

## SGRA EVALUATION - PERFORMANCE CRITERIA

### **Player Evaluation Criteria:**

*The following is an overview of the skills that will be assessed during the evaluation process. Player's will receive a mark out 9 on each of the skills listed below.*

#### **1. Skating Skills:**

- a. Skating
  - i. Forward (including Crossovers)
  - ii. Backward (Including Crossovers)
  - iii. Turns
  - iv. Pivots
  - v. Stops and starts

#### **2. Shooting / Passing / Receiving**

- a. Passing and Receiving
  - i. Forehand pass
  - ii. Backhand pass
  - iii. Receiving a pass
  - iv. Type of pass [lead, drop, flip, head on, etc.]
- b. Shooting
  - i. Forehand/Wrist Shot
  - ii. Backhand
  - iii. Slider

#### **3. Game Sense**

- a. Offensive:
  - i. Breakout & getting open
  - ii. Passing
  - iii. Fore-checks
  - iv. Shooting
  - v. Use of Picks, screens and posts
  - vi. Teamwork

- vii. Positioning in Offensive zone
- viii. Ability to adjust to opposition
- ix. Involvement in Play
- x. Game Sense - Ability to change roles throughout game
- a. Defensive:
  - i. Breakout & goalie ring support
  - ii. Coverage
  - iii. Passing
  - iv. Supporting teammates
  - v. Team work
  - vi. Checking
  - vii. Positioning in Defensive zone
  - viii. Ability to adjust to opposition
  - ix. Involvement in Play
  - x. Game Sense - Ability to change roles throughout game

#### **4. Checking & Ring Handling**

- i. Sweep check
- ii. Aggressiveness
- iii. Checking in the boards
- iv. Checking with team mates
- v. Checking with two hands
- vi. Placement of hands on stick

### **Marks Breakdown:**

*1/2 = Poor, 3/4 = Below Average, 5 = Average, 6/7 = Above Average, 8/9 = Outstanding/Dominant*

### **Goalie Evaluation Criteria:**

*The following is an overview of the skills that will be assessed for goalies. Skating ability will follow the same guidelines as players. Marks breakdown is the same.*

#### **1. Goalie Skating**

- a. Mobility
- b. Lateral Movement
- c. Forward
- d. Backward
- e. Overall Skating Ability

#### **2. Goalie Ring Skills & Stick Work**

- a. Stick Work
- b. Ring Skills [Goalie Ring]

