

A Positive Catch.

June, 2025



**SOUTH NIAGARA
CANOE CLUB**

www.sncc.ca ♦

*Your Destination
For Paddling Sports*



FLATWATER CENTER, WELLAND

Here's what has happened in the last month and what's to come!

Welcome to our community newsletter! We are thrilled to share SNCC's latest & greatest.

Firstly, We would like to thank our members for their support and participation in all of our events and fundraisers.

On May 4, 150 athletes including 6 SNCC members, participated in the first Ontario Time Trials of the season, hosted on our beautiful waterway. It was an awesome start to the paddle season.

Congratulations to everyone that participated in the NT selection camp.

Participants of our WellAnd Paddle Program had their first paddle of the season on May 5.

Our earth day clean-up was a fulfilling day of laughter, doughnuts and rain. We collected quite a bit of trash from our waterway and enjoyed one another's company.

CLOsure2025 – Crossing Lake Ontario? Sure! The first all women crew will be crossing Lake Ontario this June!

Looking for something for your kids to do this summer? How about summer camp! SNCC has 2 summer day camps starting at the end of June! Sign up today.

Thank you Lorna for arranging SNCC presentations at local public schools, helping bring in new camp and club members.

Good luck to our athletes competing in the Ontario Cup OTT's the last week of May. Our team has been training hard for this competition and is looking forward to sharing their results!

Way to go Kendra and Linda for completing steers course!

SNCC members please don't forget to stay involved with our events and fundraisers!

We are happy to share our newest partnership with Small Scale Farms. Details to follow.

Finally, we want to remind everyone that SNCC relies on the kindness and support of our community. If you are able to donate your time or resources, please feel free to reach out.

Enjoy this month's newsletter.

In this newsletter you can expect:

Highlights

News

SNCC Programs

Schedule

Photo page

Contact us

Community Highlights

Kim started paddling in 2013. In 2018 she retired from the Ministry of Corrections and decided to try competitive paddling. She has attended 3 world championships including Hungary, Sarasota and Italy. In 2023 she joined Team Canada on the inaugural para crew in Thailand and recently earned her place on Team Canada to compete this year in Germany.



KIM KUIPERS

Yolanda and Jamie joined Dragon Boating as an activity they could do together. Since joining they have enjoyed the camaraderie that's comes with being part of a team and the personal challenges that Dragon Boat provides. Yolanda will be part of the first ever all woman's crew to cross Lake Ontario in June; CLOsure2025.



**YOLANDA & JAMIE
MACARTHUR**

This 10-year-old's interest in paddling started when he was about 5, camping with his best bud at Chippawa. His friend had a little pelican kayak. When it was Cassel's turn to try, he surprised everyone when he took to the water like he had been paddling for a lifetime. Cassel is really enjoying developing his technique and just spending time on the water. When he is not paddling he also plays piano and enjoys hockey in the winter.



CASSEL



SAWYER DALTON

Sawyer Dalton is a student-athlete at Brock University. Proudly competing on the Men's Rowing Team with 9 years of past rowing experience. Sawyer has shared with us his overall excitement in being a part of SNCC and is looking forward to being a part of this great community and capturing our best moments from behind his camera lens.



EWEN BARCLAY

With 7 years experience in the Special Olympics, Ewen joined SNCC in 2024 and that same year won Special Olympic athlete of the year. She started in Welland Paddle and then moved to pro kayak training with the Masters. This year she is training with the high-performance team whenever possible. Along side her many achievements last year at the WOD championships and Canoe Kayak Canada National Championships she has been named for the 2025 Ontario Special Olympic Developmental Team.



LILLY

Lily is a kind, caring, and competitive 12-year-old. She started kayaking a couple of years ago and says it is where she learned to love competition and to push herself harder than she thought possible. Outside of kayaking Lily is a dancer, curler, runner, and basketball player. She also loves animals, particularly rabbits. She shares her love of the outdoors and kayaking with her brothers, Joe and Aaron.

SNCC News

This is South Niagara Canoe Club's A Positive Catch! We're a proud community of like-minded individuals with a love for paddling. Join today or recommend a friend at www.sncc.ca

Please read the following: Cold water safety. When water temperatures are below 8 degrees celsius, all participants engaged in on water activities must: Always wear a Government of Canada approved PFD. Be accompanied by a motorboat unless in a dragon boat or war canoe. Wear clothing appropriate for the weather and water conditions. Wear layers to help hold the heat and enable you to remove clothing as needed. Waterproof gloves are suggested. Train as close to the shore as possible. PFD must be worn when the water temperature is below 10 degrees. Participates, please remember to stay hydrated.

