

Phoenix FC Family Day Cup

TOURNAMENT RULES

The Sherwood Park Family Day Cup will abide by the 'ASA Rules of Indoor Soccer' with additions/exceptions of the below Rules and Regulations specific to the
Family Day Cup Tournament.

1. ZERO TOLERANCE POLICY

This is a zero tolerance tournament.

All players, coaches and parents will be removed from the Millennium Place Soccer fields (Trial Appliance & Maxwell Realty Fields) if:

- Verbally abusive towards any tournament official (referee/assistant/tournament organizers)
- Verbally abusive towards another spectator/team

If any of the above incidents occur, this person or persons will be removed for the remainder of the tournament. If the person is still persistent, police will be called in to deal with that person. Referees have been instructed to be as strict as possible on the boarding rule.

2. TEAM REGISTRATION

- a) A completed **signed** copy of a Team Roster must be provided to the office no later than 7 days before the start of the Tournament. Email to: office@spdsa.net
- b) The roster must list all players (up to a maximum of 25) and officials that a team intends to use during the tournament. Only 20 players may dress for a game.
- c) Teams may only register for a division in which all players on their roster are eligible (See rule 3 for Player Eligibility)
- d) Teams must sign in with Tournament Headquarters 1 hour before their first game at the Gibson's Tournament Room in Millennium Place.
- e) Late registration of players will not be accepted. Likewise, adding players to your roster after your first game will not be accepted.
- f) As per ASA Rule 17.1, when the colors of competing teams are similar, home teams shall use alternate colors.

3. ELIGIBLE PLAYERS/COACHES

- a) A player must be registered with ASA or Canada Soccer for the current indoor season.
- b) A player may only play for one team during the tournament; however players may play in both the Co-Ed and Gender specific divisions. Discipline will be applied to all divisions.
- c) There is no maximum guest player limit for the tournament, however all players on the Team Roster must be registered to an ASA or Canada Soccer sanctioned team.

- d) Players may not participate in a division that is lower than the division they are registered with for league play.
 - a. Example: A player playing Division 2, EDSA, can only play in “Men’s Open” and is not eligible for “Men’s Rec A” or “Men’s Rec B”
- e) Rosters will be Set as of January 15th, 2026. If a Player transfers down between Jan 15th and the start of the tournament, they will only be eligible to play in the division that corresponds to the player division the transferred from (Higher division team).
- f) Rosters may be formed as: a) a registered team in a league sanctioned by ASA or b) combination of players from teams registered in an ASA sanctioned league (ex. EDSA).
- g) Co-Ed Rosters may form as: a) a registered team in a co-ed league sanctioned by ASA or b) combination of players from teams registered in an ASA approved league (ex. EDSA) that are classified as Men Tier III or below, Women Tier II or below.
- h) Players will be required to show Photo I.D. to the referee before the game. (example - EDSA ID Card – if the team/league does not have player cards, the players can show Photo ID)
- i) **20 players may be dressed for one game.**

Division Eligibility – Phoenix FC has the right to determine a player’s eligibility and approve their acceptance into their requested category.

Minimum Age Requirement – For all divisions Players must be 16 years of age by the start of the tournament. Players turning 16 after this date will not be able to participate in the tournament.

Professional Players (excluding League 1)

Any player who has participated in professional league or competition within the past two (2) years, as of the start date of the tournament, is not eligible to participate.

League 1 Summer Players

Any player who appeared in five (5) or more League 1 matches during the most recent outdoor season will be classified as a League 1 player. These players are considered Premier-level or higher, even if they are currently registered in a lower division for the Indoor season.

University/College Players

For the Phoenix FC Tournament: A player is considered an Active University/College Player if they have been listed on a recognized University or College roster within 18 months of the tournament date. These players are classified as Division 1 or high-level players for the purposes of this tournament.

