



St. Thomas Ringette
Association
September 2023

Key Dates

Note: We are in the process of finalizing teams. The age groups and ice-times noted below are to allow our players to get on to the ice. Teams will be determined and finalized in the coming weeks. Please keep an eye on your RAMP app for any scheduling or team changes.

Sept 12: First ice of the year! See you at Joe Thornton Arena!

Fun1/Fun2*, Fun3 & U12:
6:00 - 7:00pm
U14 & U16: 7:00 - 8:00pm

Sept 19: Ice @ Joe Thornton Arena

Fun1/Fun2*, Fun3 & U12:
6:00 - 7:00pm
U14 & U16: 7:00 - 8:00pm

*for players 8 and under with skating experience, please join us for these assessment skates!

Sept 21: Dryland Training – Location TBD

Fun3 & U12: 6:00 - 7:00pm
U14 & U16: 7:00 - 8:00pm

Sept 23: Come Try Ringette / Bring a Friend @ Memorial Arena

12 & under: 10:00 – 11:00am
13 & above: 11:00 – 12:00pm

Sept 30: Ice @ Memorial Arena

Fun3 & U12: 10:00-11:00am
U14 & U16: 11:00 – 12:00pm

Ice times for our Fun1 & Fun2 level skaters start on Sun., October 8

Welcome to St. Thomas Ringette!

A message from the President

Hello Thunder!! On behalf of the Board of Directors, I would like to welcome you and your family to the 2023-2024 Ringette Association. For new families, welcome to our Association, we look forward to meeting you, and to our returning families, welcome back! We are looking forward to another great season!

For those new to our organization, my name is Jess Walker, and I am the President of the St. Thomas Ringette Association (STRA). This is my family's third season playing ringette and my second season sitting on the Board. I am very much looking forward to the upcoming season and meeting many of you.

The Board has been busy preparing for this season, and I am excited to share with you some of the items in this newsletter. Similar to last year, the focus for our Board continues to be around growing our Association and developing our athletes. We are committed to providing our families with a ringette program that empowers our athletes and develops them both on and off the ice. Some of the highlights of the work we have been focusing on over the last few months includes, increasing awareness of our sport and Association in St. Thomas. We have increased our social media presence and have held additional marketing campaigns throughout the City of St. Thomas over the summer advertising our Come Try events and registration for the upcoming season. I hope you were able to spot some of our billboards throughout the City and are following us on Facebook and Instagram. We are also working on revitalizing our website and providing information that we feel is important and necessary for our families to have. We encourage you to keep checking the website for updated information. We have also been busy planning our player development opportunities and we are excited to say that this year we will be continuing with dry-land training as well as offering power skating sessions to most of our athletes. Of course, many of these initiatives take time and come at a cost. To assist with offsetting some of these costs, we have also been working on ideas for fundraising and look forward to kicking off our first fundraiser soon.

A new season holds many exciting opportunities, and I am looking forward to starting this one. Please take a few minutes to review this newsletter. There is information about our ice-times in September, another Come Try Ringette event on September 23rd (please invite your friends!), volunteer opportunities, and information on our Ringette Day social media contest, as well as other useful information to get our season started.

We will continue to use our website, Facebook, RAMP team app and these newsletters to communicate important information to our families. If you have any questions, please do not hesitate to reach out to a Board Member, or send me an email at stthomasringettepresident@gmail.com.



ST. THOMAS
THUNDER RINGETTE

Schedules and ice-times are subject to change at any point during the season and will be updated frequently. Please continue to monitor the website and Master Calendar (www.stthomaringette.ca) for schedules and updates. Also check your RAMP Team App.

As our season gets underway, I want to thank all of our coaches for stepping up and putting yourselves in these leadership roles. Our Association and our athletes thank you. To the Board, great job these last few months getting things ready for the season ahead, thank you all for your efforts. To our Association, I wish you all the very best this upcoming season and I look forward to seeing you at the rink. **Go Thunder!**

For now,



Welcome to our new and returning players!

Our season officially starts on Tuesday, September 12th at the Joe Thornton arena.

Players under the age of 12 are invited to attend from 6-7pm and players 12 and over are on the ice from 7-8pm.

As we work to finalize numbers and teams, players have been tentatively slotted into teams for the upcoming season. Please note, these teams may change once assessments, and registrations are finalized in the coming weeks.

Please monitor our website and the RAMP app for more details. For information on the RAMP Team app, please see below for more information.

To be allowed on the ice, players must be registered and have provided their bond cheque **prior to stepping onto the ice on Tuesday**. There will be a table set up at the Joe Thornton arena on Tuesday evening to hand in your cheque before practice.



Players are encouraged to invite their friends on **Saturday, September 23, 2023** to Come Try Ringette!

WHEN

10AM-11AM Ages 12 and Under
11AM-12PM Ages 13 and Over

WHERE

St. Thomas-Elgin Memorial Arena
80 Wilson Ave, St.Thomas, ON N5R 3R2

Please RSVP to: Thunderringetteregistrar@gmail.com by September 20th.



ST. THOMAS
THUNDER RINGETTE



What is the RAMP Team App?

