

WHAT EQUIPMENT DO I NEED

- ringette stick
- mouth guard (optional)
- skates (must be "hockey skates")
- shin pads, worn under the pants
- protective girdle with a 'cup' or a 'Jill'
- ringette pants
- gloves
- elbow pads
- practice jersey
- helmet with ringette facemask (triangle)
- neck guard
- chest/shoulder pads
- sport water bottle

****Our association has discounted Thunder Ringette Pants available for sale

ICE TIME

Our ice schedule is not set until end of August/ early September. In past seasons our ice times have been 1 - 2 times a week on Tuesday evenings, Saturday morning and Sunday afternoons. Away games affect times but are usually on weekends. Our FUNI/2 teams will practice once a week.

WHO DO WE PLAY

Geographically we usually play teams from Goderich, Chatham, London, Tilsonburg, Dorchester, St.Mary's, Mitchell and Forest. Older aged teams may need to travel farther.

HOW TO JOIN

Visit our website StThomasRingette.ca and follow the links. You must create a profile on RAMP. We offer some incentives such as early registration, payment plans and discounts for first time and multiplayer families .

MISSION STATEMENT

ST. THOMAS THUNDER RINGETTE IS A VIBRANT LOCAL RINGETTE ASSOCIATION DEDICATED TO PROMOTING THE SPORT OF RINGETTE WITHIN OUR SURROUNDING COMMUNITIES.

WE PROVIDE A SUPPORTIVE AND INCLUSIVE ENVIRONMENT FOR PLAYERS OF ALL AGES AND SKILL LEVELS, FOSTERING TEAMWORK, SPORTSMANSHIP, AND PERSONAL DEVELOPMENT.

THROUGH QUALITY COACHING, COMMUNITY ENGAGEMENT, AND A PASSION FOR THE GAME, ST. THOMAS THUNDER RINGETTE AIMS TO INSPIRE EXCELLENCE BOTH ON AND OFF THE ICE, EMPOWERING INDIVIDUALS AND BUILDING LIFELONG FRIENDSHIPS.



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THUNDER RINGETTE

WHY CHOOSE RINGETTE

- Team sport in which players pass to win.
- Competition at every skill level.
- Safe, no-contact policy.
- Fun and fulfilling at any age.
- Friendships for a lifetime.



PRICE AND VOLUNTEERING

Prices vary each year and depend on the age (and level of play) of your child. The best way to find these prices is to visit our website page.

A huge part of keeping our association viable is our volunteers. Games cannot happen without the assistance of volunteers to score keep, time keep and run the shot clocks. Please refer to our website for more information about bond hour requirements during the season.

STRA's main goal is to keep costs as low as possible for families. A huge part of our revenue comes from Bingo at Jackpot Time. We are always looking for volunteers to assist with shifts. Contact StrabingoRep@gmail.com if you are interested in volunteering.

TOURNAMENTS

All tournaments except Regionals (our year end tournament) are an additional cost. Teams are encouraged to fundraiser to offset the additional costs. Tournaments are optional to players but they really are fun and a great way to bond with teammates!

PLAYER TEAM LEVELS

FUN 1 - Ages 4 - 6 (Think Learn to Skate)
FUN2 - Ages 6 - 8 (Think Learn to Play)
FUN 3 - Ages Under 10 (Think Team Play)
U12 - U14 - U16 - U19

While age is the main factor in determining which team a player is placed. There are some allowances for player skill and experience to either allow for playing up or down a level. Player skill assessments will be held at the beginning of the season to assist with team formations.

We also have an OPEN adult team for those interested!

WHAT IS RINGETTE

Ringette is played with a ring and a straight stick and a rubber ring. While it may look like hockey it has many different game rules.

The ring is passed at every blue line.

A player cannot carry the ring over a blue line in either direction. The ring must be passed over the blue line to another teammate. That teammate is permitted to skate ahead of the ring carrier and already be across the blue line before the ring crosses it. You must play as a team! -

Players never enter the goalkeeper's crease.

If the ring lands in or on the crease, the only player who can touch it is the goalkeeper. The goalkeeper usually picks up the ring and throws it to a teammate. The goalie has five seconds to pass it out of their crease.

There is no intentional body contact.

Ringette promotes a no-contact policy when it comes to the physical aspect of the game. Penalties are given when a player, makes excessive body contact with another player, trips, hooks or interferes another player

For more rules visit. www.Ringette.ca

