



Rams Newsletter

HIGHLIGHTING ALL THINGS RAMS LACROSSE



The season is officially underway!

With a handful of games already in the books, the 2023 Box Lacrosse Season is fully under way.

The Jerseys have been assigned and the captains have been named. Coaches have started to execute their game plans while gauging their teams successes. And judging by the size of the smiles on the players as they leave the dressing room post game, a complete success it's been! The first 2 weeks of the 2023 season are now in the books as teams start to get into a rhythm, looking to maintain pace throughout the entire season. With the game rust shaken off, we turn our attention to May tournaments and the excitement they bring!

LAX FACTS

Before French Settlers coined the name Lacrosse, History has recorded the original name of the sport as "Baggataway"

SHARE WITH US

Have a team, player, coach or event you would like recognized? Email it to marketing@ramslacrosse.ca and you could see it in the next newsletter!

We want to highlight our members, on and off the floor!

FOLLOW THE RAMS

 FACEBOOK

 INSTAGRAM

 YOUTUBE

 WEBSITE



2023 ALA Tournament Schedule Released

Click to find out what tournaments are being hosted in Alberta this season.



Get your Gear for 2023

The Rams Apparel Shop is open 24/7 to get you geared up for the 2023 season!



Registration is open for the 2023 season

The Rams continue to take registrations until May 15.

NORTH

2023 North Zone Team Highlights

U17A

The [U17A North](#) started their 2023 campaign with a preseason match up in Calgary where they fell 14-10 to the Hornets. But when the regular season started, they opened with a 6-5 win over the Titans.

Team	GP	W	L	T	PTS	GF	GA	DIFF	PIM	Win%	GB	HR
U17 A South												
HOKs U17 A 1	4	3	0	1	7	30	26	4	54	0.875	0	0
Calgary Hornets U17 A 1	5	3	1	1	7	50	37	13	59	0.700	0	0
Red Deer Chiefs U17 A 1	4	3	1	0	6	32	22	10	58	0.750	0	0
Rockyview Rage U17 A 1	5	2	2	1	5	35	31	4	55	0.500	0	0
Calgary Sabrecats U17 A 1	4	1	3	0	2	19	31	-12	52	0.250	0	0
Calgary Axemen U17 A 1	4	1	3	0	2	25	29	-4	81	0.250	0	0
U17 A North												
Edmonton Warriors U17 A 1	4	3	1	0	6	24	23	1	46	0.750	0	0
Sherwood Park Titans U17 A 1	4	1	2	1	3	25	20	5	82	0.375	0	0
Edmonton North U17 A 1	4	1	3	0	2	23	34	-11	93	0.250	0	0
Parkland Posse U17 A 1	3	0	3	0	0	12	25	-13	59	0.000	0	0
SWAT U17 A 1	0	0	0	0	0	0	0	0	0	0.000	0	0

U15A

The [U15A North](#) started their season off with a wild back and forth game against the Titans coming out on top 8-7. They followed it up with a come from behind tie with the Crush 9-9. The U15A's will start May off with the Timberfest Memorial Tournament in Calgary from the 5th to 7th.

Team	GP	W	L	T	PTS	GF	GA	DIFF	PIM	PTS%	Win%	+/-	GB	HR
Posse U15A	2	2	0	0	4	18	7	11	25	1.00	1.000	11	0	0
Rams U15A	2	1	0	1	3	16	15	1	40	0.75	0.750	1	0	0
Crush U15A	2	0	1	1	1	11	16	-5	18	0.25	0.250	-5	0	0
Titans U15A	2	0	2	0	0	11	18	-7	16	0.00	0.000	-7	0	0

U13A

The [U13A North](#) had a rough start to their season with a 13-1 loss to the Posse. The U13A's look to get their first notch in the win column as they also head south for the Timberfest Memorial.

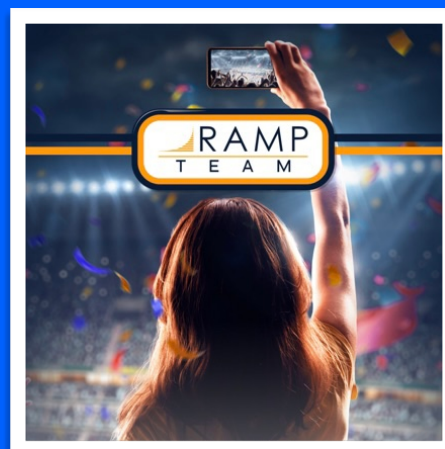
Team	GP	W	L	T	PTS	GF	GA	DIFF	PIM	PTS%	Win%	+/-	GB	HR
Titans U13A	2	2	0	0	4	12	5	7	22	1.00	1.000	7	0	0
Posse U13A	1	1	0	0	2	13	1	12	6	1.00	1.000	12	0	0
Rams U13A	2	0	2	0	0	3	21	-18	15	0.00	0.000	-18	0	0
Crush U13A	1	0	1	0	0	3	4	-1	10	0.00	0.000	-1	0	0

TEAM RAMP FOR PARENTS AND COACHES

By now all players parents and coaches should have to their teams ramp page on the rams website and to the Ramp Team App.

