



SMHA 2022-23 REGULAR SEASON PRACTICE SCHEDULE

U7	Tuesday 4:15-5:00PM	Friday 5:15-6:15PM
U9	Monday 4:15-5:15PM Friday 6:15-7:15PM	Wednesday 4:15-5:15PM Saturday 8:15-10:15AM
U11F	Tuesday 6:30-7:30AM	Thursday 4:15-5:15pm
U11A	Tuesday 6:30-7:30AM	Thursday 5:30-6:30PM
U11B	Monday 5:30-6:30PM	Wednesday 6:30-7:30AM
U11C	Tuesday 5:15-6:15PM	Friday 6:30-7:30AM
U13 F	Tuesday 7:00-8:00PM	Thursday 6:30-7:30AM
U13A	Tuesday 6:30-7:30PM	Thursday 6:30-7:30AM
U13B	Monday 6:45-7:45PM	Wednesday 6:30-7:30AM
U13C	Wednesday 5:30-6:30PM	Friday 6:30-7:30AM
U15 F	Wednesday 6:30-7:30PM	Thursday 7:45-8:45PM
U15A	Tuesday 8:15-9:15PM	Thursday 8:00-9:00PM
U15B	Tuesday 7:45-8:45PM	Thursday 6:30-7:30PM
U18A	Monday 8:00-9:00PM	Wednesday 9:00-10:00PM
U18B	Tuesday 9:00-10:00PM	Wednesday 8:00-9:00PM
U18 F	Monday 8:30-9:30PM	Wednesday 7:45-8:45PM