

Rams Newsletter

HIGHLIGHTING ALL THINGS RAMS LACROSSE



Players Flood the Floor as our Winter Camp Opens for 2024

Droves of enthusiastic kids entered their respective schools January 8th, after what seemed like and endless holiday break. But much to the chagrin of said schools, the enthusiasm came from the anticipation of having a lacrosse stick in their hands again and being back on the floor with their friends.

Coach Todd and his crew lead over 100 players back on to the floor and through the paces of a pre-season run. Join the Rams every Monday evening and let the excitement build for the 2024 season.

LAX FACTS

Lacrosse is growing exponentially across the globe, as now over 50 nations have a National Lacrosse Program. The 2025 U20 World Championships are being held in Korea, the 2026 Women's and 2027 Men's Championships are being held in Japan.

SHARE WITH US

Have a team, player, coach or event you would like recognized? Email it to <u>marketing@ramslacrosse.ca</u> and you could see it in the next newsletter!

We want to highlight our members, on and off the floor!

FOLLOW THE RAMS

FACEBOOK INSTAGRAM YOUTUBE WEBSITE



Track the Pros Follow the Rams and North alumni who are currently playing in the NLL



Get your Rams gear for 2024 The Rams apparel shop is open 24/7 to get you geared up for the 2024 season



Registration is open for the 2024 season Follow the link to sign up for the 2024 season!

Take Your Game On The Road

We continue to see our Rams and North players working hard to expand and improve their game, and when there is no Lacrosse to be had locally, some are not scared to pack their bags and take their game on the road.



Rams goalie Charlie Graham helped backstop the <u>PacBox Allstars</u> win gold in the <u>Las Vegas Box invitational</u>. North Lacrosse players Fernando Runco and Erik Tompkins too the High School Teams to a silver medal finish.

Rams alumni and current NLL player <u>Erik Turner</u> works with the Pacific NW Lacrosse program helping develop box lacrosse players south of the boarder.

A handful of Rams/North players broke up the holiday break with a trip down south to attend the <u>Roughnecks Academy</u>. The two day camp ran the players through a skill and drills/training session

followed by a full scrimmage each day. Logan, Lucas, Charlie, Eric and Bryder found themselves getting instruction from some of the Roughnecks and NLL's most prominent players. Included in the camp were tickets for the players to check out the <u>Roughnecks</u> home opener against the <u>Las Vegas</u> <u>Desert Dogs</u>. The players got to cheer on Rams Alumni Erik Turner as he made his season debut for the Dogs, who would eventually fall 17-11 to the Roughnecks.



To bring in the new year, Rams/North players, Liam, Bryder, Charlie and Eric helped carry the Blueberry Bulldogs to a U17 Gold Medal at the <u>Frozen Fours</u> 4v4 tournament in Red Deer Jan 6 and 7th.



Have you been keeping up with the Rams and North Lacrosse Alumni as they progress through the NLL season? Follow our socials to see how our home grown players fair up each week.



NORTH ZONE "A" TRY-OUT DATES RELEASED

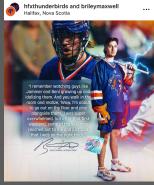
Sun Feb 11 - Edmonton East Soccer Centre Thur Feb 15 - Edmonton East Soccer Centre Sat Feb 24 - Dow Centennial Centre - Ft. Sask Sun Feb 25 - DOW Centennial Centre - Ft. Sask Our next crop of potential pro level players will have the chance to showcase their talent in a bid for the 2024 "A" level teams. If you think you have what it takes to represent the Rams as part of the North Zone "A" Team, make sure

you get to the <u>tryouts</u>. If you would like more information on the "A" Division, Reach out the our Director of player Development, <u>Trevor Graham</u>.



JANUARY/ FEBRUARY 2023

Getting Social with Lacrosse



After hitting the floor for his first NLL game in week 7 against the Toronto Rock, where he earned an assist on the T-Birds first goal of the Game, The Halifax P.R. Team sent out a glowing article about North Lacrosse Alumni, Briley Maxwell. Read how confidence and risk can sometimes be the

recipe for success, and the importance of an optimistic view on all possible outcomes.





If you're looking for something Lacrosse related to make you chuckle, check out <u>nllmemes</u> on Instagram. Every week hilarious takes ride right on the edge of the line from the previous weekend of Lacrosse.



Jan 31, the Desert Dogs posted to Social Media about the Release of Rams Alumni Erik Turner. We wish Erik a quick turn around and look forward to seeing him back on the floor soon in some new colors!



 2011 Recipient GELC Officials Award

• 2014 Recipient of the ALA's highest honour of service to the sport of lacrosse, the James McFall Award.

Thank you Lee Carlyle, you will be missed.

