FALL 2024



Rams Newsletter

HIGHLIGHTING ALL THINGS RAMS LACROSSE



A New Look Awaits

The new Rams logo to be released at the 2024 AGM.

Unlike the April Fools Joke we played a couple seasons ago, this time there *will* be a new logo to present! During the 2024 St. Albert Rams, Annual General Meeting on Oct 24, we will unveil a new logo for the 2025 season going forward. With the sharp increase in young registrations, there has been a need for new jerseys to accommodate all of the players. And having never updating our logo from the inception of the club, the board decided it was the perfect time to update the Rams with a modern new look. So mark it in your calendars and share the momentous occasion with us in person.

LAX FACTS

For the first time in history, Women's Box Lacrosse was played at the World Indoor Championships in Utica, NY for 2024. Ten nations would compete for the Women's title, with the USA bringing home the first Gold Medal.

SHARE WITH US

Have a team, player, coach or event you would like recognized? Email it to <u>marketing@ramslacrosse.ca</u> and you could see it in the next newsletter!

We want to highlight our members, on and off the floor!





2025 AGM is set

Join us Oct 24 2024 and help us shape the future of the Rams.



Get your Gear for 2025

The Rams Apparel Shop is open 24/7 to get you geared up for the 2025 season!



Registration Opens Dec 1 2024

Stay tuned for 2025 Box Lacrosse Registration!



U17A

The U17A team had the cliché up and down season. A strong start had them at the top of the North Division standings, but injuries and the loss of a number of players, would see them fall down the standings to finish up the

season.

Team	GP	w	L	т	PTS	GF	GA	DIFF	ЫМ	Win%	GB	HR
U17 A South												
Red Deer Chiefs U17 A 1	15	10	4	1	21	114	85	29	156	0.700	0	0
Rockyview Rage U17 A 1	15	8	6	1	17	89	72	17	136	0.567	0	0
Calgary Axemen U17 A 1	15	8	6	1	17	108	100	8	167	0.567	0	0
HOKs U17 A 1	15	8	7	0	16	89	76	13	229	0.533	0	0
Calgary Sabrecats U17 A 1	15	5	9	1	11	75	88	-13	198	0.367	0	0
Calgary Hornets U17 A 1	15	5	9	1	11	80	102	-22	127	0.367	0	0
U17 A North												
Posse U17 A 1	15	8	6	1	17	91	76	15	220	0.567	0	0
SWAT U17 A 1	14	8	5	1	17	78	60	18	130	0.607	0	0
Rams U17 A 1	15	6	8	1	13	77	94	-17	164	0.433	0	0
Titans U17 A 1	15	6	9	0	12	82	117	-35	317	0.400	0	0
Crush U17 A 1	15	4	7	4	12	58	71	-13	125	0.400	0	0

U15A

The U15A team struggled to find success in the standings this season. The Titans were clear leaders in the 3 team division, but the Posse and North had close, hard battles. The North did find some tournament success, and steadily improved throughout the season.

Team	GP	w	L	т	PTS	GF	GA	DIFF	PIM	PTS%	Win%	+/-
Titans U15A	10	10	0	0	20	81	37	44	95	1.00	1.000	44
Posse U15A	11	5	6	0	10	52	53	-1	95	0.45	0.455	-1
Rams U15A	10	1	9	0	2	31	72	-41	52	0.10	0.100	-41

U13A

The U13A found a great improvement from the previous season. They were able to stack some wins over the course of the season, while managing to improve with every game. They would remain in the mix all season but would eventually fall to the Titans.

Team	GP	w	L	т	PTS	GF	GA	DIFF	PIM	PTS%	Win%	+/-
Titans U13A	15	15	0	0	30	168	39	129	130	1.00	1.000	129
Rams U13A	16	5	10	1	11	69	112	-43	195	0.34	0.344	-43
Warriors U13A	14	5	9	0	10	77	107	-30	174	0.36	0.357	-30
Posse U13A	15	4	10	1	9	72	128	-56	137	0.30	0.300	-56



THE JR. LADIES DRILLER HOST A FEMALE ONLY CAMP

The Rams are proud to have partnered with the Jr. Ladies Drillers of the RMLL to host a <u>female only development camp</u>.

