

Strathcona Curling Club

2020 - 2021 COVID-19 DOCUMENT

Strathcona Curling Club values the health and safety of all staff and club members, and any others that may utilize the Curling Club facility and strives to ensure this facility and activities within are safe, limiting health and safety risk as is reasonably practicable.

In response to COVID-19 we have developed this document to capture additional measures that we will take to ensure we can proceed safely for our 2020-2021 season.

Purpose: This document is prepared to provide direction for both staff and curling members specific to COVID-19 and the procedures, processes put in place to keep everyone as safe as possible.

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General Information:

Corona Virus continues to be a concern in all communities and it is important that each staff and club member be familiar with general guidelines provided by our Province on recommended behaviours and actions to help each of us remain well and COVID-19 free.

Please ensure you are familiar with proper hand washing techniques, use of hand sanitizer, how to contain a sneeze or cough and are aware of the symptoms (a new cough, sore throat, runny nose, fever, shortness of breath (difficulty breathing)). Please stay home if you are experiencing any of the above symptoms. Seek further advice by completing the self assessment.

<https://myhealth.alberta.ca/Journey/COVID-19/Pages/COVID-Self-Assessment.aspx>

See the posted infographics (appendix # 1)

Background and Resources:

Documents used to create our process are referenced in appendix # 8.

Communication:

As advice and direction may change through the season, in response to changes within the Province of Alberta and as we learn better ways to make our club safer for all updates will be communicated by email. A current copy of the document and any supporting documents will be available on the Strathcona Curling Club website (www.strathconacurlingclub.ca)

Cleaning-Sanitizing Procedures and frequency: see appendices for step by step

A thorough, deep clean and disinfecting of the facility will be done prior to the start of the season.

Chairs, tables, coat racks and all items taken 'out of service' will be removed and stored or roped off with signage to indicate it is not to be used.

Each person who will be doing the cleaning will be given their own cleaning supplies and these will be stored in separate cupboards/lockers labelled accordingly.

Cleaning/disinfecting supplies chosen for the various surfaces to be cleaned will be verified as appropriate for corona virus by confirming the DIN code with the Public Health Canada website. Cleaning/disinfecting will follow the manufacturers recommendations. A list of the products used will be kept with the cleaning binder.

If a 'spray' product is to be used, the product will be sprayed on the cloth, then the surface wiped to avoid disturbing any droplets on the surfaces with spray activity.

Gloves, masks and safety glasses and other personal protective gear will be worn as appropriate for the product and the surface being cleaned.

All areas will be inspected on arrival by the cleaning/serving staff to ensure that all hand sanitizing stations are adequately supplied, all washrooms have enough soap, paper towels and toilet paper and signage remains in place.

Washrooms will be cleaned/disinfected about 1 hour after the draw begins.

Bar/Kitchen area: Only staff will be allowed in kitchen area. This area will also be cleaned specifically following recommendations for food prep areas.

Staff may do a 'last call' to ensure those from the first evening draw leave with enough time to allow cleaning before the second draw is due to arrive at lounge.

A thorough cleaning/disinfecting of all areas will be completed at the end of the afternoon or evening and between draws if there are more than one. Draw times will be adjusted to allow for adequate clean time if necessary.

A spreadsheet with the areas and items to be cleaned/disinfected will be signed with date and time, by the individual/s completing the tasks. The completed spreadsheets will be maintained in a binder kept at the bar for the duration of the season and available to Alberta Public Health if required/requested to verify the processes are in place and adhered to.

Waivers and consents:

A waiver and consent will be required for each individual working or attending an activity at the Strathcona Curling Club. This will be retained for the season by the Secretary of our Club. These will be made available to Alberta Public Health if requested. See appendices # 2, # 3 AND # 4 for the forms.

Preparing for your draw.

- Ensure you are feeling well before you arrive and make alternate arrangements (spare) if you are not well. Please let your League Representative know as we need to prepare an attendance list for each draw.
- Arrive no earlier than 20 minutes before your draw is to begin. Doors will be opened at that time. Remember to maintain physical distancing at entrance area.
- Masks will be required when in the main area, prior to entering the ice area and when leaving the ice area.
- Bring your own curling equipment, no club equipment will be available for use.
- Please bring your own labelled water bottle as no water coolers will be available. The water refill station will be available.
- No draw information will be posted on the bulletin boards. You will need to check on the SCC website to know what sheet and who you are playing. The schedule will also be posted on TV as you enter.