St. Thomas Ringette will be using the RAMP Team App as a tool for managing teams and team communications. The app allows you to have direct access to game and practice schedules and provides you with the ability to communicate (via chat) with players and coaches. Please remember to be respectful when using the chat feature as the boards are being moderated.

Please ensure that you have the app downloaded and are logged in using the email address used to register your player on RAMP. Should you wish to add another email address to the RAMP Team app, please email Steph Benger at stephbenger@gmail.com

Bond Cheques & Volunteer Hours

All players must provide a **\$200 bond cheque post-dated to March 31, 2024** before the start of their first practice. A table will be set up at the Joe Thorton arena on Tuesday, Sept 12th to collect cheques.

This association runs on volunteers, and we need your help!



Each family with players who are registered in Fun3 or above are required to complete 8 hours of volunteer time per player up to a maximum of 20 hours as part of your registration commitment. If your bond hours are not completed by the end of the season, the bond cheque will be cashed.

Volunteer hours can be redeemed through many of our fundraising activities, by being a coach or a member of the bench staff, score/time keeping, or volunteering for Bingos as Jackpot Time. Each hour you volunteer goes to 1 hour of volunteer time. Keep an eye out on our social media and newsletters for volunteer information or speak to your coaches about opportunities.

Our Board of Directors

President – Jess Walker

stthomasringettepresident@gmail.com

Vice-President – Steve Benger

Secretary – Lindsay Granger

Treasurer – Stephanie Benger

stthomasringettetreasurer@gmail.com

Registrar – Justine Wright

thunderringetteregistrar@gmail.com

Athletic Development Coordinator

– Scott Walker

Coaching Coordinator

– Caitlynn Lamont

Bingo Representative

– Tammy Hibbard

strabingorep@gmail.com

Referee-in-Chief – Barry Lamont

Ice Convenor – Stephanie Benger

Western Region Ringette League

(WRRL) Rep – Scott Burke

Equipment Manager – Connie

Sanders

Website & Social Media

Administrator – Rob Buller

Fundraising & Promotions

– Charlene Hoff

Nevada Rep – Joyce Malison



ST. THOMAS THUNDER RINGETTE

Website & Links

Have you visited our website yet?



Check out:

<https://www.stthomasringette.ca/>



Like us on Facebook

[StThomasRingetteAssociation](https://www.facebook.com/StThomasRingetteAssociation)



Follow us on Instagram

[StThomasRingette](https://www.instagram.com/StThomasRingette)

Questions or Concerns?

Please reach out directly to a Coach or a Board Member or send an email to stthomasringettepresident@gmail.com

Volunteer Opportunities



BINGO VOLUNTEERS NEEDED

We receive two-hour time slots for two people multiple times a month to help with Bingo at Jackpot Time in St. Thomas. The revenue generated from this goes a long way in supporting our organization. The hours count towards your volunteer hours!

If you are interested in joining the Bingo team, please reach out to Tammy Hibbard at strabingorep@gmail.com for more information.

NOTE: We need volunteers for September 29th to help with the 8-10pm timeslot. If you are interested, please reach out to Tammy.

COACHES AND BENCH STAFF NEEDED

Please consider helping your player's team by joining the coaching and bench staff.

If you are interested, please speak directly to your coach and they can discuss the positions available with you.

Ringette Day



Ringette Ontario is proud to mark September 21st every year as #Whyringette / #Chooseringette Day.

This September 21, 2023 marks the second annual #Whyringette Day, where together we will bring more awareness to our sport of Ringette.

To mark the start of our season, and this day, the St. Thomas Ringette Association is holding a contest!



ST. THOMAS THUNDER RINGETTE

Let's see your Spirit!

Check out our [Thunder Wear!!!](#)

Last season we worked with Source Teamworks in London to design Thunder wear and create an online store. This season, the store is back and open 24/7!! You can order your Thunder wear whenever you want!

Merchandise can be picked up at the store for free or shipped directly to your home for a few dollars.

Grab your Thunder wear and show your Thunder spirit!

<https://www.sourceteamworks.com/collections/st-thomas-thunder-ringette>



Keep an eye on the store, we are planning to add new merchandise in the coming weeks!

Did You Know?

In addition to volunteering for bingos at Jackpot time to generate revenue for our Association, we also sell Nevada tickets at the Waterworks Variety & Disc Golf Store located at 7 S Edgeware Road, St. Thomas, ON N5P 2G8. Check it out!

CONTEST:

Between now and September 21st with the help of a parent, make a small video or post a picture and tell us why you choose ringette on Facebook or Instagram.

The more creative the better!

Parents you are also eligible to make your own video too!

Tag your post with **@St.Thomas Ringette Association, @Ringette Ontario** and tag **#thunderringette #whyringette #chooseringette** to be eligible.

Each player and parent are eligible for one entry and prizes will be drawn for 5 Starbucks Gift Cards after Sept 21st!

Dry-land Training

This season we will again be offering dry-land training to Fun3 teams and above. These are one-hour sessions held every two weeks. Watch your RAMP Team app for updates on this schedule!

Pants

Interested in ordering a pair of St. Thomas Thunder ringette pants? Please speak to your coach about how to get your name on the order list. Once we hit the minimum quantity to place an order, we will do so.



#GoThunder

#StThomasRingette

#Thunderringette