#### **3. Goalie Positioning**

- a. Style of Play

#### **4. Goalie Mobility**

- a. Game Sense & Movement



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	1/2 = POOR	3/4 = BELOW AVERAGE	5 = AVERAGE	6/7 = ABOVE AVERAGE	8/9 = OUTSTANDING DOMINATE
<b>Forward Skating</b>	<p>Still acquiring proper stance &amp; balance</p> <ul style="list-style-type: none"> <li>Acquired some basics of stride often lose balance &amp; head is not up when in motion.</li> <li><b>Crossovers-</b> cannot fully lift leg over the other, struggles to maintain balance &amp; speed. Often has to balance check.</li> </ul>	<p>Sometimes in proper stance &amp; balance.</p> <ul style="list-style-type: none"> <li>Has acquired a good foundation of stride but still acquiring consistent stride &amp; full leg extension.</li> <li><b>Crossovers-</b> lifts leg over the other. Sometimes able to maintain balance &amp; speed. Sometimes has to balance check</li> </ul>	<p>Generally Maintains proper stance &amp; balance.</p> <ul style="list-style-type: none"> <li>Has acquired good stride &amp; is showing consistent leg extensions.</li> <li>Shows some understanding of the basics of acceleration</li> <li>Inconsistently uses sharp turns to maintain speed and change direction quickly</li> <li><b>Crossovers-</b> most often lifts leg over the other. Sometimes able to maintain balance and speed</li> </ul>	<p>Maintains proper stance &amp; balance.</p> <ul style="list-style-type: none"> <li>Has acquired good stride &amp; leg extensions. Strides are smooth with full leg extension. Strides are generally powerful.</li> <li>Understands basics of acceleration</li> <li>Sometimes uses sharp turns to maintain speed and change direction quickly</li> <li><b>Crossovers-</b> consistently lift leg over the other. Generally able to maintain balance &amp; speed.</li> </ul>	<p>Consistently in proper stance &amp; balance</p> <ul style="list-style-type: none"> <li>Has consolidated stride skills. Displays smooth efficient strides with full leg extension. Strides are always powerful.</li> <li>Able to change speed in motion. Accelerates with strides</li> <li>Uses sharp turns to maintain speed and change direction quickly.</li> <li><b>Crossovers-</b> consistently lift leg over the other. Displays smooth &amp; efficient crossovers. Consistently maintains balance &amp; speed.</li> </ul>
<b>Backward Skating</b>	<p>Still acquiring proper stance &amp; balance. Sometime uses stick for balance. Head is sometimes up.</p> <ul style="list-style-type: none"> <li>Attempts C cuts but cannot make complete C. Struggles to maintain backwards momentum.</li> <li><b>Crossovers-</b> Still acquiring the basics of backwards crossovers. Can only do a couple without breaking form &amp; momentum.</li> </ul>	<p>Sometimes in proper form &amp; balance. Rarely uses stick for balance check. Keeps head up.</p> <ul style="list-style-type: none"> <li>Can perform a C-cuts but sometimes does not make complete entire C. Sometimes loses form but generally able to maintain momentum.</li> <li><b>Crossover -</b> Has acquired the basics of backwards crossovers. Sometimes able to proper form &amp; able to maintain momentum.</li> </ul>	<p>Generally displays proper form with good center of gravity. Head &amp; chest are skating.</p> <ul style="list-style-type: none"> <li>Generally displays full C-cuts. Starting to maintain momentum. Inconsistently gains speed.</li> <li>Can perform a backwards sharp turn but unable to maintain speed &amp;/or body positioning.</li> <li><b>Crossovers –</b> Has acquired average backward crossovers. Generally maintains proper form.</li> </ul>	<p>Consistently displays proper form with good center of gravity. Head &amp; chest are skating.</p> <ul style="list-style-type: none"> <li>Generally displays full &amp; smooth C-cuts. Able to maintain momentum &amp; gains speed.</li> <li>Can perform a backwards sharp turn</li> <li><b>Crossovers –</b> Has acquired good backward crossovers. Generally maintains proper form &amp; able to keep momentum &amp; maintain speed.</li> </ul>	<p>Consistently maintains proper form with good center of gravity. Head &amp; chest are up.</p> <ul style="list-style-type: none"> <li>Consistently displays full &amp; smooth C-cuts. Consistently able to maintain momentum &amp; gain speed throughout C Cut.</li> <li>Able to perform Sharp turns backwards. Attempts to end with a crossover</li> <li><b>Crossovers –</b> Has consolidated good backward crossovers used in motion to increase speed.</li> </ul>
