

COACHING SHEET

| | | OVE | RVIEW | | | | |
|-----------------------------|-----------|--------------|--------------|-------------|------|--|--|
| Training session No.: Key o | | | Key objectiv | objectives: | | | |
| Date: | | | 1 | | | | |
| Venue: | | | 2 | | | | |
| Age level: | | | 3 | | | | |
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| 1. WARM UP | Duration: | Organiza | tion: | | OTES | | |
| Training program: | | | | - | | | |
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| SUMMARY: | | | | - | | | |
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| 2. MAIN PART | Duration: | Organization | 1: | | | | |
| Training program: | | | | | | | |
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| SUMMARY: | | | | | | | |
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| 3. TRAINING GAME | Duration: | Organizat | ion: | | | | |
| Training program: | | | | | | | |
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| SUMMARY: | | | | | | | |
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COACHING SHEET (WARM UP)

| Duration: | n: Organization: | | | |
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| Training program: | | | | |
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| SUMMARY: | | | | |
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COACHING SHEET (MAIN PART)

| Duration: | Organization: | | | |
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| Training program: | | | | |
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COACHING SHEET (TRAINING GAMÉ)

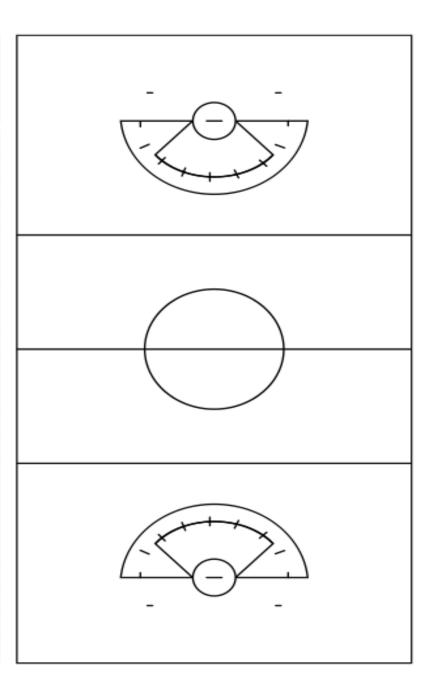
| Duration: | Organiza | ation: | |
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| Training program: | | | |
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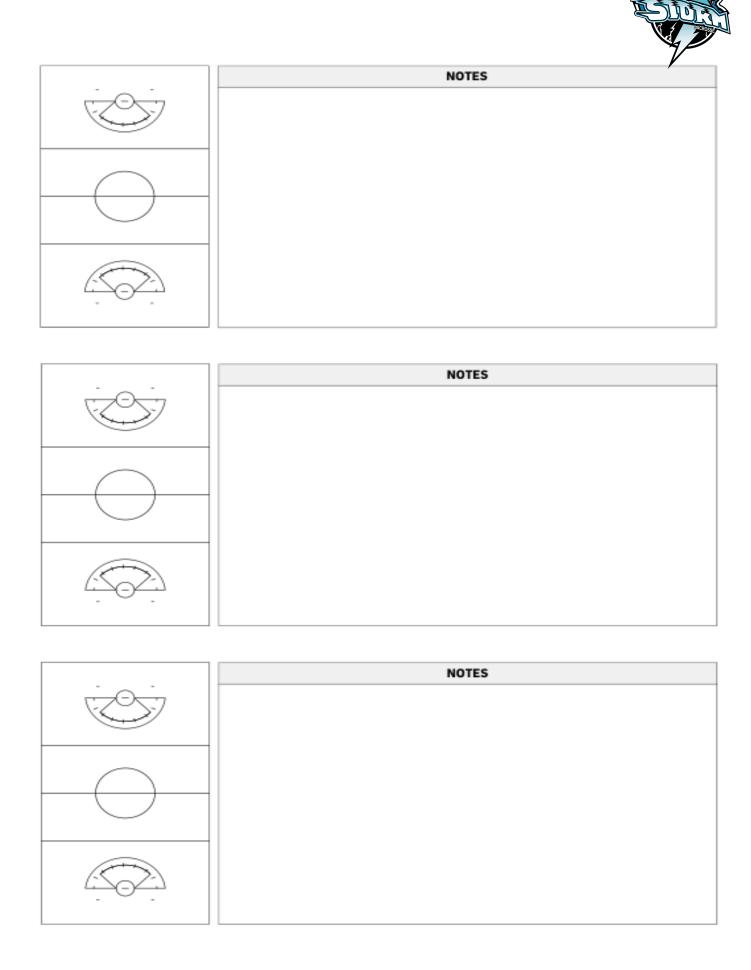
STARTING LINEUP

| Date: | |
|-------------|---|
| League: | |
| vs: | |
| End result: | : |

| End result: | | | |
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| FORMATION | SHIRT NO | | |
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PLAYER EVALUATION

| PLAYER | | | | |
|----------------------|-----------------------|--------------------|-------------|--|
| Name: | Age: | | Position: | |
| Evaluation Date: | Date of Birth: | | Club: | |
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| | ATTRI | | | |
| physical strengths: | physical weaknesses: | | background: | |
| technical strengths: | technical weaknesses: | | rating: | |
| short term goals: | | medium term goals: | | |
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| NOTES | | | | |
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