

# Volunteer Hours

Each family is responsible for 8 hours of volunteering during the current season

<b>Jr Coaches</b>	<b>2 Hours</b>
<b>Assistant Coaches</b>	<b>4 Hours</b>
<b>Home Tournament Shifts</b>	<b>3 Shifts Max Per Family</b>
<b>Team Rep For Home Tournament</b>	<b>4 Hours</b>
<b>Evaluations &amp; Rise Evaluations</b>	<b>Per Hours Volunteered</b>
<b>Come Try Ringette (Normally host two a season)</b>	<b>Per Hours Volunteered</b>
<b>SMRA Kick Off</b>	<b>Per Hours Volunteered</b>
<b>SMRA Wind up</b>	<b>Per Hours Volunteered</b>
<b>Summer Ringette</b>	<b>Per Hours Volunteered</b>
<b>Bunny Bash (When we have one)</b>	<b>Per Hours Volunteered</b>
<b>Rust Bust</b>	<b>Per Hours Volunteered</b>
<b>Tour Of Alberta Cancer Event</b>	<b>Per Hours Volunteered</b>
<b>Casino (When we have one)</b>	<b>Per Hours Volunteered</b>
<b>Strathmore Parade</b>	<b>Per Hours Volunteered</b>
<b>Provincials (When we host)</b>	<b>Per Hours Volunteered</b>

**\*\*Game Volunteers (Shot Clock/Time Keeper/Penalty Door) are NOT included in your volunteer hours as these are essential for games to run\*\***

## Exemptions

Active Start Parents

Head Coaches

Team Managers

SMRA Board Members