



STRATHMORE VENOM

Document # EVAL-001

Revision Date:

November 26, 2025

Revision #

2

POLICY

Title:

Evaluation policy

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Objective

The objective of the policy is to ensure proper evaluations are completed on our athletes, and to ensure the Strathmore Venom are complying with the Calgary district lacrosse Association policies.

References

<https://cloud.rampinteractive.com/calgarylacrosse/files/CDLA%20Tiering%20Format%202023.pdf>

<https://strathmorelacrosse.com/mastercalendar>

Please refer to the master calendar for information regarding the time and date for your evaluation floor time(s)

Evaluation Requirements

Athletes must be evaluated on a skill based ranking system by a third-party evaluator. Strathmore Lacrosse has partnered with the Calgary Mountaineers Junior A program execute our evaluations this year.



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Evaluators are to follow the supplied evaluation sheet. Data will be entered into the Strathmore Venom evaluation database to determine placement of players.

Disclaimers

- All athletes must be evaluated at a MINIMUM of 1 floor time. If not, the athlete will be placed on the C team / Division 3 team.
- The club will do our best to honor special requests during the evaluation program. These special requests from U7 and up will be limited to family relations (siblings) on the same team. If one sibling is on B, and one on C, the B player will be mandated to play C if the request must be met. Physical/ Safety requests due to physical size (ability to get approval from CDLA to change age groups), along with mental health considerations. However, the Club will not be committed to meeting all requests. We ask that all requests be submitted Prior to the evaluation floor times. Any requests that are post evaluations will not be taken into consideration. Teams are made immediately following the evaluation process, once rosters are released, they are final. *The Strathmore Venom cannot guarantee that all requests will be met. *
- Regardless of prior season player placement, each player is eligible to be placed at either B or C and it is completely based on this current season's evaluation.
- The 2026 season there will be no parents available to watch the evaluation floor times. Viewing areas will be blocked off for evaluators only. We ask parents to respect this and allow athletes to perform in a lower stress environment with less viewership to help build confidence and ensure the player is able to perform to the best of their capabilities.

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Procedure

Role	PROCEDURE
	1.0. U7 Evaluation
	1.1. U7 won't be evaluated.
	1.2. U7 Athletes ages 4 and 5 will have the option of being part of an in-house scrimmage program. Athletes ages 6 and 7 most likely will be placed on a competitive game team.
	2.0. U9 Evaluation
	2.1. U9 Evaluations at a minimum of 2 hours of floor times. Evaluations will take place over two days. Day 1 being 1 hour of skills and drills and Day 2 being a full scrimmage.
	2.2. Players must be evaluated for the following: <ul style="list-style-type: none">• Overall athleticism• Basic skills I.E., passing, catching, and loose ball pickup.• Overall competitiveness• Speed• Physical size• Lacrosse IQ
	2.3. U9 Program is all B teams that are parody across the club.
	3.0. U11 Evaluation

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Role	PROCEDURE
	3.1. U11 Evaluations will take place over two days. Day 1 being 1.5 hours of skills and drills and Day 2 being a full scrimmage.
	3.2. Players must be evaluated for the following: <ul style="list-style-type: none">• Overall athleticism• Basic skills I.E., passing, catching, and loose ball pickup.• Overall competitiveness• Speed• Physical size• Lacrosse IQ• Offensive and Defensive capabilities
	3.3. U11 Teams will be Development 1,2, or 3. D1 being the strongest athletes.
	4.0 U13 Evaluation
	4.1 U13 Evaluations will take place over two days. Day 1 being 1.5 hours of skills and drills and Day 2 being a full scrimmage.
	4.2 Players must be evaluated for the following: <ul style="list-style-type: none">• Overall athleticism• Basic skills I.E., passing, catching, and loose ball pickup.• Overall competitiveness• Speed• Physical size• Lacrosse IQ• Offensive and Defensive capabilities• Off-ball movement and awareness• Defensive awareness• Communication

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Role	PROCEDURE
	4.3 U13 Teams will be B division and C division. If more than two teams refer to CDLA guidelines for requirements on third team placement.
	5.0 U15 Evaluations
	5.1 U15 Evaluations will take place over two days. Day 1 being 1.5 hours of skills and drills and Day 2 being a full scrimmage.
	5.2 Players must be evaluated for the following: <ul style="list-style-type: none">• Overall athleticism• Basic skills I.E., passing, catching, and loose ball pickup.• Overall competitiveness• Speed• Physical size• Lacrosse IQ• Offensive and Defensive capabilities• Off-ball movement and awareness• Defensive awareness• Communication
	5.3 U15 Teams will be B division and C division. If more than two teams refer to CDLA guidelines for requirements on third team placement.
	6.0 U17 Evaluations
	6.1 U17 Evaluations will take place over two days. Day 1 being 1.5 hours of skills and drills and Day 2 being a full scrimmage.

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Role	PROCEDURE
	<p>6.2 Players must be evaluated for the following:</p> <ul style="list-style-type: none">• Overall athleticism• Basic skills I.E., passing, catching, and loose ball pickup.• Overall competitiveness• Speed• Physical size• Lacrosse IQ• Offensive and Defensive capabilities• Off-ball movement and awareness• Defensive awareness• Communication
	<p>6.3 U17 Will be a B division and C division. If more than two teams Refer to the CDLA guidelines for requirements on third team placement.</p>
	<p>7.0 Evaluation Housekeeping</p>
	<p>7.1 All athletes must be checked in at the main desk. They will be assigned a pinnie with a designated color and number.</p>
	<p>7.2 All athletes must show up, dressed and ready to go 15 minutes prior to the start of their designated floor time.</p>
	<p>7.3 All Parents for U9-U11 can assist players with getting equipment on, but it is asked to respect our new evaluation no spectator section of our policy.</p>
	<p>7.4 All parents U13 and up are asked to remain upstairs away from the viewership area as per our new no spectator section of our policy. If a player needs assistance coaches/ club representatives can help or direct the athlete.</p>

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Role	PROCEDURE
	<p>7.5 All players are required to have the following equipment.</p> <ul style="list-style-type: none">• Helmet with cage (no visor or bubble cage)• Mouth guard• Gloves• Shoulder pads• Kidney guards• Elbow pads• Indoor running shoes• Stick• Water bottle (optional, but highly recommended) <div><p>NOTE: No equipment will be supplied for players. Goalies will be required to contact the club prior to evaluations to organize equipment pick-up.</p></div>
	<p>7.6 Equipment and Personal belongings are not allowed to stay in dressing rooms during floor time. Please bring your belongings to the open floor space beside the field, or place somewhere else out of the way. The club is NOT responsible for any items that go missing.</p>
	<p>7.7 After your children(s) floor time has concluded we ask players to get changed and clear out as fast as possible. The hallways are not an area to play in or socialize. Please go back upstairs to meet with designated parents.</p>
	<p>7.8 For any questions/ concerns/ requests please contact the following emails:</p> <ul style="list-style-type: none">• Director3@strathmorelacrosse.com• president@strathmorelacrosse.com• Board@strathmorelacrosse.com

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DOCUMENT ADMINISTRATION

Document Owner:	VICE PRESIDENT OF OPERATIONS
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Distribution:	Operating Personnel, Operations Supervisors

REVISION HISTORY

Rev #	Rev Date	Summary of Changes:
2	11-26-2024	2025 updates. Updated U7 section. Added no viewership. Clarified purpose of floor time days per age group.

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