



## SMHA 2022-23 REGULAR SEASON PRACTICE SCHEDULE

	RED ARENA	TEAM	BLUE ARENA	TEAM
<b>MONDAY</b>	6:30-7:30 AM	AVAILABLE	6:30-7:30AM	AVAILABLE
	4:00-7:00PM	FIGURE SKATING	4:15-5:15PM	U9 Group1
			5:30-6:30PM	U11B
	7:15-8:15PM	FUN HOCKEY	6:45-7:45PM	U13B
	8:30-9:30PM	U18 Girls	8:00-9:00PM	U18 A
<b>TUESDAY</b>	6:30-7:30AM	U11 GIRLS	6:30-7:30AM	U11 A
	4:15-5:00PM	U7	4:00-6:45PM	FIGURE SKATING
	5:15-6:15PM	U11C		FIGURE SKATING
	6:30-7:30PM	U13 A	7:00-8:00PM	U13 GIRLS
	7:45-8:45PM	U15 B	8:15-9:15PM	U15 A
	9:00-10:00PM	U18 B		
<b>WEDNESDAY</b>	6:30-7:30AM	U11 B	6:30-7:30AM	U13 B
	4:00-6:15PM	FIGURE SKATING	4:15-5:15PM	U9 Group 2
	6:30-7:30PM	U15 Girls	5:30-6:30PM	U13C
	7:45-8:45PM	U18 Girls	6:45-7:45PM	PUBLIC SKATING
	9:00-10:00PM	U18 A	8:00-9:00PM	U18 B
<b>THURSDAY</b>	6:30-7:30AM	U13 GIRLS	6:30-7:30AM	U13 A
	4:15-5:15PM	U11F	4:00-6:15PM	FIGURE SKATING
	5:30-6:30PM	U11 A	6:30-7:30PM	U15B
	6:45-7:45 PM	FUN HOCKEY	7:45-8:45PM	U15 GIRLS
	8:00-9:00PM	U15 A		
	9:15-10:15PM	FUN HOCKEY		
<b>FRIDAY</b>	6:30-7:30AM	U11 C	6:30-7:30AM	U13C
	3:30-6:00PM	FIGURE SKATING	5:15-6:15PM	U7
	6:15-7:15PM	U9 G1/G2 TBD	6:30-7:30pm	AVAILABLE
<b>SATURDAY</b>	8:15-10:15AM	U9 G1 & G2		