Arriving at the Curling Club:

- You will enter through the glass doors as indicated, where you will be met by a 'greeter'
- The greeter will ask you to verify the 'COVID-19 questions' verbally and will put a checkmark by your name on the list for that draw to indicate you attended and answered 'no' to all the questions. This list will be maintained to aid with contact tracing should that be required. It will be retained for current 3 weeks. Previous lists will be destroyed weekly as

they out date. This is what Alberta recommends in their guidance document.

- Hand sanitization and wearing your mask will also be requested of you if you have not already done so.
- You will then remove your outdoor footwear and carry with you as you proceed to your 'assigned seating' based on what sheet you are playing on. You will place your outdoor footwear under your chair, and your coat over the back of the chair. Your curling bag may be left on your chair.
- You will enter the ice area by the assigned door (Sheet 1 and 2 will enter and leave by one door and sheet 3 and 4 will enter and leave by the other door closest to their sheet.) Those on sheets 1 and 4 should enter first, then those on Sheet 2 and 3 should enter 5 minutes later. Please try to maintain physical distancing of each team as you enter and continue to wear your mask until you are at your assigned sheet.
- Remember to bring your own labelled water bottle and curling equipment with you to limit any back and forth activity once you've entered the ice area.
- Skips please remember to bring your Team 'tags' for scoring.

On the ice:

- You may remove your mask while you are playing the game so long as you adhere to the 2 metre physical distancing. (keep it with you for when you exit the Ice Area). *Curling Alberta recommends that masks are used during play but can and should be safely removed when needed (e.g., before and while sweeping, when drinking water, when regaining a comfortable rate of breathing, when replacing a wet mask, etc.).*
- The start position of games will remain at the far (West) end of each sheet. The delayed entry of teams on sheet 2 and 3, will enable physical distancing to be maintained more easily initially.
- Stones will have been cleaned/sanitized prior to the start of each draw. As will the measuring equipment, Doubles Board and Scoring equipment.
- Players select their two stones. No interchanging of stones during a game.
- Players should not touch any stones other than their own. Let the player delivering the next stone retrieve their own stone.

- The stones are lined up in single file in the corners on the same side of the sheet.
- Instead of a handshake, give a friendly wave or tap brooms to start the game.
- To decide the last stone advantage in the first end. This can be done as usual with a coin flip. The person flipping the coin should use their own coin and should be the only person to handle it. If you choose, Rock, Paper, Scissors could also be used to determine last stone advantage.
- Players stay on the same side of the sheet. For example, if you are playing on sheet 2, always walk or position yourself on the sideline to sheet 1. This will keep players 10 feet apart.
- See Distancing Illustrations (Appendix 5). Non-Delivering Team: The two sweepers of the non-delivering team should be positioned on these marking while the other team is throwing. The player of the non-delivering team whose turn it is next to deliver should be positioned at hogline on the same side as the two sweepers. The Skip (or Vice-Skip) will stand on the backboards but no closer than the hack. Delivering Team: The Skip has control of the house. The player whose turn it is to deliver is in the hack. The non-sweeping player is on the backboards. The sweeping player is at the T-Line. Once the stone has been released, the player who delivered the stone proceeds down the centre line of the ice until the halfway point to the marking or to the hog line if it is their turn next. After the stone comes to rest, the sweeper proceeds to the halfway markings. The non-sweeper travels to the halfway mark or the hog line depending on their turn to deliver or not. (add video link when available which demonstrates the process)
- In order to try to keep as close to 'normal' scoring process as possible – The 'Skip' from each team will be in charge of scoring their scores using the 'tags'. The numbers will be returned to the board at the end of the game and the scoreboard will be sanitized using the disinfecting wipes provided.
- One sweeper only on all delivered stones. No relaying (second sweeper taking over halfway down the sheet). The person in charge of the house is not allowed to sweep under any circumstance. The skip of the non-delivering must remain in the hack area until all stones come to rest. They

are not allowed to sweep the opposition stone behind the tee-line. Lessening of physical distancing restrictions would/could allow this guideline to be removed.