The yearly Canoe Kayak Ontario Development Camp, which takes place at the beginning of the season, was held at WIFC between the last week of April and the first week of May. A total of 62 athletes from all over Ontario participated in the Development Camp, where we aim to improve the performance of the participating athletes. At the beginning of the season, due to the good temperatures and the water's suitability for paddling, we practiced every day in the morning and evening with almost no problems. We have a great facility and waterway that everyone should take advantage of. The condition our waterway was constantly mentioned by all the other athletes and coaches.

Paddles Up, it is time to race! We will be heading to the following race in 2025. Hamilton – July 5-6, Hope Floats – August 9, Nationals – August 20 – August 24, GWN September 6 – September 7, and Christie Lake September 20. Completed races of 2025 include Milton, where we won 1st place in 2000 and 3rd in 500.

Our WellAnd Paddle Program had their first paddled session on May 5, 2025. Assisting Coach Öztürk on Mondays and Wednesdays are Marilyn Abbs, Kathleen Reardon, and Joan Crawford.

In the first weeks of May, we visited public schools in the region to promote our club. Endless thanks to our Dragon boat paddler Lorna, who made the necessary correspondence and obtained permission for the presentations.

There will be training Mondays and Wednesdays, with perhaps an opportunity to have a rec crew another evening. Saturday training will be put in place for the months of May & June. Special Needs will continue to be on Friday evenings in July & August.

Under the leadership of the head coach of the Mississauga Canoe Club, joint training programs are hosted by our club so that athletes can train together and help each other as training partners. Athletes from Balmy Beach and Richmond Hill clubs also participated in the training sessions held on two different Wednesdays in May before the OTT's. We will have joint training sessions on Wednesday, June 11, and Wednesday, June 18, scheduled to take place in June before the NTT's. This is a great opportunity for everyone, and we welcome participation from all clubs. Welcome back to our wonderful waterway.

Want to host an SNCC fundraiser? Or do you have an idea for an SNCC fundraiser? We love new ideas! Contact us to make it happen. Community sponsors create a special partnership that help us thrive. We are always looking for new sponsors. Will you bring our next sponsor?

SNCC is in need of donations and volunteers to keep all of our programs strong. Please contact us to make a donation or visit us at www.sncc.ca/donate

National Tryouts

Congratulations to everyone who attended the NT selection camp. You represented SNCC with distinction! Hearty congratulations to those named for your amazing achievement. We are so proud of you!! Go Team Canada!! Bernita Arndt was named to the Senior C National Team, Kim Kuipers was named to the Para team, & ex-SNCC coach Gwen Vernon was named to the BCP team.



CLOsure 2025

CLOsure – Crossing Lake Ontario? Sure!!! This event takes place on June 20th with backup dates June 21 or June 22. Brenda Arndt has been recruited as a coach. Inspired by the fundraiser for OFILD, a community home in Hamilton, Ontario for Special Needs individuals, she is thrilled to take on the challenge. Members of SNCC: Ann Reid, Bernadette Morrissey, Cathy Uskin, Heather Fairley, Lori Dwyer, Lorna Hilborn, Stephanie Babin and members of other clubs winter training with Canal Dragons: Deb LaCourse, Shida Yari, as well as a previous member of sncc Lesley Seaborne Member on waitlist : Yolanda MacArthur. On June 20th, 2025, an all-female crew will attempt to be the first women's team to cross Lake Ontario in a Dragonboat. We are paddling for a cause OFILD (Options for Independent Living and Development), a charity in Hamilton, which helps adult special needs individuals in a supportive housing setting. They are paddling from Niagara-on-the-Lake to Marilyn Bell Park in Toronto. Paddlers from six different teams have stepped up to the plate and are now getting ready to "take the lake" and set a World Record.

Fundraisers & Events

Clothing Drive

We will continue to collect until **June 7th**. We are collecting clothing for all ages, bedding, books & housewares. Drop off at sea can 7 at the SNCC Dome. Volunteers will be needed to deliver donations to Value Village at the beginning of July. Proceeds towards Germany & club operations.



Paddle with sncc!
On June 7th we will be taking part in a paddling event to raise funds for the Rankin Cancer run. Contact Jamie Mereweather for more info.

 South Niagara Canoe Club
Dragon Boat recruitment.

JOIN OUR TEAM!

- Cancer survivor team, **Hope Floats**
- Special needs & para teams
- All ages & skill levels welcome
- Recreation & competitive
- Personal training
- Team water sport

Looking for a fun new activity? Do you love the outdoors and water? Want to be part of a community of like-minded individuals? Dragon boat is for adults of all ages, genders, and fitness levels. It is a team sport with crews up to twenty paddlers. If you have never paddled a dragon boat, you are encouraged to jump right in.





Try for free today!

Check us out at sncc.ca
If you have any questions please contact us at: admin@sncc.ca

 South Niagara Canoe Club
Sprint canoe/kayak recruitment.