<b>Stops &amp; Starts &amp; Pivots</b>	<p>Still acquiring proper stance &amp; balance. Does not display proper stance into &amp; out of stops/starts.</p> <ul style="list-style-type: none"> <li><b>Starts:</b> Cannot display T or V start. Cannot perform crossover start.</li> <li><b>Stops:</b> Still acquiring stopping skills. Generally able to perform 1 foot stop. Not able to perform proper 2 foot stop.</li> <li>Does not perform a crossover start out of stop.</li> <li><b>Pivots:</b> Unable to pivot from front to back.</li> </ul>	<p>Sometimes maintains proper form &amp; balance. Sometimes maintains proper stance into &amp; out of stops/starts.</p> <ul style="list-style-type: none"> <li><b>Starts:</b> Sometimes displays proper T or V start. Acquiring basics of crossover start.</li> <li><b>Stops:</b> Can perform One foot stop on both sides. Can perform two foot stop but does not consistently maintain proper form into &amp; out of stop.</li> <li>Sometimes attempts crossover start out of stop.</li> <li><b>Pivots:</b> Can somewhat pivot from front to back. Back to front is inconsistent</li> </ul>	<p>Generally maintains proper stance &amp; balance into &amp; out of stops/starts.</p> <ul style="list-style-type: none"> <li><b>Starts:</b> Generally displays proper T or V start. Developing basics of crossover start.</li> <li><b>Stops:</b> Generally uses &amp; performs two foot stop. Still developing consistent balance and form into and out of the stop.</li> <li><b>Stops:</b> Learning backwards V &amp; T stop</li> <li><b>Stops:</b> Attempts parallel stop</li> <li><b>Pivots:</b> Can inconsistently pivot smoothly from front to back. Back to front is inconsistent</li> </ul>	<p>Maintains proper stance &amp; balance into &amp; out of stops/starts.</p> <ul style="list-style-type: none"> <li><b>Starts:</b> Consistently displays proper T or V start. Has acquired basics of crossover start.</li> <li><b>Stops:</b> Consistently uses &amp; performs two foot stop. Generally maintains proper form into &amp; out of stop.</li> <li><b>Stops:</b> Generally performs backwards V &amp; T stop</li> <li><b>Stops:</b> Able to perform a parallel stop</li> <li><b>Pivots:</b> Can pivot smoothly from front to back. Back to front is still developing</li> </ul>	<p>Consistently maintains proper stance &amp; balance into &amp; out of stops/starts.</p> <ul style="list-style-type: none"> <li><b>Starts:</b> Consistently displays proper T or V start. Generally performs a crossover starts.</li> <li><b>Starts:</b> Accelerates out of Starts. Consistently performs powerful crossover start out of stop.</li> <li><b>Stops –</b> Consistently uses &amp; performs two foot stop. Consistently maintains proper form into &amp; out of stop.</li> <li><b>Stops:</b> Able to perform backward v-stop and T-stop.</li> <li><b>Pivots:</b> Can pivot smoothly from front to back and back to front.</li> </ul>
<b>Shooting (backhand &amp; forehand sliders)</b>	<p>Sometimes accurate sliders in motion. Still acquiring the basic skill.</p> <ul style="list-style-type: none"> <li><b>Backhand flip:</b> Sometimes accurate static. Sometimes accurate when moving.</li> <li><b>Wrist Shots:</b> Attempts to lift ring when static. Cannot lift ring while moving. No power.</li> </ul>	<p>Generally displays accurate sliders in motion</p> <ul style="list-style-type: none"> <li><b>Backhand flip:</b> Generally accurate when static. Generally accurate when moving.</li> <li><b>Wrist Shots</b> Sometimes lifts ring when static. Sometimes lifts ring while moving. No power.</li> </ul>	<p>Most often displays accurate sliders in motion. Power in slider.</p> <ul style="list-style-type: none"> <li><b>Backhand flip:</b> Most often accurate when static.</li> <li><b>Wrist Shots:</b> Generally accurate when static. Sometimes accurate when moving. Some power in shot.</li> </ul>	<p>Consistently displays accurate sliders in motion. Power in slider.</p> <ul style="list-style-type: none"> <li><b>Backhand flip:</b> Consistently accurate when static. Most often accurate when moving.</li> <li><b>Wrist Shots:</b> Consistently accurate when static. Generally accurate when moving. Some power in shot.</li> <li>Sometimes attempts to deke with shot.</li> </ul>	<p>Consistently displays accurate/powerful sliders in motion.</p> <ul style="list-style-type: none"> <li><b>Backhand flip:</b> Consistently accurate when moving. Able to shoot quickly.</li> <li><b>Wrist Shots:</b> Consistently accurate when static. Consistently accurate when moving &amp; often hits corners. Able to lift ring. Power in shot</li> <li>Consistently Attempts deke with head fake</li> </ul>

