

# 2024 SOUTHERN ALBERTA SUMMER GAMES

July 5&6, 2024

Meet Information and Meet Package



## 2024 Southern Alberta Summer Games

Coaldale, AB

July 5&6, 2024

**HOSTED BY** Lethbridge

**FACILITY** Coaldale Swimming Pool  
1213 20th Ave  
Coaldale, Alberta T1M 1A4  
5 lane pool

**CONTACTS** Meet Manager: Denelle Cutler  
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Meet Referee: Jamie Cutler  
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Administration Desk: Carina Hoffman  
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**DATES** Competition Date: Saturday, July 5&6, 2024  
Entry Deadline: Saturday, June 28, 2024 at 10:00pm

**MEET TYPE** Summer

**CLUBS INVITED** Brooks Barracudas  
Claesholm Krakens  
Crownsnest Pass Piranhas  
Fort MacLeod Sharks  
Lethbridge Orcas  
Medicine Hat Manta Rays  
Nanton Marlins  
Pincher Creek Dolphins  
Taber Vipers

## **SAFE SPORT**

Swim Alberta provides a fun, healthy, inclusive and safe environment. Swimming enriches the lives of everyone involved by ensuring that the training and competitive environment is one where athletes, coaches, officials, volunteers and staff know they are safe, and are treated with respect and dignity. Swim Alberta believes that all members have the right to participate in a safe and inclusive training and competitive environment that is free of abuse, harassment or discrimination.

All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both “open” and “observable” to others.

## **RULES**

The meet will be conducted under published World Aquatics and/or WPS rules and regulations supplemented by published and approved Swimming Canada, Swim Alberta and ASSA rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.

## **COMPETITION AND DIVING READINESS STANDARDS**

Entry to competition is limited to participants who have passed the Swim Alberta’s Competition Swim Test. During competitions, swimmers should dive at the Dive Readiness Progression skill level they have achieved.

The submission of the Competition Readiness – Club Verification Form, stating that all swimmers entered in the competition have completed Swim Alberta’s Competition Swim Test, which is required prior to entries being accepted.

## **SWIMWEAR AT COMPETITIONS**

All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Alberta. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to be creating a technical advantage in terms of speed, buoyancy, or endurance.

## **REQUIREMENT FOR TIME TRIAL SANCTIONS**

A time trial sanction is limited to one (1) event with one (1) swimmer or one (1) relay team. No entry fees are permitted for time trials.

**DIVING RULES**

The following rule applies to the start end of the pool:

Starts will be conducted from Starting Platforms (blocks) as per World Aquatics FR 2.3, FR 2.7 and SW 4.1.

The following rule applies to the turn end of the pool (for the 4 x 25m relay):

In-water starts will be conducted as per Canadian Facility Rule CFR 2.3.1 and CSW 4.1.2.

**SCRATCHES**

Swim Alberta scratch rule will be in effect for this competition.

**SCHEDULE\***

	Friday, July 5th	Saturday, July 6th
Facility Access	7:00am	7:00am
Coaches Meeting	7:15am	7:15am
Warm Up U10	7:30am	7:30am
Dive Lanes U10	7:50am	7:50am
Warm Up 11&O	8:00am	8:00am
Dive Lanes 11&O	8:20am	8:20am
Officials Meeting	7:35am	7:35am
Racing Start Time	8:45am	8:45am

*\* Lunch and afternoon racing start time will be based on entries and session timeouts; the expected times will be communicated prior to the start of the competition.*

**ELIGIBILITY**

This competition is open to all swimmers currently registered as Summer with Swim Alberta and the ASSA.

**ENTRY PROCEDURE**

All entries must be submitted through the [Swimming Canada online system](#).

**DECK ENTRIES**

Swimmer Deck Entries may be permitted by Meet Management

Deck entries must include proof that the swimmer is fully registered with Swimming Canada.

## ENTRIES

- This competition is open to all swimmers currently registered as Summer with Swim Alberta and the ASSA
- Entry Fees: Designated by each SASG region per swimmer\*  
*\*Entry fees will include the Summer Swim Club Sanctioning fee of \$3.00 per swimmer, per competition. Note: ASSA has approved guidelines for the maximum entry amount.*
- Maximum individual entries per swimmer: 4
- Maximum relay entries per swimmer: 2
- Deck entries will not be permitted.