Men’s Open – Eligibility is based on where you are signed, not where you play as a triallist

- a. Open to Men’s players from or signed in Division 2/Tier 2 and below, or from any adult teams that would attend Tier 2 Senior Provincials and below
- b. Open to Men’s players playing and signed in Men’s 35+ Premier and Below, or from any Men’s 35+ player that would attend Men’s 35+ Premier provincials
- c. Open to all Men’s players playing and signed in 45 + and older leagues, (this must be the league they are signed with)

- d. Open to VMSL Premier players
- e. Open to all Men's players that are playing Coed. (Players playing in or signed with a Men's or Men's 35+ league higher than stated above are not eligible)

Men's Recreational A - Eligibility is based on where you are signed, not where you play as a trialist

- a. Open to Men's players from or signed in Division 3/Tier 3 and below, or from any adult teams that would attend Tier 3 Senior Provincials and below
- b. Open to Men's players playing and signed in Men's 35+ Division 1 and Below, Any 35+ team/player eligible for provincials are not able to participate in Men's Recreation A.
- c. Open to all Men's players playing and signed in 45 plus and older leagues, (this must be the league they are signed with)
- d. Open to VMSL Premier Players
- e. Open to all Men's players that are playing Coed. (Players playing in a Men's or 35+ league higher than stated above are not eligible)

Men's Recreational B - Eligibility is based on where you are signed, not where you play as a trialist

- a. Open to men's players from or signed in Division 4/Tier 4 and below, any Men's team eligible for a provincial competition is not allowed to play in this division.
- b. Open to Men's players playing in and signed for 35+ Divisions 2 and Below, Any 35+ team/player eligible for provincials are not able to participate in Men's Recreation B.
- c. Open to all Men's players playing and signed in 45 plus and older leagues, (this must be the league they are signed with)
- d. VMSL 35 plus leagues are **not** allowed to play in this division
- e. Open to all Men's player that are playing Coed. (Players playing in a Men's or 35+ league higher than stated above are not eligible)

Women's Recreational A - Eligibility is based on where you are signed, not where you play as a trialist

- a. Open to Women's players from or signed in Division 2/Tier 2 and below, or from any adult teams that would attend Tier 2 Senior Provincials and below
- b. Open to Women's players playing in any 40+ Division and 30+ division
- c. Open to all Women's player that are playing Coed. (Players playing in a Women's or Classic's league higher than stated above are not eligible)

Women's Recreational B - Eligibility is based on where you are signed, not where you play as a trialist

- a. Open to Women's players from or signed in Division 3/Tier 3 and below, or from any adult teams that would attend Tier 3 Senior Provincials and below
- b. Open to Women's players playing in any 40+ Division and 30+ division
- c. Open to all Women's player that are playing Coed. (Players playing in a Women's or Classic's league higher than stated above are not eligible)

Women's Recreational C - Eligibility is based on where you are signed, not where you play as a trialist

- a. Open to Women's players from or signed in Division 4/Tier 4 and below
 - 1. Teams are allowed to use players signed in Division 3/Tier 3 with a limit of 3 Players per team
- b. Open to Women's players playing in and signed for Classics 40 +. Certain Limitations apply
 - 1. Teams who wish to use Classics 40+ Major player are limited to 3 Players per Team
 - 2. Teams who wish to use Classics 40+ Premier Players are limited to 5 Players per Team
- c. If a Team wishes to use players signed in Classics 40+ Major/Premier and/or Women's Division 3, Teams will be limited to 5 players total combined between all three groups based on numbers indicated in A and B.
- d. Open to all Women's player that are playing Coed. (Players playing in a Women's or Classic's league higher than stated above are not eligible)

Classic Division 30+

- a. This is an open division for all Women's teams that are 30+ in age
- b. Players are only eligible if they turn 30 prior to the start of the tournament

Classics Division 40+ –

- c. This is an open division for all Women's teams that are 40 plus in age
- d. Players are only eligible if they turn 40 prior to the start of the tournament

Coed Division Competitive - Eligibility is based on where you are signed, not where you play as a trialist

- a. Open to all ASA Coed Leagues
- b. Men's players are that are allowed Include
 - 1. Open to Men's players from or signed in Division 2/Tier 2 and below, or from any adult teams that would attend Tier 2 Senior Provincials and below
 - 2. Open to Men's players playing and signed in 35 plus Division 1 and below,
 - 3. Open to all Men's players playing and signed in 45 plus and older leagues, (this must be the league they are signed with)
 - 4. Open to VMSL Premier Players
 - 5. Open to all Men's players that are playing Coed. (Players playing in a Men's or Master's league higher than stated above are not eligible)
- c. Women's Players that are allowed Include
 - 1. Open to Women's players from or signed in Division 2/Tier 2 and below, or from any adult teams that would attend Tier 2 Senior Provincials and below
 - 2. Open to Women's players playing and signed in Classics 40 +
 - 3. Open to all Women's players that are playing Coed. (Players playing in a Women's or Classic's league higher than stated above are not eligible)