The camp is open to all female players in the U13, U15, U17 age groups, and from all clubs in the GELC. Join the Drillers Monday nights at Servus Place starting in October for all 8 sessions.

Head to the <u>Drillers website</u> for more information and to sign up!



FALL 2024

Where did the season Go?

With the spring and summer gone in an absolute blur, lets take a few moments to review and recognize some of the amazing things that happened with our Rams. Or what we can remember...

For some the season seems to long, and for some it seems to short. Some seasons end on emotional highs, while others end in disappointment. But after coaches get a week of rest, and refs have some peace and quiet. And while Parents already become irritated with the amount of video games being played, and the players start to miss their team mates, the common feeling becomes " I wish there was still lacrosse"!! Let's take a look at how the season was, and how some never even stopped!







MINOR LACROSSE SWAT AUST



Rams Dynamic Duo Separated

Rams Alumni <u>Mathieu Gautier</u> and <u>Ronin</u> <u>Pusch</u> grew up playing all their Minor Lacrosse together. They played for the Rams, and were even part of the transition from the Rams "A" program to the North "A" program. That graduated them into playing Jr. A together, which granted them the opportunity to be drafted into the NLL under the same draft class. Not only were they drafted in the same year, they were drafted to the same team, and would get to continue their careers playing together at the professional level. Following their second pro season, they would continue as a pair,

both suiting up for he <u>Victoria Shamrocks</u> of the <u>WLA</u>, where for the first time in the 100+ year history of the league, would go undefeated through the regular season. A strong play off push would earn them the WLA championship and a berth into the <u>Mann Cup</u>, the Sr. A National Championship. The Shamrocks would eventually lose the best of seven series to the host team, <u>Six Nations Chiefs</u> in 5 games.

DISPERSA DRAI	RES	ULTS
1 WILL MALCOM		21 COLIN SHARKEY
2 JONATHAN DONVILLE	12 ELIJAH GASH"	
	13	
4 RYAN SHERIDAN	14 ANTHONY MALCOM	
5 MATHIEU GAUTIER	15 BRENT MITCHELL	25 CALLUM CRAWFORD
	16 DYLAN HUTCHISON"	26 BRANDON GOODWIN
7 PHIL CAPUTO	17 CONNOR SELLARS	
	18 RONIN PUSCH	•
9	19 JUSTIN MORGAN	
	20 EVAN MESSENGER	



The event, though clouded with great controversy over affiliations, <u>Lacrosse Canada</u> Rulings and 3rd party appeals, would provide us with Canadian Lacrosse being played at the highest and most entertaining level. Both teams fielded star studded line ups, that could have been mistaken for an NLL all star game. Gautier and Pusch would be the first Rams to ever take part in the coveted Canadian Championship.

However, due to poor attendance in Fort Worth Texas, it was announced during the WLA Playoffs, that the <u>Panther City Lacrosse Club</u> of the <u>NLL</u> would cease operations and a dispersal draft would happen right before the opening of NLL free agency.

This is where, for the first time in their competitive careers, the two Rams would be separated. Gautier was selected by the <u>Calgary Roughnecks</u>, to supplement the offense that they have lost over the last couple seasons and Pusch was selected by the <u>Vancouver Warriors</u> to help bolster their strong defensive core, while bringing an improvement in the face off circle. Both players are expected to have a strong 2025 season!

Getting Social with Lacrosse

Rams Alumni Unite



The dispersal of the Panther City Lacrosse club had the Roughnecks picking up <u>Mathieu Gautier</u> with the 5th pick in the dispersal draft. That

seemed to have lead to a flood of St. Albert Rams joining the 'Necks. They followed up Gautier by signing free agent <u>Erik Turner</u>, then made a trade to acquire gritty defender <u>Jackson Ganton</u> from the the <u>Wings</u>. So can we still consider Calgary the enemy?