JOIN NOW!

- Recreation & competitive
- All ages, abilities & skill levels
- Personal growth & training
- Water sport
- Youth racing
- Olympic training

Looking for a fun new activity? Do you love the outdoors and water? Want to challenge yourself and build your confidence? Sprint Canoe/Kayak is an Olympic sport that combines strength, endurance, and technique. SNCC has Canoe/Kayak programs suited to those trying a boat for the first time, Olympic hopefuls, and those of all ages and fitness levels.





Try for free today!

Check us out at sncc.ca
If you have any questions please contact us at: admin@sncc.ca

www.sncc.ca

New Partnership

Small Scale Farms

SNCC is excited to announce our newest partnership with Small Scale Farms! This partnership will give our members as well as their friends and families access to local produce while generating extra revenue for our club! Members will be given a code for shopping with Small Scale Farms that can be used at checkout. Small Scale Farms is on a mission to build local food security in our communities & to grow and distribute thousands of pounds of produce throughout the Niagara Region.



Summer Camps, Classes & Memberships

Canoe/Kayak

Sprint Canoe/Kayak is an Olympic sport that combines strength, endurance, and technique. SNCC has Canoe/Kayak programs suited to those trying a boat for the first time, Olympic hopefuls, and those of all ages and fitness levels.

Dragon Boat

Dragon boat is for adults of all ages, genders, and fitness levels. It is a team sport with crews up to twenty paddlers. If you have never paddled a dragon boat, you are encouraged to jump right in.

Canoe Kids Camp



Canoe Kids Camp is a week-long program designed to introduce the fundamentals of paddle sports and develop confidence and competence in water safety. Campers will learn the basics of paddling various boats in a fun and safe environment, including dragon boat, sprint canoe/kayak, war canoe, and stand-up paddle board. Daily activities will include a mix of on-water and dry land activities with plenty of games and learning opportunities. This program is intended for kids who would like to try a new sport while experiencing a uniquely Canadian approach to summer fun! Ages 8 - 14*

June 30 - August 22, 2025 9:00 AM - 4:00 PM *details below

SNCC Classes & Programs

- **Paddle Tank Training**
- **ERG Training**
- **Gym Training & Exercising**
- **Personal Training**
- **Crunch Fitness**

Sign up for weekly training according to your schedule and personal goals. Please contact Coach Brenda or Coach Öztürk for additional details.



Youth Racing Camp

The Youth Racing Camp is a multi-week program designed to introduce participants to the sport of flatwater canoe/kayak. The atmosphere of the camp is supportive to beginners, and no prior canoe/kayak experience is required; however, participants should be willing to challenge themselves as they progress over

the weeks of camp and be enthusiastic to try out the competitive side of the sport. The Youth Racing Program runs independently and joins the Canoe Kids Summer Camp for off-water activities. This is our exciting multi-week full day program. Choose from the 3-week, the 5-week, and the 7-week camp. The Youth Racing Camp is intended for young participants ages 10 -16 who are excited about excelling at a new sport or who wish to continue developing their skills in Sprint Canoe and Kayak. Ages 10 - 16*

July 7 - August 22, 2025 9:00 AM - 4:00 PM

Registration is still open!

Register today at www.sncc.ca/summer-camps

*Exceptions will be considered for younger children.

Please email admin@sncc.ca for additional information.

Schedule

Dragon Boat Rentals

- CSDC aka Evolution has booked our Dragon boats for Victoria Day weekend training camp.
- CLOsure has booked a dragon boat and the trailer for the June 20th crossing of Lake Ontario.
- CLOsure has booked a dragon boat for a June 1st training day, including Safety Training and learning to right, bail and reload a dragon boat that has tipped. Discussions about Canal Dragons joining in this Safety Training event are underway.
- Niagara College ESL faculty and students in discussion about booking yearly DB event in June.

90 minute sessions							Spring Price
HOURS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 AM	High Performance		High Performance		High Performance	Canal Dragons Hope Floats	Canal Dragons
9:00 AM						High Performance	Canal Dragons Saturday
9:30 AM	OC1		OC1		OC1		Canal Dragons Recreat
9:30 AM	Para Canoe		Para Canoe		Para Canoe		High Performance
10:00 AM				Canal Dragons Recreational			OC1
10:15 AM						Canal Dragons Performance	Masters
10:30 AM						Masters	Para Canoe
11:30 AM						Canal Dragons PD2	Welland Paddle
4:15 PM	Youth Racing		Youth Racing		Youth Racing		Youth Racing
4:30 PM	High Performance		High Performance				
5:30 PM	Welland Paddle		Welland Paddle				
6:30 PM	Canal Dragons		Canal Dragons		OC1		
6:30 PM	High Performance	Masters	High Performance	Masters	High Performance		

