



Spruce Grove Jr B Regals return to play for the 2020-2021 Season Start Up

Sept 9-11th Conditioning Camp :

- **Each registered player will participate in 3 one-hour skate sessions and will follow the City of Spruce Grove Grant Fuhr protocol along with Hockey Alberta, and Alberta Health Services guidelines for phase 2.**
- **As the process unfolds updates will be posted to the teams website page at www.sprucegroveregals.com**
- **Please ensure you are regularly checking this website for the most up to date information.**
- **Each ice session a participant/bench staff attends they will need to complete an Online Daily Checklist. Failure to complete this checklist a min of an hour before the scheduled ice slot will result in the player not being allowed on the ice. The link for the Daily Checklist will be posted on the sprucegroveregals.com website.**
- **Masks will be required for anyone entering the facility, including Participants. Participants are required to wear a mask in the dressing room. They are to remove their mask when putting on their helmets and store their mask with their personal items. ice coaches are not required to wear a mask but any coach on a bench or in the time keeper box etc. will be required to wear a mask.**

Ice Sessions at the Grant Fuhr Current Protocol

- **Upon arrival Participants will enter a dressing room to put on their skates and proceed to the ice. Dressing rooms will have capacity limits listed on the door that are to be adhered to, so if all dressing rooms are at their maximum allotment, the participant is to wait till someone leaves before entering the dressing room or use a chair outside of the dressing room to put on their skates. After the session, participants return to the same dressing room to remove their skates. Showers are NOT Accessible at this time.**
- **It is STRONGLY recommended that any personal items are not brought into the facility (ie cell phones, wallets).**



- Custodial Staff will clean the dressing rooms after every separate rental using Health Canada approved cleaning and disinfecting protocols.
 - Arena operators will be responsible for ice maintenance and cleaning of any shared and high-touched surfaces such as benches, chairs, dressing rooms, arena bathrooms, door handles.
 - Participants are to leave the facility as soon as possible and within 15 mins after the completion of their ice session.
 - There will be a limited viewing area for the spectators, priority will be given to the people involved with the tryouts for this area. It is recommended for the tryouts that parents drop off their child and pick them up after the tryouts. Recommendation is one parent/guardian is allowed per participant. It is preferred that no additional spectators, including children are brought into the facility. If children must come out of necessity, they must be seated with their parent/guardian.
 - Upon arrival, participants must go directly to their designated area to put on skates; spectators must go directly to the seating area.
- Off ice warm ups and cool downs will not be permitted. Meetings will not be permitted in the facility.

PARENTS AND PLAYERS

Parents and players play key roles in the Return to Hockey. Their responsibilities include:

- stay at home if experiencing any symptoms.
- become educated on the safety protocols and procedures prior to attending session, and adhere to them while at the session.
- ensure each player has his/her own water bottle which is sanitized prior to each session, and his/her own hand sanitizer for use while on the ice.
- ensure equipment is dried, cleaned and/or sanitized following each session.
- arrange appropriate transportation to and from the session.
- refrain from cheering and yelling as it presents a high risk of spreading droplets.
- do not spit, blow nose freely or release any bodily fluid anywhere in any facility due to an extremely high risk of virus transfer.

A detailed outline of responsibilities of Administrators, Coaches and Managers, Safety Person and Trainer, Players and Parents can be found in the Hockey Canada Safety Guidelines – Roles and Responsibilities (Appendix 5).



Important links to follow

<https://www.hockeyalberta.ca/members/return-hockey/>

<https://hockeycanada.ca/en-ca/exclusive/return-to-hockey>

<https://www.sprucegrove.org/services/facility-rentals/agrena-grant-fuhr-arena/>