		1/2 = POOR	3/4 = BELOW AVERAGE	5 = AVERAGE	6/7 = ABOVE AVERAGE	8/9 = OUTSTANDING DOMINATE
P A S S R E C E I V E	Passing and Receiving	Occasionally displays proper form & stick grip; <ul style="list-style-type: none"> <li>Sometime makes accurate passes while static. Struggles to make accurate passes while moving. Struggles to make lead passes while static &amp; moving.</li> <li>Sometimes able to stab ring when static. Generally not able to stab ring while In motion.</li> </ul>	Sometimes displays proper form & stick grip. Sometimes points stick passing/receiving. <ul style="list-style-type: none"> <li>Sometimes makes accurate forehand passes while static. Rarely uses backhand passes.</li> <li>Attempts to make accurate lead passes while static &amp; sometimes while moving.</li> <li>Not always able to stab ring when static. Sometimes able to stab ring when moving</li> </ul>	Most often displays proper form & stick grip. Often points stick passing/receiving. <ul style="list-style-type: none"> <li>Generally makes accurate forehand passes while static &amp; sometimes while moving. Sometimes uses backhand passes.</li> <li>Sometimes makes accurate lead passes while static. Inconsistent when moving.</li> <li>Often able to stab ring when static &amp; most often when moving.</li> </ul>	Consistently displays proper form & stick grip. Consistently points stick passing/receiving. <ul style="list-style-type: none"> <li>Generally makes accurate forehand passes while static &amp; moving. Sometimes accurate backhand passes.</li> <li>Generally makes accurate lead passes while static &amp; moving.</li> <li>Often able to stab ring when static &amp; moving.</li> </ul>	Consistently displays proper form & stick grip. Always points stick passing/receiving. <ul style="list-style-type: none"> <li>Consistently makes accurate Forehand passes while static &amp; moving. Generally makes accurate lead passes while static &amp; moving. Generally accurate backhand passes.</li> <li>Often able to stab ring when static &amp; moving.</li> <li>Attempts drop passes &amp; board passes.</li> </ul>
	G A M E	Game Skills - Offensive	<b>Below average &amp;/or new player</b> <ul style="list-style-type: none"> <li>Struggles to gain &amp; maintain possession of the ring.</li> <li>Rarely gets open for passes out to the zone.</li> <li>Sometimes able to keep up with the pace of game</li> <li>Not often able to create offensive shooting &amp; passing opportunities.</li> <li>Player is rarely in motion stationary</li> </ul>	<b>Below average player,</b> Player often in motion <ul style="list-style-type: none"> <li>Somewhat able to perform a breakout following coach instructions</li> <li>Sometimes gains possession of the ring. Usually able to maintain possession.</li> <li>Sometimes able to get open for passes &amp; sometimes able to keep up with the pace of game.</li> <li>Sometimes creates offensive shooting &amp; passing opportunities.</li> <li>Shows good understanding of rules &amp; sometimes displays good decision making skills</li> </ul>	<b>Average player,</b> Player is most often in motion <ul style="list-style-type: none"> <li>Able to perform parts of a breakout following coach instructions</li> <li>Sometimes has possession of the ring/involved in play.</li> <li>Starting to reads play well &amp; often sometimes gets open for passes when not carrying the ring.</li> <li>Sometimes creates offensive shooting &amp; passing opportunities</li> <li>Shows an average knowledge of rules &amp; displays good decision making skills.</li> </ul>	<b>Average player,</b> Player is generally in motion <ul style="list-style-type: none"> <li>Able to perform a breakout following coach instructions</li> <li>Often has possession of the ring/involved in play. Does not create a lot of turnovers.</li> <li>Reads play well &amp; often gets open for passes when not carrying the ring. Usually follows the play.</li> <li>Often creates offensive shooting &amp; passing opportunities</li> <li>Shows good knowledge of rules &amp; displays good decision making skills.</li> </ul>
