



Stony Plain Flyers Jr “B” Hockey Club
ACCOUNTABILITY, WORK ETHIC, CHARACTER
50 Years of Junior B Hockey
P.O. Box 2032, Stony Plain, AB, T7Z 1X6
<http://www.stonyplainflyers.com>

The **Stony Plain Flyers** are pleased to invite you to our **fall conditioning camp**. As an organization, we take pride in Accountability, Work Ethic, and Discipline. We want to build our program around players that have a good skill set, compete, bring a high level of intensity, and display good character. We believe in developing players to attain success on and off the ice. Whether you are trying out for the Flyers, U18 AAA or U18 AA, in order to perform your best, it is essential to get on the ice and hone your skills. Flyers try out camp will begin the first week of September, similar to AAA and AA camps.

This conditioning camp is the first step in becoming an elite player as it allows you an opportunity to hone your hockey skills in comparison to other elite hockey players. The camp allows you to showcase your abilities and can provide you a chance to get a spot on the team you are striving to make or the Flyers. The camp will assist players to be in better physical shape for the start of try out camp.

Stony Plain Flyers Coaching Staff:

Randy Perneel – Head Coach	Jay Woodmass – Manager
Sean Nault – Asst. Coach	Laurie Custer – Trainer

Conditioning Camp Dates:

August 23, 24, 2022 - Trans Alta Tri-Leisure Center, Spruce Grove - 9:15 P.M. to 10:15 P.M. – 2 - 1-hour skates
August 30, 31, 2022 – Glenn Hall Arena, Stony Plain – 9:15 P.M. to 10:30 P.M. – 2 - 1.25-hour skates

Registration Process:

1. Complete the registration form below and Hockey Alberta letter of [permission form](#) for minor hockey aged players, or Permission to [Tryout form](#) for Junior aged players. Players 18 years old as of December 31, are not required to complete form unless they played for a Junior team last year. Send completed registration form and permission or try out form by email to jaywoodm@yahoo.ca. Spot will not be held until payment is received.
2. Cost of the camp is \$80.00 per player. Payments can be made by e-transfer to jaywoodm@yahoo.ca. **No Refunds will be given after August 19th, 2022. Registrations will be accepted to August 23, 2022.**
3. Conditioning Camp Schedule will be posted on Stony Plain Flyers web site in early August.
4. Players must wear CHA approved equipment including neck guards and full-face shields.

If you have any questions, please feel free to contact –
Manager - Jay Woodmass at 780-721-1389, or email jaywoodm@yahoo.ca. Or
Head Coach - Randy Perneel at (780) 777-2683.

Randy Perneel
Head Coach
Stony Plain Flyers Junior “B” Hockey Club

Jay Woodmass
Manager
Stony Plain Flyers Junior “B” Hockey Club

FLYERS CONDITIONING CAMP AUGUST 2022

REGISTRATION FORM

PLEASE PRINT CLEARLY

(Complete only if you have not done the on line registration)

NAME: _____

ADDRESS: _____

CITY: _____ PC: _____

HOME PHONE: _____ CELL PHONE: _____

EMAIL ADDRESS: _____

DATE OF BIRTH (DAY/MONTH/YEAR): _____/_____/_____

ALBERTA HEALTH CARE #: _____

PARENTS/GUARDIANS NAMES: _____

TEAM AND LEAGUE FROM 2021-22: _____

HEIGHT: _____ WEIGHT: _____ POSITION: _____

Please Check off

_____ I will be attending the Flyers Conditioning Camp, please secure my spot.

REGISTRATION & PAYMENT OPTIONS:

Send Registration form & letter of permission form with payment to:

EMAIL: jaywoodm@yahoo.ca

MAIL: Stony Plain Athletic Society, P.O. Box 2032, Stony Plain, AB, T7Z 1X6

PAYMENT: e-transfer to jaywoodm@yahoo.ca

If you can not e-transfer, payment may be made by Cheque (Payable to “Stony Plain Athletic Society”)