regional Player and Coach Development Camps, understanding that our collective strength leads to greater achievements. This initiative will ensure that all players, regardless of skill level, have the opportunity to thrive, while we remain committed to strengthening the SALA Sting A program for ongoing success.

Our progress stands on a strong foundation built by the countless hours of dedication from volunteers over the years. Thanks to the leadership and vision of many individuals, lacrosse has become a vibrant topic of conversation in our communities. A heartfelt thank you to everyone, past and present, who dedicates their time and shares their passion for the game.

Thank you for your ongoing support. Together, we will continue to elevate the sport of lacrosse in Southern Alberta.

Respectfully submitted,

A handwritten signature in black ink that reads "Sarah MacKenzie". The signature is written in a cursive, flowing style.

Sarah MacKenzie  
President  
Southern Alberta Lacrosse Association (SALA)