Coaches/Managers: You'll use the web portal to manage your rosters and Ramp Team Access. You'll enter and confirm game sheets and can add non-league games and team events into the schedule.

Parents: You'll be able to view the schedule, RSVP to games and practices and you'll be able to interact with the team in the chat.



Obstacles only make the reward that much better!

Sometimes it feels like it's over before it starts. But that's a decision only you can make.

After setting a [Crude Lacrosse](#) Club Jr. B record for points in a season and getting accepted into an Ivy League School with a Division One Lacrosse Program, [Erik](#) was on the path he pictured as a young child aspiring to become a professional Lacrosse player.

Although he reached his goal, his path was not exactly that which he had pictured. After a successful Lacrosse career and education at [Cornell University](#), Erik was passed over in the the 2016 NLL Entry Draft. Following that disappointment he returned home, where he starting working with minor Lacrosse Clubs while trying to figure out his next step.

In 2018 he found his next opportunity, getting an invitation to training camp with the [Coquitlam Adanacs](#) of the [WLA](#). After making an impact to this historic franchise in training camp, Erik tore his ACL in the first pre-season game ending his season. He was forced to spend the remainder of that year rehabbing his knee.

When he was able to get back on his feet, he continued to work with local clubs, where he came

and ran the Rams Winter Camp, teaching young players our wonderful game.

In 2019, all that work and dedication paid off, when he signed his first NLL contract with the [Colorado Mammoth](#). He dressed for a couple games, but this opportunity was also short lived, as the season would be cut short due to the COVID 19 pandemic, where play was paused for 18 months.

He would finally get his chance with a new contract for the 2022 season. Erik found himself on the full time roster, dressing for all but one game in the regular season. He got the nod for one playoff game, where he made his mark scoring in transition, helping the Mammoth achieve the 2022 NLL Championship!!

Cont pg 5...



DRESSING FOR THE LAS VEGAS DESERT DOGS IN 14 THIS SEASON, ERIK HAS SCORED 4 GOALS AND 2 ASSISTS FOR 6 POINTS IN TRANSITION. IT'S HIS DEFENSIVE PROWESS THAT HE HANGS HIS HAT ON, COLLECTING 53 LOOSE BALLS, 11 CAUSED TURN OVERS AND HAS SOAKED 10 SHOTS. WITH A LATE SEASON ROLE CHANGE, HE'S ALSO GONE 6 FOR 12 IN THE FACE OFF CIRCLE AS WELL. BE SURE TO CHECK ERIK OUT ON INSTAGRAM AND TAKE ONE OF HIS MAD MINUTE WALL BALL CHALLENGES!

 @erikturner4

2023 World Lacrosse Men's Championship Tournament

Team Canada Roster Announced



The [2023 World Lacrosse Men's Championship](#) will be held June 21 - July 1 2023 in San Diego, California. 30 teams from around the world will assemble on the sunny confines of the University of San Diego and San Diego State University.

Opening ceremonies will take place at SDSU's brand new Snapdragon Stadium, after the Tournament opening game between the reigning champion [USA](#) and silver medalist [Canada](#).

The teams will be broken up into 6 pools and work through the grueling 6 day round robin schedule before the playoff rounds starting June 27. Keep posted to [Lacrosse Canada](#) to find out how to watch the tournament and cheer on team Canada.

Rams Alumni, Dave Maresse will lead Team [Korea](#) into Pool F as an Assistant Coach, having worked with Korea since 2019 to help develop their international Lacrosse Program. We wish him the best of Luck!



2023 MEN'S WORLD CHAMPIONSHIP

26-PLAYER ROSTER

MIDFIELD

Wes BERG
Zach CURRIER
Graydon HOGG
Thomas MCCONVEY
Clarke PETTERSON
Challen ROGERS
Dhane SMITH
Dyson WILLIAMS
Casey WILSON
Jake WITHERS

GOAL

Caleb CREASOR
Brett DOBSON
Dillon WARD

ATTACK

Josh BYRNE
Curtis DICKSON
Connor FIELDS
Ryan LEE
Jeff TEAT

DEFENSE

Owen GRANT
Latrell HARRIS
Graeme HOSSACK
Brodie MERRILL
Ryland REES
Patrick SHOEMAY
Cameron WYERS

FACE OFF

Justin INACIO

U15A String Time

Coach Carter showing the U15A players how to string their own sticks.



