



# Return to Play Quick Guide



## Arrival to Facility

### Mandatory

- Players, parents, coaches and spectators must be made aware of the safety protocols in place
- Pre-screening must be completed before any participant is allowed on the field
- Coaches must have their EAP complete for the facility
- The dugout/bench area should be sanitized prior to anyone stepping into the area

### Recommended

- Staggered arrival time to minimize overlap with previous group
- Participants are strongly recommended to travel by household only
- First aid kit is recommended for the bench area stocked with masks and gloves to address any injuries or medical concerns

## Practice

- Coaches should consider minimizing shared equipment and consider physical distancing guidelines in their practice plans
- Coaches should have enough sanitized balls to rotate through drills or schedule sanitizing breaks
- If equipment is shared, it must be sanitized before it is to be used by another player
- No shared water bottles or team coolers
- If team meetings occur post practice, physical distancing guidelines must be followed

- Participants should leave the facility immediately following practice and only within their household
- Players are encouraged to wash their equipment and shower once returning home

## Athletes

- Athletes must complete their pre-screening check
- No equipment is to be shared, every player must bring their own glove, helmet, batting gloves, etc
- Players must keep their equipment within their own bag and keep bags separated
- No shared water bottles or team coolers
- No hand shakes or high fives
- No spitting, sunflower seeds, gum or similar products

- Athletes should be educated on the safety protocols in place before arriving
- Participants should leave the facility immediately following activity and only within their household
- Athletes should sanitize hands frequently during activity whenever possible
- Players are encouraged to wash their equipment and shower once returning home

**All individuals must adhere to AHS  
physical distancing guidelines**

## Mandatory

## Recommended

### Spectators

- Spectators must only sit within household groups while maintaining physical distancing from other groups
- Spectators must stay within the spectator's designated area
- Spectators are not to come in to the area of play at any time

- Spectators are encouraged to frequently wash hands or sanitize if soap and water are unavailable

### Coaches

- Coaches should ensure their players are adhering to safety protocols in place while in the dugout/bench area
- Coaches must complete their pre-screening check
- No hand shakes or high fives
- No spitting, sunflower seeds, gum or similar products
- Coaches must wear a mask when conferencing with an umpire and remain physically distant
- Only one coach per team will be permitted for pre-game plate meetings while masked

- Coaches should sanitize hands frequently during activity
- Coaches should remain within the physically distanced coaches box on offense
- Coaches may have on field conference only in the pitcher's circle while maintaining physical distancing

### Umpires

- Umpires must complete their pre-screening check
- Umpires must wear masks for the duration of the game
- Umpires must bring their own hand sanitizer to games
- Umpires must bring their own water
- No hand shakes
- No spitting, sunflower seeds, gum or similar products

- Umpires should not handle equipment during play, unless there is a safety concern during play
- Physical distancing should be maintained when doing any conferences with coaches/players
- Umpires should maintain distance from players in position, wherever possible
- Umpires are encouraged to wash their equipment and shower once returning home

### Post Activity

- No hand shakes
- Post-game meetings must adhere to physical distancing guidelines
- Each team's designated volunteer and players should ensure their dugout/bench area is left clean
- Individuals should not congregate in common areas or the parking lot

- Players should exit the dugout/bench area as efficiently as possible
- Travel should happen within household members
- It is encouraged that equipment be washed before the next activity

## Best Practices

These best practices are highly recommended, but not mandatory:

- Associations/single affiliated teams should confirm with their municipality that adequate signage warning of physical distancing is displayed.
- Associations/single affiliated teams should ensure their municipality is servicing and monitoring washroom facilities (if applicable). If not, the association/team must do so themselves to current standards or they should remain closed.
- Associations/single affiliated teams should confirm concession stands have been permitted to open and are meeting all health authority requirements or they should remain closed.