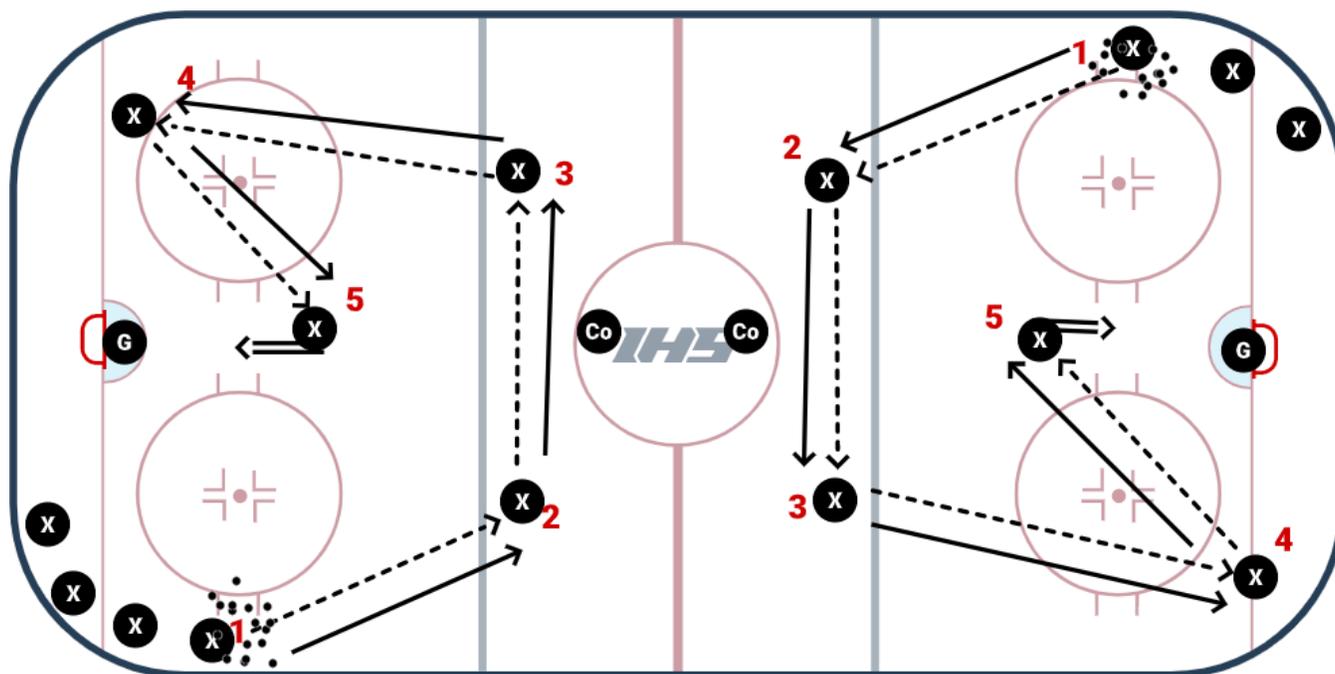


Around the Horn



Description

COACH STARTS THE DRILL ON THE WHISTLE; 1 BALL AT A TIME. SEND THE NEXT PLAYER WHEN THE BALL HITS X3 OR X4 POSITION.
CONTINUE FOR 3-4 REPS EACH THEN START THE DRILL FROM THE OPPOSITE SIDE (R TO L & L TO R).

- 1- x1 starts the drill with a pass to x2, then runs to the x2 position
- 2- x2 passes to x3 then runs to the x3 position
- 3- x3 passes to x4 then runs to the x4 position
- 4- x4 passes to x5 for the shot then runs to the x5 position

KEY POINTS

- a- make a heads up pass tape to tape
- b- run forward and pivot to backwards when the player gets close to the new position
- c- call for the pass/communicate to eachother