

2020 SAMHA Timed Skate Sessions – Pertinent Information U9, U11, U13



We are very excited about returning to the ice and are confident that our governing bodies have helped to set us up for a safe and fun 2020/21 hockey season. In preparation for our upcoming skill skates, we would like to ensure our members are aware of the municipal, provincial, and national regulations relating to participation in sport during COVID-19.



****Prior to reviewing the remainder of this document, please proceed to this link - [SAMHA Declaration](#) ****

With increased sanitation measures at all facilities, we ask that you take the time to review the information outlined below and contact your Division Director with any questions or concerns you may have.

Pre-Arrival Planning

- Players must arrive in full equipment, with the exception of, helmet, gloves and skates.
- Please plan to arrive no more than 20 minutes prior to scheduled start time.
- Be aware that face coverings must be worn in public and common areas, including change rooms, timekeepers' box, and the mezzanine.
- Attendees are limited to one parent/guardian per player.
- Review City of St. Albert facility rules - [click here](#).

Arrival

- All players will be required to check in prior to participation. Weather permitting, the check-in table will be outside. After check-in, players will not be permitted to enter the rink area until 15 minutes before their skate time.
- Parents will receive an electronic bracelet to put on their child's wrist (which needs to be returned at the conclusion of the skate). The bracelets are individually assigned to each player which record their child's start and end time for each drill. The bracelets will not be reused between players.
- Parents/players will be assigned a dressing room or designated area to complete dressing for the on-ice session.
- Once the player is ready to put on their helmet, their mask can be removed. Due to limited space, only one parent may accompany their child to the designated dressing area and all participants must remain in that area until the Evaluators are ready.

On-ice Assessment

- A volunteer will invite all participants in their designated areas to the ice the surface when the Evaluators are ready.

- Parents are welcome to watch the skates from the spectator area. City of St Albert COVID rules do not allow spectators at ice level.
- The Evaluators will make mini-groups of the players entering the ice. Each group will cycle through the stations at different times. While waiting to skate, the Evaluators will mark on the ice where players can stand. For additional information please [click here](#).

Post Assessment

- Players will return their bracelets upon leaving the ice.
- A volunteer will direct the exiting players to their designated dressing area where parents can meet their child.
- Once in the designated area, players and parents can remove helmets, gloves, and skates. Participants must leave the area as soon as possible to allow for the next group to enter.

Important Reminders

- As our environment continues to evolve, we will regularly post up-to-date information on Covid-19 protocol, [click here](#).
- For Hockey Alberta's latest Return to Hockey Plan, [click here](#).
- For the City of St. Albert Rapid Response Plan, [click here](#).
- For up-to-date information, check your division webpage regularly:
 - [U7 \(Initiation\)](#)
 - [U9 \(Novice\)](#)
 - [U9 Atom](#)
 - [U13 Peewee](#)
 - [U15 \(Bantam\)](#)
 - [U18 \(Midget\)](#)
 - [Female Hockey](#)