



Dear Venom Families of the 2026 season,

Strathmore Lacrosse has set the volunteer bond at \$400 per player. The volunteer bond covers additional volunteer commitments such as volunteering for board positions, head coach, assistant coach, jersey parent, team trainer, manager, Redneck Rumble tournament positions, Canada Day tournament positions (when applicable), Roughnecks 50/50, Casino (if applicable), committee members for club improvements etc.

Please note, all members, other than bench staff, are expected to participate with game day positions including scoreboard, shot clock, and penalty box assignments on a rotating basis. Payment of a volunteer bond does not preclude you from these efforts.

Each family is required to sign this volunteer bond agreement. By signing this document, you will not be fulfilling your required volunteer hours and you agree to pay the \$400 waiver fee **before the 2026 season begins**. If this balance is not paid, you will be placed as a member in bad standing, This could mean withdrawal from playoffs or not be able to register for the next season until this amount is paid. By signing this, you agree to these terms.

**TEAM RELATED DUTIES** – Are **excluded** from the volunteer waiver fee process and assigned at a team level. (scorekeeper, timekeeper, shot clock, and penalty box)

Thank You,

Crystal Upstone

Volunteer Coordinator, Strathmore Lacrosse

Ph: 403-816-3450

[VolunteerCoord@strathmorelacrosse.com](mailto:VolunteerCoord@strathmorelacrosse.com)