Coed Division Recreational - Eligibility is based on where you are signed, not where you play as a trialist

- a. Open to all Coed ASA Leagues
- b. Men's players are that are allowed Include
 - 1. Open to Men's players from or signed in Division 4/Tier 4 and below, or from any adult teams that would attend Tier 4 Senior Provincials and below
 - 2. Open to Men's players playing and signed in Master's Divisions 2 and Below,
 - 3. Open to all Men's players playing and signed in 45 plus and older leagues, (this must be the league they are signed with)
 - 4. Not Open to VMSL Premier Players
 - 5. Open to all Men's players that are playing Coed. (Players playing in a Men's or Master's league higher than stated above are not eligible)
- c. Women's Players that are allowed Include
 - 1. Open to Women's players from or signed in Division 4/Tier 4 and below, or from any adult teams that would attend Tier 4 Senior Provincials and below
 - 2. Open to Women's players playing and signed in Classics 30 +, Div 2 and below
 - 3. Open to all Women's players playing and signed in 40 plus and older leagues, (this must be the league they are signed with) Div 1 and below.
 - 4. Open to all Women's players that are playing Coed. (Players playing in a Women's or Classic's league higher than stated above are not eligible)

The Tournament Committee reserves the right to form different Groups and to move Teams in different Groups if needed.

Individual player eligibility that is different from above may be approved by the tournament Committee. Written request (e-mail) must be sent in a minimum of 7 days prior to the start of the tournament to office@spdsa.net.

4. POINTS & STANDINGS

- a) 3 Points for a win
1 Point for a tie
0 Points for a loss
- b) For all games, any goals scored by one team that exceed by a margin greater than five (5) will not be on main scoreboard but final score will be recorded on game sheets.
- c) Teams tied in points after the completion of round robin play will have tie breaking rules applied.

5. DURATION OF GAMES

- a) There shall be no overtime in any game.
- b) Games shall consist of two, 25 minute halves,
- c) The last minute of each half will be stop time.
- d) Round robin games ending in draw will stand.

- e) For all games requiring a winner, where games are tied at the end of regulation time, penalty kicks shall be taken to decide a winner. A.S.A. Penalty kick rules will apply.

6. TIE BREAKING RULES

The following tie breaking rules will be used to determine final standing where two or more teams are tied on points taking the whole round-robin into consideration where applicable.

2 Way Tie Breaking Procedures

- a) **Head to Head** – the most points gained in the match(es) between the teams concerned shall be used to determine the final standing.
- b) **Goal Difference** – for any team still tied, by deducting goals against from goals for, in all games, the highest goal difference shall be used to determine the final standings.
- c) **Least Goals Conceded** – for any teams still tied, the fewest goals conceded, in all games, shall be used to determine the final standings.
- d) **Best Discipline Record** – for any teams still tied, the team with the least amount of Discipline Points (Yellows = 1 Point, Red = 3 Points) shall be used to determine the final standings
- e) **Coin Flip / Shoot-out** – If teams are still tied, either a coin flip or penalty kicks shall be taken to determine which team(s) advances to the next stage of the competition. The choice will be up to the Tournament Staff. A.S.A. Penalty kick rules shall apply if penalties is the option chosen.