NO PRACTICE ON HOLIDAYS

19-May
May 4, Jun 13, 14, 15,

Holidays
WIFC event bookings

July-August 2025							Summer Price
HOURS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 AM	High Performance		High Performance		High Performance		Canal Dragons
9:00 AM						High Performance	Canal Dragons Rec Thur
9:00 AM	Youth Racing Camp	Youth Racing Camp	Youth Racing Camp	Youth Racing Camp	Youth Racing Camp		Canal Dragons SN
9:00 AM	Canoe Kids Camp	Canoe Kids Camp	Canoe Kids Camp	Canoe Kids Camp	Canoe Kids Camp		High Performance
9:30 AM	OC1		OC1		OC1		
9:30 AM	Para Canoe		Para Canoe		Para Canoe		Masters
10:00 AM				Canal Dragons Recreational			OC1
10:30 AM						Masters	Para Canoe
4:30 PM	Youth Racing	High Performance	Youth Racing	High Performance	Youth Racing		Welland Paddle
5:30 PM	Welland Paddle		Welland Paddle		OC1		Youth Racing
6:30 PM	Canal Dragons		Canal Dragons		Canal Dragons SN		Youth Racing Camp
6:30 PM	OC1	Masters	High Performance	Masters	High Performance		Canoe Kids Camp
9:00 - 16:00				Summer Camps			

Fall 2025							Fall Price
HOURS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 AM	High Performance		High Performance		High Performance		Canal Dragons
9:00 AM						Canal Dragons tentative	Canal Dragons Rec
9:30 AM	OC1				OC1	High Performance	High Performance
9:30 AM	Para Canoe		Para Canoe		Para Canoe		Masters
10:00 AM				Canal Dragons Recreational			OC1
10:30 AM						Masters	Para Canoe
4:30 PM	High Performance	High Performance	Youth Racing	High Performance	Youth Racing		Youth Racing
6:30 PM	Canal Dragons	Canal Dragons	Canal Dragons		OC1		
6:30 PM	High Performance	Masters	High Performance	Masters	High Performance		

July 1, August 4
July 12, 13, 18, 19, 26, 27
August 8, 9, 16, 17, 30

Holidays
WIFC event bookings

Sept 1, Oct 13
Sept 7, 13, 14, 27

Holidays
WIFC event bookings

You can also visit us online at www.sncc.ca/News-Updates



Contact us

*Your Destination For
Paddling Sports.*

EXECUTIVE OFFICERS

Commodore: Elizabeth Guitard | Mar. 2025
Vice-Commodore C/K: Marilyn Abbs | Nov. 2024
Vice-Commodore DB: Linda Bell | Nov. 2023
Treasurer: Brenda Arndt | Apr. 2024
Registrar: Marilyn Abbs | Feb. 2023

SAFETY OFFICER

Glenna Landry

DIRECTORS AT LARGE

Veronica Landry | Apr. 2024
Tarzan Kay | Oct. 2024
Ann Reid | Mar. 2025
Annie Eckhart | Mar. 2025
Jamie MacArthur | Mar. 2025
Yolanda MacArthur | Mar. 2025

COMMITTEE CHAIRS

Committee Chairs - TBD

South Niagara Canoe Club (SNCC) is a board-directed, non-for-profit, incorporated amateur sports organization founded in 2008. SNCC Board of Directors are volunteers and serve without remuneration. If you are a club member who would like to join the Board of Directors, please download and complete the form on our website at www.sncc.ca/Board-of-Directors

Our Mission

To promote a fun and inclusive environment that offers the opportunity to participate in paddling sports, including sprint canoe/kayak and dragon boat, through high quality, safe, recreational, and high-performance programs.

Our Vision

To be Niagaras destination for paddling sports.

Our Values

Achievement:

We encourage commitment and dedication for all levels of paddling. We celebrate the realization of our members' personal and team accomplishments.

Community:

We embrace inclusion and camaraderie at the team, club, regional, national, and international levels. We recognize the power of sport to draw society together in a shared vision. We promote an atmosphere of volunteerism.

Sportsmanship:

We aspire that paddling will be enjoyed for its own sake. We foster fairness, integrity, and respect for our teammates and competitors both on and off the water.

Sustainability:




We make decisions in a thoughtful and informed manner to support the longevity of our club and to create a positive legacy. We strive to reduce our environmental impact, recognizing our shared responsibility as stewards of the planet.

This newsletter was edited by a community volunteer. To take part in future newsletters please, contact Coach Brenda or Veronica Landry (DAL).



Thank you for reading!



South Niagara Canoe Club	info@sncc.ca - admin@sncc.ca
www.sncc.ca   	16 Townline Tunnel Rd., Welland, ON

Many thanks to the Ontario Trillium Foundation and Delta City Bingo in Welland for their support!