- The skip or vice skip (not both) of non-delivering team must stand at the hack until the other team is finished playing and has relinquished control of the house.
- The skip or vice skip (both teams) may not sweep any stones (both colours) set in motion by the delivering team.
- Measuring: remove gloves, sanitize your hands, conduct measure, return measure device to its normal location, sanitize your hands. Get disinfecting wipe and wipe down equipment. Dispose of wipe in garbage can. Sanitize your hands.
- 'Doubles Board' – Remove gloves, sanitize your hands, touch only the handle area and place it at your sheet. Get a disinfecting wipe and wipe the handle area. Dispose wipe in garbage can. Sanitize your hands.
- If a rock is 'hogged', the person who delivered the rock may move it to its position at the back of the house or the Skip or vice skip can move the rock using their feet or broom. Disinfecting shoe or broom contact points is recommended.
- If a rock is over-thrown and going to hit the back boards or hack area, the skip or vice skip may use their feet or broom to deflect the rock. Disinfecting shoe or broom contact points is recommended.
- On nights with 2 draw times, there will be a buzzer that announces the end of the first draw (8:15 pm). Please complete the end you are on, with no delay, in order to allow sufficient time for cleaning the entry area and ice area before the next draw is to begin.
- Each player should use 'on ice cleaning procedure' as posted, to clean their stones at the end of the game if there is a second draw.

Leaving the Ice Area:

- If you need to use the washroom during the game, please use the assigned door to leave and reenter the Ice Area. Remember to put your mask on.
- At the end of the game, please put your mask on, exit the Ice Area by the assigned door for your sheet.

- Go to your assigned seat, change footwear and gather your equipment.
- If you are leaving the venue, please do so using the exit **at the base of the stairs** going up to the lounge. Use the **right-hand door** to leave. Please be aware of physical distancing as you move toward the exit area.
- If you are going up to the lounge before leaving, please gather your belongings and proceed toward the exit area. Footwear and equipment can be left in the designated area for this, adjacent to the stairs leading to the lounge. Or you may take with you to the lounge area. Then proceed upstairs, being aware of physical distancing as you do so and using the **RIGHT** handrail.
- Each team will inform the League Rep at the end of their game with the result (win, loss or tie). The League Rep will keep the Master Score Sheet for their League. Results will be shared with players periodically by email.

In the Lounge Area:

- Based on your sheet assignment, you will also be assigned a table (1 a, 1 b, 2 a, 2 b etc). Four people maximum to a table (your team). Please proceed to your table.
- Please use the hand sanitizer station upon entry.
- When you are seated, you may take your mask off in order to consume whatever you have ordered.
- A server will come to your table to take your order, serve you and take payment. Payment with debit or credit card will be preferred. This is to limit movement of people back and forth and help maintain physical distancing.
- Servers will be wearing masks and will sanitize the debit machine between transactions.
- Food orders will be single servings (individual bags of popcorn as an example)
- All drinks and food will be served with disposable cups, plates, cutlery.
- Can and bottle tops will be wiped before serving and individuals will open their own cans (or server can do this at the table upon delivery)
- Patrons will put on their masks prior to getting up and leaving the lounge.

- Patrons will take their own garbage/cans and dispose in the appropriate bin (garbage/recycle) when they leave the area.
- Recycle cans/bottles will be removed weekly and handled as little as possible.
- Use the RIGHT handrail to go down the stairs. Gather your belongings and then exit using the **right-hand door** at the **base of the stairs** to leave. Please be aware of physical distancing as you move toward the exit area.
- Please use the hand sanitizing stations provided as you move through all of the areas and upon exiting the building as well.

If you become ill while at the Curling Rink.

