

# **SALA REGULATIONS**

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## **REGULATION 1 - REGISTRATION**

**1.01** Except as hereinafter provided, no player shall be registered as a member of, or compete for, a team in any SALA match who has not been a bona fide resident of that Clubs Boundary as established by the SALA since April 1<sup>st</sup> in the playing season.

**1.02** If there is no team in the player's division in the Boundary in which the player resides, or if the player does not reside within any Boundary, players must play in the Boundary which is nearest by ordinary travel, which has a team registered in his/her Division. A player may not establish residency for the principal purpose of playing or practicing Lacrosse.

**1.03** If Club Boundaries of the SALA are required they will be attached in Appendix B of the SALA Bylaws.

**1.04** If a player wishes to play on a team outside his or her Club Boundary and if both Members (the one releasing and the one receiving the player) agree to the release, then the player may play for the team outside his or her Boundary. If the player's resident boundary's Member does not agree, the release request must come to the Discipline/Appeals Committee. The Committee's decision will be final and binding. The request and submissions of the two (2) Members, if any, shall be in writing and there shall be no hearing. The player and the Members shall be provided with copies of the written submissions and shall have the opportunity to respond in writing. There shall be no appeal.

**1.05** The form of release shall be per standard ALA form and unless specifically stated to be otherwise will be effective for one season only.

**1.06** If a player changes residence from one Boundary to another Boundary, no release from the player's former Member in the Boundary he or she formerly resided in is necessary and the player shall, unless released, play for a team in the Boundary in which he or she resides pursuant to Regulation 1.01 and 1.02.

## **REGULATION 2 - TAMPERING**

**2.01** No player or potential player shall be contacted by anyone connected to a Member of Boundary outside the Boundary in which the player or potential player resides about playing for a team in another Boundary without first receiving written

permission of the President of the Member of the Boundary in which the player or potential player resides.

### **REGULATION 3 - PLAYOFF REGULATION**

**3.01** The SALA reserves the right to place teams in whatever classification and series it may deem is in the best interest of the SALA.

### **REGULATION 4 - RULES OF PLAY**

**4.01** Rules of play shall be those of the ALA Lacrosse Regulations for the current season, with the exception of the SALA Regulations and/or Rules as adopted by the Association.

#### **4.02 TOURNAMENTS**

No player or team registered with the SALA shall compete in any tournament in Alberta unless that tournament has been sanctioned by the ALA.

**4.02.1** Each team in every SALA Club has the right to attend one out of town tournament during the SALA season. SALA league play does take priority, and it is the traveling team`s responsibility to coordinate making up the games they would miss.

### **REGULATION 5 - COMPETITION**

**5.01** The SALA may conduct competitions in Lacrosse in the following Divisions or Categories:

#### **5.02 BOX LACROSSE**

- 1) Senior – open to players who are over 21 years of age.
- 2) Junior – open to players who are under 21 years of age on December 31 in the year in which they wish to compete.
- 3) U17 is open to players who are under 17 years of age on December 31 in the year in which they wish to compete.
- 4) U15 is open to players who are under 15 years of age on December 31 in the year in which they wish to compete.

5) U13 is open to players who are under 13 years of age in the year in which they wish to compete.

6) U11 is open to players who are under 11 years of age on December 31 in the year in which they wish to compete.

7) U9 is open to players who are under 9 years of age on December 31 in the year in which they wish to compete. U9 play shall concentrate on the development of players' skills and sportsmanship and shall be non-competitive.

8) U7 is open to players who are under 6 years of age on December 31 in the year in which they wish to compete. U7 play shall concentrate on the development of players's skills, sportsmanship and shall be non-competitive.

**5.03** Any exception to this regulation must be submitted for approval to the Board of Directors prior to March 30th of the current year.

## **REGULATION 6 - MEMBER RESPONSIBILITY - PLAYER**

### **ELIGIBILITY VIOLATIONS**

**6.01** Members shall be responsible to ensure that their players are eligible to play for their team in accordance with SALA, ALA and LC Bylaws, Regulations and Rules

**6.02** An ineligible player includes the following:

(a) A player improperly registered within the SALA, ALA and LC Bylaws, Rules and Regulations;

(b) A suspended player or team personnel;

(c) A player improperly released in accordance with the SALA, ALA, and LC Bylaws and Regulations.

