Southern Alberta Summer Games

SWIMMING EVENTS

Draft Date: April 26th, 2024

Event	Age Categories									
25 m Backstroke	6U	7-8	9-10					30-44	45+	
50 m Backstroke	6U	7-8	9-10	11-12	13-14	15-17	18-29	30-44	45+	PARA
100 m Backstroke				11-12	13-14	15-17	18-29			
25 m Breaststroke	6U	7-8	9-10					30-44	45+	
50 m Breaststroke		7-8	9-10	11-12	13-14	15-17	18-29	30-44	45+	PARA
100 m Breaststroke				11-12	13-14	15-17	18-29			
25 m Butterfly	6U	7-8	9-10					30-44	45+	
50 m Butterfly			9-10	11-12	13-14	15-17	18-29	30-44	45+	
100 m Butterfly				11-12	13-14	15-17	18-29			
25 m Freestyle	6U	7-8						30-44	45+	
50 m Freestyle	6U	7-8	9-10	11-12	13-14	15-17	18-29	30-44	45+	PARA
100 m Freestyle			9-10	11-12	13-14	15-17	18-29			PARA
200 m Freestyle			9-10	11-12	13-14	15-17	18-29	30-44	45+	
400 m Freestyle				11-12	13-14	15-17	18-29	30-44	45+	
100 m Individual Medley		7-8	9-10	11-12	13-14	15-17	18-29	30-44	45+	
200 m Individual Medley				11-12	13-14	15-17	18-29	30-44	45+	
25 m Flutterboard	6U									

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Relay Event	Age Categories									
100 m Free Relay		8U	10U					30-44	45+	
200 m Free Relay				12U	14U	17U	18-29			
100 m Medley Relay		8U	10U					30-44		
200 m Medley Relay				12U	14U	17U	18-29			