- Immediately put on your mask and hand sanitize.
- Please gather your belongings, ensure you are safe to drive and leave to go home. Let someone know you are leaving because you are ill.
- Access the Alberta Health COVID -19 self assessment and follow the recommendations. <https://myhealth.alberta.ca/Journey/COVID-19/Pages/COVID-Self-Assessment.aspx>
- Please ask for assistance to arrange a ride home if you do not feel safe to drive. The office will be used to isolate the ill person until ride arrives.
- Any areas accessed or touched by the ill person will receive a deep clean.
- If you are tested and test positive, please give the Alberta Health Contact tracing person the following contact information for the Strathcona Curling Club (info@strathconacurlingclub.ca) when asked.

Club Owned Equipment

- Club-owned brooms, stabilizers etc will only be available for use by Learn to Curl League. All equipment will be sanitized with disinfecting wipes before & after session. Use by one person only, unless players are from same household.

Bonspiels

- Strathcona Curling Club will host a full slate of bonspiels – see website for details on dates and the additional expectations to ensure this is able to be done in keeping with the Alberta Public Health Guidelines and orders.

Curling Venue Rentals

- Rentals may be requested and will be assessed on an individual basis. Ensuring that the maximum capacity of 50 people and any other Public Health Guidelines are followed will be important. Fees may be adjusted to accommodate extra cleaning and staffing as needed.

County work at facility

- In the event that any Strathcona County workers enter our Curling Club, they will sign in on the sheet provided, located by the Alarm (date, time and name/initials).
- The worker/s will ensure they have disinfected all touch points prior to leaving the Curling Club.

Appendices

Appendix #1: Know the facts about COVID-19



Alberta COVID -19
Fact Sheet.pdf

Appendix #2: COVID-19 Declaration (Form)



AB_covid-19-relaunch
-daily-checklist.pdf

Appendix #3: Waiver - Age of Majority Appendix



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Appendix #4: Assumption of Risk - Under Age of Majority



