

SALA STING LACROSSE - ATHLETE CODE OF CONDUCT

SALA Sting lacrosse is a high-performance, player development program. We work to develop all aspects of our athletes including their conduct in and outside of the game. To support this goal, SALA Sting expects players, coaches, managers, parents, and spectators participating in our program to demonstrate respect for others and the rules of the game; inclusiveness; fair play; and ethical conduct at all times in keeping with the Mission, Vision, and Values of the Alberta Lacrosse Association and the principles of True Sport Canada.

It is a privilege to play for the SALA Sting. With privilege comes responsibilities. To participate in the SALA Sting lacrosse program, Athletes must agree to uphold the SALA Sting Code of Conduct.

CODE OF CONDUCT

Respect others:

- I will treat opponents, coaches, managers, officials, SALA Sting staff, game volunteers, and spectators with respect, both in victory and defeat.
- I will refrain from criticizing other athletes, coaches, and officials.
- I will not make comments or behave in ways that are abusive, offensive, racist, sexist, or otherwise belittling or demeaning to others.
- I will not use profane, insulting, harassing, or otherwise offensive language.
- I will accept the decisions of coaches and officials and show them respect.
- I will uphold the Alberta Lacrosse Association's Social Media policy which is designed to support respect in sport.

Respect for sport:

- I will strive for personal achievement and excellence through a full and honest effort.
- I will honour and respect the spirit and traditions of lacrosse.
- I will play aggressively but without hostility, and behave graciously in triumph or defeat.

Play fair:

- I will play honestly and cleanly. I will not endanger the safety of others through my actions. ▪ I will know and obey the rules of the game in both letter and spirit.
- I will not use recreational drugs, tobacco, alcohol, or vape products.
- I will comply with the requirements of the Canadian Center for Ethics in Sport (CCES) and abstain from the use of performance-enhancing and/or prohibited substances and/or strategies.

Include everyone:

- I will help to create an environment where everyone feels welcome, respected, and valued, ▪ I will include everyone, regardless of creed, ethnicity, gender, sexual orientation or ability. ▪ I will conduct myself in ways that allow others to feel safe, comfortable and engaged in our sport.

Alberta Lacrosse Association

Enhance character, community, and culture through lacrosse.

Keep it fun:

- I will willingly and fully participate to the best of my abilities.
- I will play hard but will always remember to keep it fun for everyone involved.
- I will maintain a positive attitude and look to make a positive difference, on the floor/field and in my community.
- I will find ways to show my appreciation to everyone who supports the game of lacrosse and makes gameplay possible.
- I will look for opportunities to give back to the game and the lacrosse community.

Comply with the policies of the Alberta Lacrosse Association and Team Alberta:

- I accept the policies and procedures of the Alberta Lacrosse Association and Team Alberta. ▪ I will follow the reasonable direction of my coach(es), manager, Team Alberta program staff, and Alberta Lacrosse Association staff.
- I recognize I am an ambassador for lacrosse, the Team Alberta Lacrosse program, and the Alberta Lacrosse Association and, as such, must conduct myself to a high standard. I will act with integrity at all times, both on and off the playing floor/field.
- I refrain from any actions that might bring the sport of lacrosse, Team Alberta, or the Alberta Lacrosse Association into disrepute.

I understand that if I violate this Code of Conduct, I will be subject to consequences including removal from the SALA Sting program.

Athlete Name (Printed): _____

Athlete Signature: _____

Date: _____

Name of Parent/Guardian (for Athletes Who Are Under 18 Years of Age (Printed): _____

Signature of Parent/Guardian (for Athletes Who Are Under 18 Years of Age: _____

Date: _____