## MEET FORMAT: Heats & Finals

- Meet Format: Heats and Finals - The SASG Competitions will run using a heats and finals format, except for the 400 meter Freestyle events and relay events, which will be run as time final events. Finals shall be single heat finals for each eligible ASSA event. Some heats with 5 or less swimmers may go straight to finals at the scheduled final time in the afternoon.
- Seeding:
  - All events will be senior seeded by gender, slow to fast and separated by age category for finals and awards.
  - Time Final events may be senior seeded and separated by age category for awards. Where Time Final events are combined, swimmers from each distinct age category shall be seeded in adjacent lanes.
  - Finals and time finals shall be seeded in accordance with SW 3.2
  - Para Swimmers will be seeded by time with swimmers of their age, and gender.
- Scratches should be submitted to the meet manager prior as per the Swim Alberta Scratch Rule.
- Scratches are to be supplied to the Administration Desk on the supplied scratch sheet in the coach's package
- Relay names are to be submitted with the online entries. Relay name changes are to be submitted to the clerk of course a minimum of 30 minutes prior to the first relay event, based on session timeouts, regardless of the age or gender of the relay.

## AWARDS

- Scoring (individual and relay events):
  - -Lanes = 6,4,3,2,1 (5 lanes)
- Ribbons:
  - Individual events - Swimmers placing 1st, 2nd or 3rd in their event shall receive a Medal.
  - Relay events – Swimmers placing 1st, 2nd or 3rd in their event shall receive a Medal.

**EVENTS**

Para swimmers will be seeded based on time, age and gender. There are no para specific events.

Mixed gender relays (2 males and 2 females) may be scheduled with the other Boys/Girls relays.

<b>2024 SOUTHERN ALBERTA SUMMER GAMES</b>	
<b><i>Friday Morning Session</i></b>	<b><i>Saturday Morning Session</i></b>
<input type="checkbox"/> 400m Free * <input type="checkbox"/> 25m Fly (10 & Under) (30 & Over*) <input type="checkbox"/> 50m Fly <input type="checkbox"/> 50m Back (10 & Under)(30 & Over*) <input type="checkbox"/> 100m Back <input type="checkbox"/> Flutterboard (6 & Under) <input type="checkbox"/> 25m Breast (10 & Under)(30 & Over*) <input type="checkbox"/> 50m Breast <input type="checkbox"/> 50m Free (8 & Under)(30 & Over*) <input type="checkbox"/> 100m Free <input type="checkbox"/> 100m IM	<input type="checkbox"/> 200m Free <input type="checkbox"/> 50m Breast (10 & Under)(30 & Over*) <input type="checkbox"/> 100m Breast <input type="checkbox"/> 25m Free (8 & Under)(30 & Over*) <input type="checkbox"/> 50m Free <input type="checkbox"/> 50m Fly (10 & Under)(30 & Over*) <input type="checkbox"/> 100m Fly <input type="checkbox"/> 25m Back (10 & Under)(30 & Over*) <input type="checkbox"/> 50m Back <input type="checkbox"/> 200m IM
<b><i>Friday Afternoon Session</i></b>	<b><i>Saturday Afternoon Session</i></b>
<input type="checkbox"/> 25m Fly (10 & Under) <input type="checkbox"/> 50m Fly <input type="checkbox"/> Flutter Board (6 & Under) <input type="checkbox"/> 50m Back (10 & Under) <input type="checkbox"/> 100m Back <input type="checkbox"/> 25m Breast (10 & Under) <input type="checkbox"/> 50m Breast <input type="checkbox"/> 50m Free (8 & Under) <input type="checkbox"/> 100m Free <input type="checkbox"/> 100m IM <input type="checkbox"/> 100 Medley Relay (10 & Under)* <input type="checkbox"/> 200 Medley Relay*	<input type="checkbox"/> 200m Free <input type="checkbox"/> 50m Breast (10 & Under) <input type="checkbox"/> 100m Breast <input type="checkbox"/> 25m Free (8 & Under) <input type="checkbox"/> 50m Free <input type="checkbox"/> 50m Fly (10 & Under) <input type="checkbox"/> 100m Fly <input type="checkbox"/> 25m Back (10 & Under) <input type="checkbox"/> 50m Back <input type="checkbox"/> 200m IM <input type="checkbox"/> 100 Free Relay (10 & Under)* <input type="checkbox"/> 200 Free Relay*

\* Timed Finals

## **APPENDIX A**

### **SWIM ALBERTA SCRATCH RULE**

#### **Time Final Meets including Swim Alberta Winter & Summer Festivals and all Summer Swimming Competitions:**

Coaches are requested to submit any known scratches to the meet manager prior to the start of the meet. The meet information package should clearly state the deadline for receiving scratches by the meet manager after the entry deadline. Any scratches that are not received by the published deadline will need to be submitted to the Administration desk.

Scratches for the session's events are to be submitted to the Administration Desk 30 minutes prior to the start of each session.

There shall be no penalty for swimmers who 'no show' or submit a 'late scratch' for their event.

#### **Deadlines for Relays:**

The deadline for relay name submissions shall be clearly communicated in the meet information package, in the coaches meeting or in the technical bulletin.

The deadline for name changes shall be clearly communicated in the meet information package, in the coaches meeting or in the technical bulletin. The deadline will be a minimum of 30 minutes prior to each the first relay event based on session timeouts, regardless of which event (age or gender) the team is entered in.