S E N S E		Games Skills- Defensive	<b>Below average or new player,</b> Rarely aggressive & weak checker <ul style="list-style-type: none"> <li>Player tries to maintain a triangle but consistently breaks position</li> <li>Attempts to block passes, struggles to read play</li> <li>Rarely keeps up with the play</li> <li>Player “dumps” ring on occasion</li> <li>Does not support Goalie for goalie ring breakout.</li> </ul>	<b>Below average player,</b> Average checker sometimes able to gain possession <ul style="list-style-type: none"> <li>Shows knowledge of triangle; but sometimes breaks formation</li> <li>Sometimes reads the play to create turnovers</li> <li>Sometimes able to move ring out of defensive zone. Sometimes keep feet moving.</li> <li>Does not typically support the Goalie for goalie ring breakout</li> </ul>	<b>Average player,</b> Generally Aggressive & strong checker <ul style="list-style-type: none"> <li>Average understanding of defensive triangle formation</li> <li>Sometimes reads the play to create turnovers</li> <li>Involved in the play approx.. 50% of the time</li> <li>Inconsistently puts pressure on offense</li> <li>Sometimes will enter offensive zone</li> <li>Sometimes Supports Goalie for goalie ring breakout.</li> </ul>	<b>Average player,</b> Generally Aggressive & strong checker <ul style="list-style-type: none"> <li>Good Understanding of defensive triangle formation</li> <li>Often reads the play to create turnovers</li> <li>Generally in the play</li> <li>Generally pressures offense &amp; “steps up” in the triangle &amp; in neutral zone.</li> <li>Sometimes will enter offensive zone</li> <li>Generally Supports Goalie for goalie ring breakout.</li> </ul>
	C H E C K I N G H A N D L I N G	Checking & Ring Handling	<ul style="list-style-type: none"> <li>Typically does not check with two hands on stick</li> <li>Rarely reads ring carrier to cut off, does not gain possession of the ring from the opposition.</li> <li>In motion loses control of body &amp; falls.</li> <li>Hesitant to check in corners/boards</li> <li>Sometimes ring handles &amp; rarely protects ring. Easy to check</li> </ul>	<ul style="list-style-type: none"> <li>Sometimes checks hard with two hands on stick</li> <li>Rarely reads ring carrier to cut off &amp; sometimes gains possession of the ring.</li> <li>Hesitant to check in corners/boards</li> <li>Sometimes ring handles &amp; attempts to use body to protect ring. Often easy to check</li> </ul>	<ul style="list-style-type: none"> <li>Generally checks hard with two hands on stick, &amp; sometimes maintains control of body. Sometimes performs sweep check.</li> <li>Sometimes tries to check in motion.</li> <li>Sometimes reads ring carrier to cut off &amp; sometime gains possession of ring.</li> <li>Sometimes checks in corners &amp; along boards</li> <li>Sometimes ring handles &amp; uses body positioning to protect ring</li> </ul>	<ul style="list-style-type: none"> <li>Most often checks hard with two hands on stick, &amp; sometimes maintains control of body. Performs sweep check.</li> <li>Generally tries to check in motion.</li> <li>Generally reads ring carrier to cut off &amp; gains possession of ring.</li> <li>Checks in corners &amp; along boards</li> <li>Generally ring handles &amp; uses body positioning to protect ring &amp; Sometimes maintains possession.</li> </ul>

