



Athlete Code of Conduct

1. I will adhere to all policies defined by the CLA, ALA and CDLA, and have read the following enhanced policy;
 - **CDLA Policies on the Prevention of Harassment, Bullying and Abuse**
2. I will be prepared to practice and compete, and follow the expectations of my coaches
3. I will respect all equipment and facilities
4. I will be supportive and encouraging of my teammates, and always commend their efforts
5. I will not ridicule or yell at my teammates, and will always treat them fairly, and as equals
6. I will alert coaches and parents if there are any concerns or issues within the team
7. I will not play explicit or offensive music in the change rooms, or on facility grounds
8. I will not use, or encourage, the use of profanities or obscene language/behavior
9. I will not engage in, or encourage, any behaviors which endanger the health, safety or well being of any athlete, coach, official, volunteer or spectator, including verbal and physical threats
10. I will not post detrimental, critical or negative comments/photos about any game, official, athlete, coach, parent, volunteer, spectator, board member or any person associated with lacrosse, on any form of social media, such as Facebook, Twitter, Instagram or Snapchat
11. I will honor the game, be an example of good sportsmanship and play by the rules at all times
12. I will respect my opponents both on and off the floor, and commend their efforts
13. I will respect the decisions of game officials, and will not approach them before or after games, for any reason
14. I will accept victory and defeat with dignity
15. I will treat all athletes, coaches, officials, volunteers and spectators with respect

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