History Almost in the Making

41 comments 46 shar



The 2024 <u>World Box</u> <u>Lacrosse Championship</u> brought us the first international <u>Women's</u> <u>competition</u> in the tournaments history. Ten Nations from all over the world competed against each other for the first time on the

international stage. The <u>Canadian Women</u> would reign supreme during round robin play, finishing with a combined score of 165-5. However when it came to crunch time, Canada could not hold off a fierce comeback from the <u>USA</u> and would fall 10-7 having to settle for the Silver Medal. The inaugural Womens competition was held in Utica, NY and highlights the significant growth our sport is seeing on the female side of the game. And with <u>LA28</u> on the horizon, it will only get bigger and better from here.

Local Players Getting Recognized and Drafted

The 2024 NLL entry draft was held Sept 15 2024. For the Rams, the highlight was seeing Rams Alumni and Junior A Miner, Tyden Redlick selected 84th overall all by the <u>San Diego Seals</u>. 2024 would prove to be a greatly successful year for <u>GLEC</u> Alumni. Check out the local talent that will get their crack at the pros!!

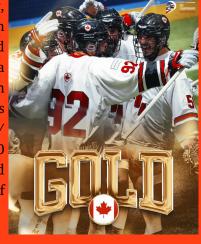
12		Jacob Power
25	XX	Reese Barnes
37	XX	Charlie McFadden
49	XX	Marcus Needham
84		Tyden Redlick

For the entire 2024 draft list, check out the <u>Draft</u> <u>Central</u> Page at NLL.com.

Canadian Men Remain Perfect

For the first time since the inception of the World Box Lacrosse Championships in 2003, we saw a shuffle of the podium. Historically the Haudenosaunee laid claim to Silver, While <u>USA</u> would take Bronze. However, this year a feisty and athletic USA team, would take down the storied Haudenosaunee in the semi finals and have their chance at the Gold Metal vs. Canada. <u>Canada</u> would resume its podium dominance with

a 13-7 victory, claiming their 6th consecutive gold medal. Canada remains unbeaten in the tournament's history with a win/ loss record of 35-0 and a goals for and against ratio of 671-212.



Winter Lacrosse Programming

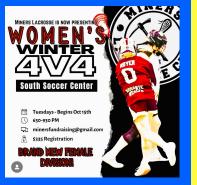
The <u>Parkland Posse</u> are hosting their annual 4 on 4 <u>Fall Classic Tournament</u> Nov 2-3 at the Spruce Grove Tri-Leisure Centre. The event is open to U13/ U15/U17 and Jr. Co-ed age groups





The Miners winter 4 on 4 league returns Tuesday Nights. Open to all Jr, Sr and 2009 birth year U17 players. Head to their <u>Insta</u> for more info.

The Miners will host the first Female 4 on 4 winter league as well this year. Head to their <u>Insta</u> for all the details.



THE CRUDE LACROSSE CLUB FUNDE WINTER DROP IN OPEN TO ALL ANNOR, BRING MUNDAY OCTOBER 14th, 2024 9:00 PM SERVUS PLACE 4:00 CAMPBELL ROAD, ST. ALBERT SID FOR 2D ADD TIMES 9:00 PER FLOOR TIMES If your looking for an opportunity ot play at a higher pace, but without the full team commitment, check out the <u>Crude's</u>

<u>Monday night drop-in</u>. Open to all U15 and up players.

Important Upcoming Dates

Oct 21 @ 7:30 - Drillers Female Camp Starts

Oct 24 @ 7:00 - Rams AGM

Nov 2/3 - Posse Fall Classic Tournament



Parents Challenge!!

Common CLA Lacrosse rules and regulations that maybe you didn't know.

Rule 43 - Face Off's

(c) Players taking the face-off shall place the frames of their sticks flat along the playing surface at right angles to the length of the box. The open face of each player's stick shall face his/her goal, and his/ her feet shall not cross the parallel lines at the faceoff circle until the ball has left the 60.96cm (2') face-off circle.

(h) When the ball is being faced-off, only the two players facing-off are allowed in the center zone. If another player enters the center zone before the ball leaves the 60.96cm (2') face-off circle, possession shall be awarded to the non-offending team.