**6.03** If anyone participates in a game or if his or her name appears on the game sheet while ineligible, the persons responsible be subject to immediate discipline and the team shall forfeit any points earned from any games played using an ineligible person.

**6.04** In any disciplinary proceeding arising out of a violation of this regulation, where it is established that the person or member who or which is the subject matter of the discipline proceedings should have known of the ineligibility of the player, and if in defense of the disciplinary action, it is submitted that the ineligibility was not known, the burden of proving the lack of knowledge is on the party who is the subject of the disciplinary proceeding.

## **REGULATION 7 - BOX LACROSSE PARITY**

**7.01** In Box Lacrosse, where a Member Club has more than one (1) team in a Division, that club shall take reasonable steps to ensure that the teams are composed so that there is reasonable parity between the said teams. If this Regulation is breached by any Member then the SALA shall direct that Member to take such steps as deemed necessary to achieve reasonable parity.

**7.02** Any complaints about parity shall be directed to the SALA board, which shall, after considering submissions from the complainant and the Member make a ruling and, in the event that the ruling is that Regulation 7.01 has been breached, make such direction to the Member as necessary. The decision of the Committee is final and binding upon the Members, Lacrosse Teams and Players and there is no appeal therefrom.

**7.03** The SALA board shall periodically review the performance of teams within a Member where there is more than one (1) team in a Division and assess whether the Member has complied with Regulation 7.01. If the Committee's assessment is that Regulation 7.01 has apparently been breached then such shall be considered a complaint and Regulation 7.02 shall be followed.

## **REGULATION 8 - SALA CHAMPIONSHIPS, PLAYOFFS, AND QUALIFICATION FOR PROVINCIAL PLAY**

**8.01** The SALA champions in each Division shall be the winner of the SALA Championship Tournament.

**8.01.1** In the event of a tie, final standing shall be determined by:

First: Team with the greater number of wins finishes ahead;

Secondly: Team record against each other;

Thirdly: Goals for and against between the tied teams. Team with the highest ratio finished ahead;

Fourthly: Goals for and against ratio between each other plus common opponents. Team with the highest ratio finishes ahead;

Fifthly: Team with the lowest penalty minutes finishes ahead.

**8.02** At the conclusion of regular season play there shall be a Championship Tournament in the U9, U11, U13, U15, and U17 divisions. The team which wins the SALA Championship Tournament shall be awarded the respective Division Championship Medals and Pennant.

**8.03** All teams will make the playoffs in all divisions.

**8.04** The SALA board shall, by May 15<sup>th</sup>, determine the SALA Championship Tournament format.

**8.05** The final standings in the SALA Championship Tournaments shall determine which teams are, pursuant to ALA rules, eligible to participate in the Provincial Championships, if they are held in each division.

**8.06** There shall be no U7 championship in the.

## **REGULATION 9 - PLAYING IN A HIGHER DIVISION**

**9.01** Players may play a maximum of four (4) games in a season in a higher division (which includes regular, SALA Championship Tournament, and ALA Provincial Tournament games, but not exhibition or other Tournament games). However, a player may play an unlimited number of games in a higher division once his/her team in his/her own division has concluded its regular season, SALA Championship Tournament, and ALA Provincial Tournament games. The SALA board may make exceptions to this rule provided there is compliance with ALA regulations, and provided that those players register with a Team in their age division and, in cases of conflict between the Team in the higher division and the Team in the player's own age division in regard to practices and games, that player, shall, unless excused by the coach of the latter team, be required to participate in the latter team's practice or game.

**9.02** Notwithstanding 9.01, the SALA board, as the case may be, may allow a player or players to register and play in a lower or higher age division if the Member which operates the involved teams consents, special circumstances exist, it does not threaten the viability of the team in that player's age division, and meets requirements of ALA Regulations.