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<b>Goalie Skating</b>	<p>Unable to perform smooth lateral pushes from side to side</p> <ul style="list-style-type: none"> <li>• Still learning skill in T-pushes &amp; glide</li> <li>• Acquiring coordination of power pushes &amp; glides</li> <li>• Backwards C-Cuts are weak</li> <li>• Forward skating is weak with weak transitions to backwards</li> <li>• Rarely reads play most of the time [No skill of Telescoping]</li> <li>• Unable perform Butterfly slides from side to side smoothly.</li> </ul>	<p>Somewhat smooth lateral pushes from side to side</p> <ul style="list-style-type: none"> <li>• Still learning skill in T-pushes &amp; glide</li> <li>• Acquiring coordination of power pushes &amp; glides</li> <li>• Backwards C-Cuts are somewhat smooth</li> <li>• Generally smooth forward skating with weak transitions to backwards</li> <li>• Somewhat read play most of the time [little skill with Telescoping]</li> <li>• Sometimes able perform Butterfly slides from side to side smoothly.</li> </ul>	<p>Generally smooth lateral pushes from side to side</p> <ul style="list-style-type: none"> <li>• Demonstrates some skill in T-pushes &amp; glide</li> <li>• Some understanding of power pushes &amp; glides</li> <li>• Backwards C-Cuts are smooth but not consistent</li> <li>• Generally smooth forward &amp; backward skating &amp; transitions</li> <li>• Able to read play most of the time [shows <b>some skill with</b> Telescoping]</li> <li>• Able to <b>generally</b> perform Butterfly slides from side to side smoothly.</li> </ul>	<p>Strong lateral pushes from side to side</p> <ul style="list-style-type: none"> <li>• Demonstrates strong understanding of T-push &amp; glide</li> <li>• Strong understanding of power pushes &amp; glides</li> <li>• Strong, consistent backwards C-Cuts</li> <li>• Strong, consistent forward &amp; backward skating &amp; transitions</li> <li>• Able to read play [shows <b>general</b> understanding of Telescoping]</li> <li>• Able to <b>generally</b> perform Butterfly slides from side to side smoothly</li> </ul>	<p>Strong lateral pushes from side to side.</p> <ul style="list-style-type: none"> <li>• Demonstrates strong understanding of T-push &amp; glide</li> <li>• Strong understanding of power pushes &amp; glides</li> <li>• Strong, consistent backwards C-Cuts</li> <li>• Strong, consistent forward &amp; backward skating &amp; transitions</li> <li>• Able to read play well [shows strong understanding of Telescoping]</li> <li>• Able to consistently perform Butterfly slides from side to side smoothly</li> </ul>
<b>Goalie Ring Skills &amp; Stick Work</b>	<ul style="list-style-type: none"> <li>• Rarely throws lead passes to teammates &amp; open ice</li> <li>• Unable to redirect ring towards boards</li> <li>• Attempts blocks shots &amp; reacts to shooter</li> <li>• <b>Stick Handling:</b> Sometimes has stick flat on the ice.</li> <li>• <b>Stick handling:</b> sometimes makes lead passes with goalie stick.</li> </ul>	<ul style="list-style-type: none"> <li>• Sometimes throws lead passes to teammates &amp; open ice</li> <li>• Attempts to control rebounds</li> <li>• Sometimes able to redirect ring towards boards</li> <li>• Can redirect ring when passed ring by teammates</li> <li>• Attempts blocks shots &amp; reacts to shooter</li> <li>• <b>Stick Handling:</b> Sometimes has stick flat on the ice.</li> <li>• <b>Stick handling:</b> sometimes makes lead passes with goalie stick.</li> </ul>	<ul style="list-style-type: none"> <li>• Generally throws lead passes to teammates &amp; to open ice</li> <li>• Attempts to control rebounds</li> <li>• Generally, able to redirect ring towards boards</li> <li>• Can redirect ring when passed ring by teammates</li> <li>• Generally blocks shots &amp; reacts to shooter</li> <li>• <b>Stick Handling:</b> Keeps stick flat on the ice.</li> <li>• <b>Stick handling:</b> Generally makes lead passes with goalie stick.</li> </ul>	<ul style="list-style-type: none"> <li>• Consistently throws lead passes to teammates &amp; throws to open ice</li> <li>• Typically controls rebounds</li> <li>• Able to redirect ring successfully towards boards</li> <li>• Can redirect ring when passed ring by teammates to move play forward</li> <li>• Consistently blocks shots &amp; reacts to shooter</li> <li>• <b>Stick Handling:</b> Typically keeps stick flat on the ice.