Career Highlights - Player

- areer Highlights Player Started plaging lacrosse in Edmonton in 1970 for the North Glenora Blues Junior team 1971 Represented Alberta at the Western Canada Junior B Playoffs in Regina Saskatewan
- 1972 1974 Played Senior for the St. Albert Golden Jets
- 1975 Won the President's Cup in Magog Quebec playing for Edmonton Fullers

Career Highlights - Official

- 1978 Commonwealth Games Edmonton AB 1989 -Bantam Nationals Edmonton AB Referee-in-Chief 1985 & 1991 Midget Nationals Edmonton AB
- Referee-in-Chief 1982 Juvenile Nationals Edmonton Alberta
- 1989 North American Indigenous Games Edmonton AB
- 1981, 1996 & 2009 Founder's 1996 Edmonton Alberta Referee-in-Chief 2009 Beaumont Alberta Disipine Committee
- 1989, 1990, 2001, 2002 President's Cup
- 2005 & 2008 Minto Cup 2007 World Indoor Lacrosse Championship Halifax NS 1991 & 1995- Ross Cup

1982 - 1986 Referee-inChief of the Alberta Lacrosse Assosiation

Coaching • 1992 – 1994 Coach/Assistant coach with the West Edmonton Blues Lacrosse Organization

The Rams are extremely saddened by the passing of local Lacrosse Legend Lee Carlyle. Lee was a highly decorated, respected and dedicated official who started his career locally.

As recent as last season, you'd find Lee taking in local Lacrosse, from the minor age groups, into Jr. and Sr. Ball, even taking in Masters games. Wherever Lee stopped by, the smiles were abundant, and the laughs were loud. Lee will be missed by many!

March Coach Clinics GELG GOAGH GLINIGS **REGISTRATION OPEN** Registration is now open for Community Development and **Competition Introduction** WWW.GELC.AB.CA SIGN UP

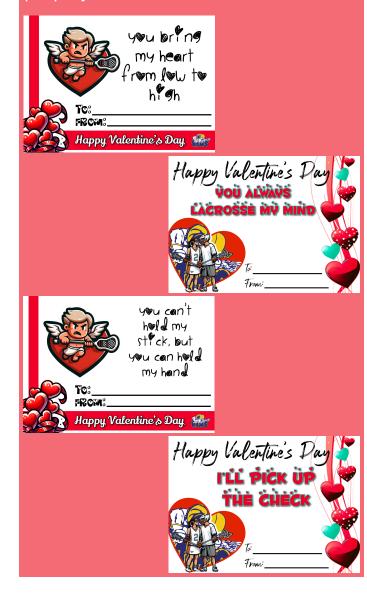
2024 COACHING CLINICS HAVE BEEN POSTED

In an attempt to provide more options for coaches to become properly certified for the 2024 season, the GELC has offered some early season clinics. You can check out the Coaching Information on the Rams webpage to see what credentials are needed for the age group your interested in coaching. Then head to the GELC site to register.



Rams Valentine's Day Cards Are Back

If your looking for a cheeky way to share your feelings with that special someone, or like to have a laugh with your friends, the Rams have you covered. Check out some of the Rame Valentine's cards we've got for your and head to the website where you can print off your own sheets to hand out to the people you care about!



Important Up Coming Dates

Feb 3/4 - ALA Development Camp Feb 5 - Rams Winter Drop in Camp 6pm-7pm - U7/U9 7pm-8pm - U11/U13 8pm-9pm - U15/U17 Feb 11 - North Zone "A" Tryouts 5pm-6pm - U13 6pm-7pm - U15 7pm-8pm - U17 Feb 12 - Rams Winter Drop in Camp 6pm-7pm - U7/U9 7pm-8pm - U11/U13 8pm-9pm - U15/U17 Feb 15 - North Zone "A" Tryouts 8pm-9pm - U15 9pm-10:30pm - U17 Feb 19 - Rams Winter Drop in Camp 6pm-7pm - U7/U9 7pm-8pm - U11/U13 8pm-9pm - U15/U17 Feb 24 - North Zone "A" Tryouts 9am-10am - U13 10am-11am - U15 11am-12pm - U17 Feb 25 - North Zone "A" Tryouts 4pm-5pm - U13 5pm-6pm - U15 6pm-7pm - U17 Feb 26 - Rams Winter Drop in Camp 6pm-7pm - U7/U9 7pm-8pm - U11/U13 8pm-9pm - U15/U17 Mar 4 - Rams Winter Drop in Camp 6pm-7pm - U7/U9 7pm-8pm - U11/U13 8pm-9pm - U15/U17 Mar - 10 - GELC Com Dev Coach Clinic 9am - 4pm Mar - 16/17 - GELC Comp Intro Clinic 9am - 4pm