SWIMMING

Draft Date: April 23rd, 2024

Date:

Friday, July 5 & Saturday, July 6, 2024

Time:

Check In: 7:00am Start Time: 8:30am

Location:

Coaldale Swimming Pool, 1213 – 20 Ave, Coaldale, AB

Regional Representation:

Open registration – no limit on the number of athletes from each region. No limit on relay entries.

Eligibility:

- Swimmers' eligibility is based on the Rules and Regulations as outlined by ASSA. These can be found at the ASSA website, <u>www.assa.ca</u> Rules and Regulations section.
- All swimmers <u>MUST</u> be registered with ASSA. \$50.00 must be paid to your local swim club.
- Swimmers must register for the Summer Games with their Regional Director.
- No exhibition swimmers.

Format:

Heats will commence in the morning with the finals following in the afternoon.

Some heats with 5 or less swimmers may go straight to finals at the scheduled final time in the afternoon.

The 400M Freestyle and relay events will be swam as timed finals.

Please refer to Official Meet Package for further details.

Events and Age Groups: All ages as of May 1, of current year.

6 years and under 7 & 8 years old 9 & 10 years old 11 & 12 years old 13 & 14 years old 15 – 17 years old 18 – 29 years old 30 – 44 years old 45 years old and over

Note: No swimmer may move age groups for individual events, they may move up for relays.



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Events Butterfly Backstroke Breaststroke Freestyle Individual Medley

Flutterboard Free Relay Free Mixed Relay Medley Relay Medley Mixed Relay

Note: There is a category for Para Swimmers.

Rules and Regulations:

- 1. Swimming/Natation Canada (SNC) and ASSA Rules and Regulations will be in effect unless in conflict with specified SASG rules.
- 2. Each Summer Swim Club in the region must supply officials in proportion to the number of swimmers attending from their club.
- 3. Any swimmer who is late or otherwise absent for their event shall be eliminated by default from that event.
- 4. Every athlete must be able to provide appropriate identification specifying age and residence at all times. **All** swimmers must also be able to present their ASSA, Swim Alberta affiliation number upon request.
- 5. Swimmers may compete in 4 individual events and 2 relays (medley and free).
- 6. Scratches must be received by 7:45 am both days. Relay changes must be approved by the Meet Manager and Referee.
- 7. Mixed Relay teams must consist of 2 males and 2 females.

Registration Deadline:

Registration Deadline as designated by your Regional Director

All registrations are done through your Regional Director, who will determine the Regional Deadline. The registration fee must also be submitted to your Regional Director. *Signed consent forms must accompany the waivers.*

No late registrations will be accepted.

Events will be cancelled if there are one or less individuals or teams registered. Should any event be cancelled due to lack of registrations, the athletes being affected by the cancellation will be given opportunity to re-register in another suitable category provided that the event is scheduled to run.

Swim Club coaches will be responsible for entering swimmers for individual and relay events through the registration process as designated by ASSA. Date: May 31st