</li> <li>• <b>Stick handling:</b> Generally makes accurate lead passes with goalie stick.</li> </ul>	<ul style="list-style-type: none"> <li>• Consistently throws lead passes to teammates &amp; throws to open ice</li> <li>• Consistently controls rebounds</li> <li>• Consistently Able to redirect ring successfully towards boards</li> <li>• Can redirect ring when passed ring by teammates to move play forward</li> <li>• Consistently blocks shots &amp; reacts to shooter</li> <li>• <b>Stick Handling:</b> Consistently keeps stick flat on the ice.</li> <li>• <b>Stick handling:</b> Able to make accurate lead passes with goalie stick.</li> </ul>
<b>Goalie Positioning</b>	<ul style="list-style-type: none"> <li>• Rarely finds the post; often slow to tighten to post</li> <li>• Sometimes in position for triangle &amp; free passes.</li> <li>• Shows weak understanding of playing the angles</li> <li>• Rarely adjusts correctly to teammates positions in the triangle</li> <li>• Rarely adjusts to offensive players positions &amp; passes made</li> </ul>	<ul style="list-style-type: none"> <li>• Sometimes able to hug &amp; finds the post; often slow to tighten to post</li> <li>• Sometimes in position for triangle &amp; free passes.</li> <li>• Sometimes shows understanding of playing the angles</li> <li>• Sometimes adjusts correctly to teammates positions in the triangle</li> <li>• Sometimes adjusts to offensive players positions &amp; passes made</li> </ul>	<ul style="list-style-type: none"> <li>• Usually able to hug &amp; finds the post; sometimes slow to tighten to post</li> <li>• Usually in position for the triangle &amp; free passes.</li> <li>• Sometimes shows understanding of playing the angles</li> <li>• Generally adjusts correctly to teammates positions in the triangle</li> <li>• Generally adjusts to offensive players positions &amp; passes made</li> </ul>	<ul style="list-style-type: none"> <li>• Generally able to hug &amp; finds the post</li> <li>• Understands positional play in the triangle &amp; free passes.</li> <li>• Consistently shows understanding of playing the angles</li> <li>• Consistently successfully adjusts to teammates positioning in the triangle</li> <li>• Consistently adjusts to offensive players positions &amp; passes made</li> </ul>	<ul style="list-style-type: none"> <li>• Consistently hugs the post &amp; finds the post</li> <li>• Understands positional play in the triangle &amp; free passes.</li> <li>• Consistently shows understanding of playing the angles</li> <li>• Consistently successfully adjusts to teammates positioning in the triangle</li> <li>• Consistently adjusts to offensive players positions &amp; passes made</li> </ul>
<b>Goalie Mobility</b>	<ul style="list-style-type: none"> <li>• Still learning Stand-up style of play</li> <li>• Displays some skill of crouch &amp; one-knee drop but is not consistent</li> <li>• Rarely does Butterfly &amp; inverted V</li> </ul>	<ul style="list-style-type: none"> <li>• Still learning Stand-up style of play</li> <li>• Displays knowledge of the crouch &amp; one-knee drop but is not consistent</li> <li>• Sometimes shows Butterfly &amp; inverted V but rarely</li> </ul>	<ul style="list-style-type: none"> <li>• Consolidated skill to show Strong understanding &amp; use of Stand-up style of play</li> <li>• Strong understanding of crouch &amp; one-knee drop</li> <li>• Consistently showing consolidation in Butterfly &amp; inverted V</li> </ul>	<ul style="list-style-type: none"> <li>• Consolidated skill to show Strong understanding &amp; use of Stand-up style of play</li> <li>• Strong understanding of crouch &amp; one-knee drop</li> <li>□ Generally showing refinement in Butterfly and inverted V</li> </ul>	<ul style="list-style-type: none"> <li>• Strong understanding &amp; use of Stand-up style of play</li> <li>• Consistently showing refinement in Butterfly and inverted V</li> <li>• Strong understanding of crouch &amp; one-knee drop</li> </ul>