**SBLA 4 on 4 Fall 2020 Season rules**

* ALL coaches MUST wear masks and gloves while on the bench.
* Officials MUST wear gloves while in the facility
* 10 runners plus 1 goalie per team.
* Goalies must supply and wear their own equipment. NO SHARING OF EQUIPMENT
* 4 runners & 1 goalie per team on the floor at one time
* Faceoff only at the beginning of each period
* 5 min warm up at the beginning of each floor time with 3 - 12 min periods per game and 2 – 2min breaks between periods
* All games will start and finish on time
* If a ball hit the mesh surrounding the floor; it is ruled as going out of play and possession will be rewarded as such.
* 4 penalties result in a game ejection. Player will be allowed to play in next game.
* All penalties result in a penalty shot. CFB penalties are double minors and therefore result in 2 penalty shots.
* Absolutely no fighting. If fighting major is assessed, players are ejected from the game and for the remainder of the season.
* Any major penalty assessed will result in game ejection and 1 game suspension during the 4on4 season.
* When goalie has possession of the ball all opposition players must back off to the attack line before being able to re-enter the zone.
* When goals are scored the opposition players must back off to the ½ line before re-entering the zone.
* Official rules & game play will be given to each team before the first game.
* Players/Coaches/Officials MUST leave the facility immediately following the game
* ALL PLAYERS/COACHES/OFFICIALS MUST sanitize their hands prior to leaving the facility

**Most importantly**

**Play hard, Play fair and have FUN!!!**