CurlCanada_Assumpti
onRisk_Minor.pdf

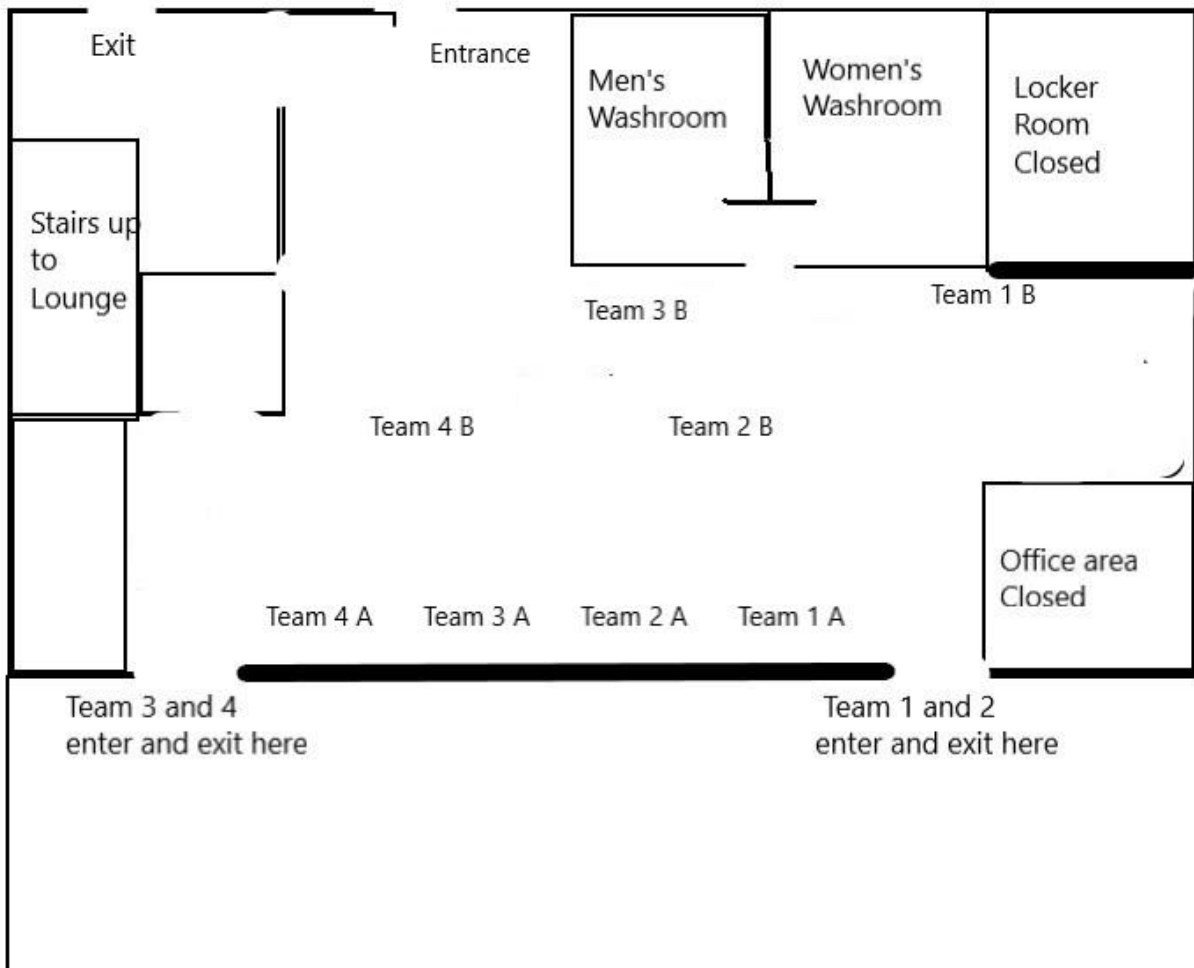
Appendix #5: Distancing Illustrations

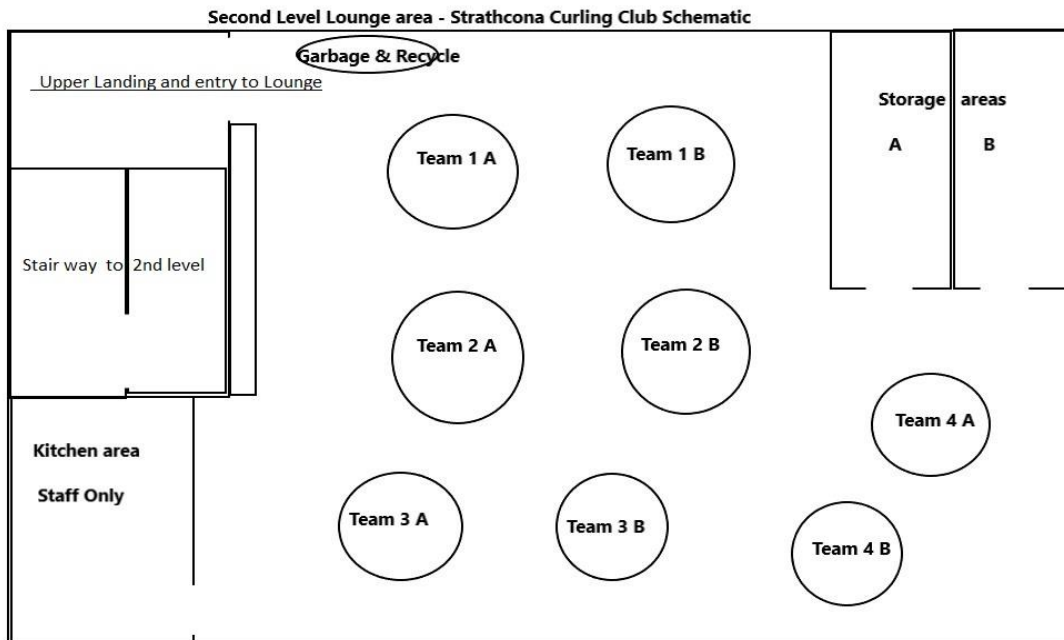


Curling_Distancing_Di
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Appendix #6: Schematic of our main level and second floor lounge area with locations of tables/chairs

Main Floor - Strathcona Curling Club Schematic





Appendix #7: Cleaning schedule form



Strathcona Curling
Club Cleaning Schedu

Appendix #8: 'Chase the Ace' – 50/50 procedure



Chase The Ace covid
Procedure.docx

Appendix #9: Reference documents list



References used to
create document.docx

Appendix # 10: Summary of updates



COVID Document
Summary of Updates.