

## **Squash Alberta ID Camps (Bronze/Silver) Explained**

**Purpose:** To identify and engage the up-and-coming bronze and silver players in a formal group training environment with a variety of coaches and guest athletes. Various drills and conditioned games will be utilized to broaden each player's view of the game while helping them to identify their strengths and weaknesses with a focus on skill improvement and helping to develop an enjoyment of practice and training with a purpose.

**Criteria:** Players will be identified for invitation by Alberta's active Junior Coach group and the Junior Committee.

**Location: TBD.** Camps will be held in Edmonton and Calgary facilities to avoid the need for extended travel for this group

**Time: TBD.** Camps will be 2-3 hours in duration on a Saturday or Sunday to avoid conflict with other Junior Programming.