3 Way Tie Breaking Procedures

Teams will be placed accordingly through the steps. If a team is placed in step 'A' and two teams remain tied, those two teams will proceed to step 'B'

- a) **Head to Head** – the most points gained in the matches between the teams concerned shall be used to determine the final standing.
- b) **Goal Difference** – if teams are still tied, goal difference in the matches between the teams concerned shall be used to determine the final standing.
- c) **Least Goals Conceded** – if teams still tied, the fewest goals conceded, in games between the teams concerned, shall be used to determine the final standings.
- d) **Goal Difference** – if teams are still tied, goal difference in all matches played shall be used to determine the final standing.
- e) **Least Goals Conceded** – for any teams still tied, the fewest goals conceded, in all games, shall be used to determine the final standings.
- f) **Best Discipline Record** – for any teams still tied, the team with the least amount of Discipline Points (Yellows = 1 Point, Red = 3 Points) shall be used to determine the final standings
- g) **Coin Flip / Shoot-out** – If teams are still tied, either a coin flip or penalty kicks shall be taken to determine which team(s) advances to the next stage of the competition. The choice will be up to the Tournament Staff. A.S.A. Penalty kick rules shall apply if penalties is the option chosen.

7. GAME SHEETS

- a) A separate game sheet shall be used by each team.

- b) All player names shall be printed on each game sheet which must be signed by the coach/Manager.
- c) All team attendees on bench must be named on game sheet.

8. DISCIPLINE

- a) All discipline matters for the Tournament will be administered by Tournament Organizers, whose decisions are final.
- b) A player receiving a Red or 2 Yellow cards during a single game shall automatically be suspended for the next game.
- c) A player receiving 2 or more yellow cards (2 yellow cards in a single game will not be included in this calculation), will be suspended for 1 game.
 - Players playing on more than one team (Coed and Men's or Women's) a player receiving 2 or more Yellow Cards in one division must sit out their next game in that division, they will also not be eligible to participate on their second team until suspension is served with their original team. If the original team's tournament is over, the player serves the one game suspension with their second team
 - Players receiving one Yellow Card for their coed team and one Yellow Card for their Gender Specific team will not be suspended for a game. In this case when the player receives a second card on one of their teams (3rd Yellow card), they will also not be eligible to participate on their second team until suspension is served with the team, they received their 2nd card with. If the team in which the player received their third card tournament is over, the player serves the one game suspension with their second team.
 - When a player receives a 4th yellow card between the two teams they are playing with after already serving a suspension, the player will be removed from the tournament.
- d) The Tournament Organizers have the right to increase the minimum 1-game suspension for ejections should they feel the offence is worth a longer suspension.
 - i. All suspensions must be served with the team that you received the suspension with. See rule C above.
- e) Red Card suspensions do not carry over to the following years tournament.

9. AWARDS

- a) Presentation of awards will be at a place to be determined once the game has concluded. The SPDSA may request pictures of teams to be distributed in our Newsletter.

10. JEWELRY

- a) As per FIFA Rules: Law 4 – Safety: “A player must not use equipment or wear anything that is dangerous to himself or another player (including any kind of jewelry).” All rings, bracelets, earrings, nose rings, etc must be removed before the game. Taping is no longer acceptable.

11. CO-ED RULE ADJUSTMENTS

- a) There must be a minimum of 2 female players and/or 2 males on the field at all times. This can include the goalkeeper.
- b) If a female player receives a penalty, the female played in the box does not count as a female on the field. The teams must still have two females on the field.
- c) If a team gets reduced to only one female player due to injuries or ejections, the team will need to play short a female player on the field and **cannot** place another male on the field. The team plays shorthanded until a second female can be added to the field
- d) There is no slide tackling permitted in the Co-Ed Division
- e) All free kicks are indirect, with the exception of penalties
- f) Any overly aggressive play as determined by the referee will be whistled with a indirect free kick awarded to the other team
 - a. Aggressive play can be any defensive challenges and any play the referee deems overly aggressive including a player 'blasting the ball' unnecessarily in front of the opposition (male or female)
 - b. Continued overly aggressive play from a player will result in a yellow card (caution) or red card (ejection).
- g) Shoot Out Rules**
 - a. ASA Rules apply with the following adjustments.
 - 1. Adjust team numbers so that both teams have the same number of Male players and Female Players
 - 2. Only these players in these adjusted team numbers can be used for the shoot out
 - 3. 5 Player shoot out, three must be male and 2 must be female, these players can be used in any order
 - 4. If still tied, goes to sudden death and you alternate Female and Male shooters. Female's shoot first, then male shoot, etc. All players must shoot before a player can take a second shot. If one gender has finished all their shots and the other gender hasn't you continue with the one gender until everyone has shot, then you go back to alternating for the second shots