

Restrictions & Guidelines during Covid-19

Outdoor sports and recreational facilities

This outline of requirements, deemed applicable to the Stanley Park Optimist Ball Program, has been taken from a much more extensive list. All requirements are subject to change based on further direction and/or guidance from the Province. Refer to page 2 for more details.

IF THE KITCHENER AREA IS DESIGNATED GREY (“LOCKED DOWN”), THERE WON’T BE ANY VALID PERMITS FOR SPORTS ORGANIZATIONS TO USE CITY FACILITIES SO WE CAN’T PLAY.

In effect for Kitchener (**RED ZONE**):

- Face coverings are required except for athletes when exercising or playing sports.
- Mandatory active screening*, contact information and attendance for all patrons is required to be recorded at each event with records retained for at least 30 days.
- Outdoor capacity of 25 people per space, including all participants, coaches, trainers and guardians. Generally, no spectators permitted, however each person under 18 may be accompanied by one parent or guardian.
- Activities that are likely to result in individuals coming within 2 metres of each other are not permitted; no contact is permitted for team or individual sports. Everyone must maintain 2 metres physical distancing at all times.
- For all team sports, scrimmages and games are not permitted.
- A [safety plan](#) is required to be prepared and made available upon request

* Screening of patrons is required, in accordance with [instructions issued by the Office of the Chief Medical Officer of Health](#)

If the Kitchener area is designated as an **ORANGE ZONE**:

The restrictions are the same as for RED except:

- Team or individual sports must be modified to avoid physical contact; 50 people per league

If the Kitchener area is designated as a **YELLOW** or **GREEN ZONE**:

The restrictions are the same as for ORANGE except:

- There can be up to 100 people in attendance, including spectators.

Attendees

The organization must keep a record of everyone (including names, contact information, dates and times) who attends each event in any capacity. These records, retained for 30 days, must comply with any applicable retention and privacy requirements and could support case and contact tracing by the local public health unit the event of an outbreak.

Anyone who becomes unwell while at the facility should be instructed to immediately self-isolate and separate themselves from others. They should be told to go home immediately (if possible, with private transportation, avoiding taxis, ride shares, and public transit) and encouraged to get tested.

Capacity

The total number of spectators permitted to be at the facility at any one time is limited to the number of people that can maintain a physical distance of at least 2 metres from every other person in the facility, and in any event can't exceed 50 spectators indoors or 100 spectators outdoors. The general capacity limits for indoors apply on a per room basis, and the general capacity limits for outdoors apply on a per area basis, including areas for spectators.

Distancing

Develop procedures that allow for uncongested entry and exit (e.g., dedicated one-way entry and exit pathway for each activity area). Designate responsible volunteers to oversee the physical distancing and any line-ups of participants and attendees.

Equipment

Participants are encouraged to bring their own equipment, if possible (e.g., yoga mat, ball, ball, helmet, mask, glove, racket, towels). There should be limited use of shared equipment or shared activities.

Fitness and sports equipment should be cleaned and disinfected frequently, such as between uses or at the end of play. This includes free weights, weight machines, treadmills, rowing machines, stationary bikes, classroom areas, balls, rackets, gloves, and other sports gear - including having a dedicated worker to ensure cleaning between uses.

Cleaning & disinfecting

Utilize only cleaning and disinfectant products that have a Drug Identification Number (DIN), are not expired, and are appropriate for use on the item that is to be cleaned and disinfected. Low-level hospital grade disinfectants may be used. Always follow the manufacturer's instructions.

Refreshments

Encourage everyone to bring their own refreshments. Limit the use of water fountains to be used only to re-fill water bottles; individuals are not to drink directly from them.