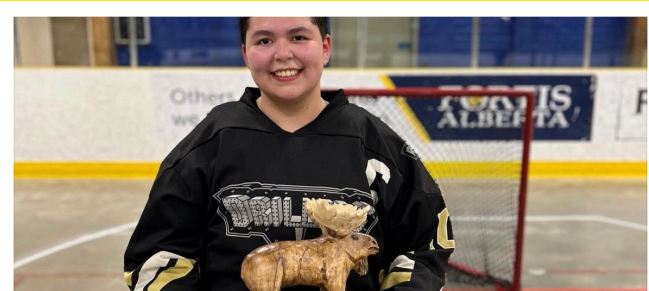
Photo Day Fun

Rams players do their best to strike a pose during their individual photos on picture day.



Drillers Pay Homage

On April 22 the [Jr. Women Drillers](#) named Captain Brittney Howse the inaugural winner of the [Moose Award](#).



Getting Social with Lacrosse



The Jr. A Miners 2023 season schedule has been released. With the Minto Cup being hosted in Edmonton this year, you can expect all of the Alberta based teams to load up with talent, that will surely provide a summer of extremely exciting Jr. A lacrosse!



Perennial Presidents Cup favorites, the Sr. B Miners take the floor to open their 2023 season on May 13th. You can catch all home games at Bill Hunter Arena. The 2023 Presidents cup will be hosted in Oakville Ontario, by the Rock.



The Lacrosse community is extremely saddened to hear about the passing of Jackson Porter. Jackson played for the Jr. B Rebels and the Porter family has been a staple in the lax community. We send our deepest sympathies.



For the first time in franchise history, the Panther City Lacrosse Club will enter the NLL Play-offs. In a come from behind win against the Vancouver Warriors, Mathieu Gautier scored the game tying goal to help clinch their spot in the post season. Good luck Mathieu and Ronin!!

KNOW THE PROS!

Gettin' Puschy

Fresh off his second NLL game where he went 6 for 9 in the face off dot against Calgary on April 8. Ronin celebrated his 21st Birthday April 11.



*photo credit PCLC Social Media

A Fresh Start

Dean Fairall made his Vancouver Warriors debut in a tight 9-8 loss against Panther City during week 20 in the NLL.



Liked by ninjadoc and 282 others
22deano11 Not the result we were looking for but felt great suiting up for the first time with the @nllwarriors. Looking forward to the next opportunity to play in front of these great fans!

Erik Turner is at The Dollar Loan Center.
3d · Henderson, NV, United States ·
Still inspired from an incredible evening with @greteryouthsports ! I was fortunate enough to be included in a panel of speakers as part of their... See more



Erik Turner took part in a speaking panel at the Annual Greater Youth Sports Association Character and Awards night. GYSA is a non-profit organization based out of Las Vegas, making sports accessible for all children.

A SHORT LIVED CELEBRATION

Following the 2022 NLL Championship, all things seemed to falling into place. Increased floor time, playoff scoring, playing with other local Edmonton and Alberta based players, what more could a player ask for? There were even some off season moves, that this author thought would be the moves needed to create a curated spot for Erik on the Mammoth.

But the 2023 season would introduce a new club to the NLL. The [Las Vegas Desert Dogs](#). Though Erik was not selected by the Dogs in the expansion draft, he was quickly acquired in a trade with Colorado, where they traded Erik and Sam Firth to the Dogs for Brett McIntyre, the player Vegas originally selected.

Erik took this exciting opportunity and made the absolute most of it. He has made himself a mainstay in the line up as a defensive stalwart, and is always a threat on transition where he's scored all of his goals. He has made Vegas his home during the season, working with local schools and Lacrosse clubs, mentoring a fresh and young Lacrosse community in Las Vegas.

You'll find Erik in much of the social media content the Desert Dogs release, including the very first episode of [Building the Pack](#); a docu-series highlighting the team and players.

When back home in Edmonton, you will still find Erik hanging out at the local arena's working with players and watching kids he's helped along the way. Supporting local clubs and just being a fan of Lacrosse.



Important Dates in April

May 3/4 - GELC Community Dev Clinic

May 11 - Rams Executive Meeting

May 13/14 - GELC Competitive Intro Clinic

May 15 - ALA Box Registration Closed

May 27/28 - Team AB U17 Edm ID Camp

Parents Challenge!!

Common Lacrosse Canada rules and regulations that maybe you didn't know.

Rule 33 - Boarding

(a) A major Penalty shall be assessed to a player/goalkeeper who body-checks, cross-checks, trip, pushes or otherwise causes an opponent to be thrown violently into the boards (**Modified 2013**)

NOTE: Rolling of an opponent's ball-carrier along the boards he/she is trying to go through too small of an opening is not boarding.

(b) If the check was a reckless and endangering play the player/goalkeeper, a match penalty shall be assessed.