**9.03** There shall be no right of appeal from the decision of the SALA board under this Regulation.

## **REGULATION 10 - REGISTRATION DEADLINES**

**10.01** Each member club shall declare the number of teams for the coming season by March 30<sup>th</sup> of each year.

**10.02** Each club shall register their players with ALA and shall submit a list of their player registrations to SALA by May 15<sup>th</sup> of each season.

**10.03** A team cannot register more than twenty (18 players and 2 goalies) and not less than seven (7) players except through special request and approval by the Board.

## **REGULATION 11 - TRAVEL**

Teams traveling outside of the ALA boundaries must obtain a Travel Permit from the ALA.

## **REGULATION 12 - SALA SAFETY AND EQUIPMENT**

### **12.01 SAFETY POLICY**

The fundamental concepts of the safety policy are to establish a standard of care intended to reduce the risk of injury from contact which is inherent in and incidental to the sport and to identify the responsibilities of the various participants.

### **12.02 GENERAL**

Player safety and the use of proper equipment is the responsibility of many parties including:

(a) players and parents (of minor players: 17 years of age and under as of January 1 of the current year) are responsible for providing and maintaining proper equipment;

(b) coaches, trainers and team personnel are responsible for inspecting players equipment and preventing the use of improper equipment;

(c) game officials are responsible for enforcing the rules of the game;

(d) all players are required to wear protective equipment as described and/or limited in the rules of play approved by the ALA and LC;

(e) in Box Lacrosse the use and/or prohibition on the use of protective equipment shall be as published by the ALA and LC in the Rules of Box Lacrosse;

(i) equipment shall be manufactured by a LC approved manufacturer, and shall not be altered in any way which will decrease the protection to the player, increase the risk of injury to an opponent or void the manufacturer's warranty;

(ii) any equipment which violates this policy and/or the rules of play will be removed from the game and, where required, appropriate penalties will be given;

(iii) where equipment dangerous to an opponent has been used, the game officials shall report the occurrence, via the standard incident report, to SALA Board of Directors

### **12.03 BALLS**

Only LC Balls may be used for practices and games.

### **12.04 MOUTHGUARDS**

MOUTHGUARDS. All players/goalies, of all ages (with the exception of U7 players/goalies) are required to use a mouthguard as it was intended by the manufacturer. Any player/goalie who does not use a mouthguard as it was intended by the manufacturer, shall be assessed a 2 minute delay of game penalty and a 10 minute misconduct. In order for the penalized player to remain in the game, the penalized player must immediately use a mouthguard. In the event the goalie was assessed the penalty, a player on the floor must serve the penalty and misconduct. In order for the goalie to remain in the game, the goalie must immediately use a mouthguard as it was intended by the manufacturer. Failure to do so will result in the goalie being removed from the floor. A second penalty to the same player/goalie, in regards to mouthguards, will also result in a game misconduct and an official game report shall be forwarded to the local governing body.



## **REGULATION 13 - COACHING CERTIFICATION REQUIREMENTS**

**13.01** Each team shall follow LC Minimum Standards.

## **REGULATION 14- REPLAYING OF GAMES**

**14.01** The SALA board has the jurisdiction to direct that a game that has been played or partially played, be replayed either in whole, or in part. In the event that a member seeks direction from SALA to replay the game, that member may make an application to the board. Only a member can make such an application. For greater certainty, an individual or team cannot make such an application. An application may only be made in regard to SALA League or Playoff games.

**14.02** The application must be accompanied by a \$150.00 certified cheque made payable to the SALA and both must be delivered to the Vice-President. The \$150.00 fee is refundable in the event of a successful appeal.

**14.03** The only grounds upon which a game may be directed to be replayed in whole, or in part, are as follows:

1. Where there has been a gross and flagrant violation of the Rules of Play by the on-floor or off-floor officials;

2. Where there has been a deliberate violation of the Rules of Play by the on-floor or off-floor officials.

For greater certainty, mere errors in judgment or interpretations or missed SALAs by officials which are not gross or flagrant, are not grounds to grant the application.

This regulation shall not be interpreted to contradict any rule of the ALA or the LC which requires that, in certain circumstances, games be replayed in whole or in part.