

WAIVER / RELEASE OF LIABILITY- READ CAREFULLY BEFORE SIGNING

In consideration of being permitted to register for and participate in programs, games, practices, events, and related activities organized by Spring Ring League Inc. (the "Activity"), I, the undersigned participant, acknowledge and agree as follows:

ASSUMPTION OF RISK: I understand that participation in ringette and related activities involves inherent risks, including but not limited to: inadequate instruction, coaching, or supervision; defective or inadequate equipment; poorly maintained ice; poor rink or facility conditions; poorly lit areas; contact with rings, sticks, skates, boards, goal posts, netting, plexiglass, other players, officials, coaches, or volunteers; hazing or misconduct by other participants; and exposure to communicable diseases or illnesses. These risks may result in serious injury, permanent disability, or death. I voluntarily assume all such risks, whether known or unknown, foreseeable or unforeseeable.

ASSUMPTION OF RESPONSIBILITY: I agree to comply with all stated and customary rules, policies, and conditions for participation. If I observe any unsafe condition or have concerns about my readiness to participate, I will immediately remove myself from the Activity and notify an official.

RELEASE AND WAIVER OF LIABILITY: I hereby release, waive, discharge, and hold harmless Spring Ring League Inc., and its directors, officers, officials, agents, employees, volunteers, contractors, other participants, sponsors, advertisers, and any owners or lessors of premises used for the Activity (collectively, the "Releasees"), from any and all claims, demands, actions, damages, losses, or liabilities, including those arising from the negligence of the Releasees, relating to injury, disability, death, or loss or damage to person or property arising from my participation, to the fullest extent permitted by law.

INDEMNIFICATION: I agree to indemnify and hold harmless the Releasees from any and all claims, liabilities, damages, costs, or expenses (including legal fees) arising out of or related to my participation in the Activity, even if caused by the negligence of the Releasees, to the fullest extent permitted by law.

ACKNOWLEDGMENT: I confirm that I am 18 years of age or older, have read and fully understand this Agreement, understand that I am giving up substantial legal rights, and sign it freely and voluntarily without inducement.

GOVERNING LAW: This Agreement shall be governed by and interpreted in accordance with the laws of the Province of Alberta.

Participant Name (Print): _____

Signature: _____

Date: _____

Witness Name (Print): _____

Witness Signature: _____