



HOCKEY ALBERTA

TECHNICAL SKILLS CLINICS

Net Front Defending Techniques

This zoom module will explore net front battles in detail

Topics Include:

- Boxing Out vs Fronting
- Defensive Zone Awareness
- Stick tie-up Techniques
- Preventing Offensive Separation
- Screening the Goalie

The presentation is designed for coaches working at the Atom level and above, all coaches are welcome, but focus is on full ice hockey.

Clinic consists of:

- 25 minutes Zoom Presentation – Common error identification, video examples, training ideas
- 5 minutes Q & A

Monday October 19th - 7:00 pm

[Registration Link](#)



Clinics delivered by certified Hockey Canada & Hockey Alberta instructors.