

SCSA 2025 Outdoor Programming

Contents

3 Technical Director's Message

4 Outdoor Season General Information

TIMBITS PROGRAMMING

5 Parent and Tot

6 U5 Timbits Co-ed

7 U7 Timbits

U9-19 PROGRAMMING INFORMATION AND OPTIONS

8-11 U9 (2016-2017)

12-15 U11 (2014-2015)

16-19 U13 (2012-2013)

20-23 U15-19 (2011-2006)

SWIFT CURRENT UNITED INFORMATION

24 Swift Current United

25 Fundamentals vs Development

26 United Development Stream

27 United at a Glance

28 United Player and Parent Expectations

LONG-TERM DEVELOPMENT

29 "Playing Up"

30 Forge FC

ADULT SOCCER

31 Adult Leagues

32 Women's Learn-to-Play

FINANCIAL ASSISTANCE

33 Financial Assistance Information

HOW YOU CAN HELP

34 How You Can Help

Technical Director's Message

Hello Soccer Families,

For those who aren't familiar with me, my name is Mike Gurski and I am the Technical Director of the Swift Current Soccer Association. I grew up playing youth soccer in Swift Current, and played college soccer for the Medicine Hat College Rattlers. I began coaching when I was 16 years old, and currently hold a Canada Soccer C-License, and am hoping to secure a Canada Soccer Children's Diploma soon. Soccer has been a constant source of joy and inspiration in my life, and my goal is to share that experience with all of our players!

In this presentation you will find information about soccer in Swift Current. We offer programming for children as young as 3 years old, all the way to adult players. Whether you have dreams of playing for Team Canada, or if you just want to play matches with your friends, we have an option for you.

New this year, we have added an option for our house league players to attend weekly training sessions. We have also expanded our United program by adding a new "development stream". This will include an extra training session per week, and some individual feedback for players. There is plenty of information about these changes included in the slides below.

There is also a summary of the different financial assistance options available to you, and some information on how you can get involved with Swift Current Soccer!

Thanks everyone, see you at the pitch!



2025 Outdoor Season General Information

Regular Season for House League and United

- April 28 - June 19

United Preseason

- April 15-17 and April 22-24 at Riverside Field.
- More details to follow as the season approaches.

Swift Current Soccerfest House League Tournament (U9-U13)

- June 13-15, 2025
- Schedule to be released after the season begins.



Parent and Tot (2022)



The Parent and Tot program allows kids to have fun, socialize, and have their first experience with the game of soccer! The program requires 1-to-1 parent to child support. Volunteer activity leaders will lead the group through some fun and active soccer activities.

- **Option 1: Mondays, 5:15-5:45 @ Sundance Field - \$80.00**
- **Option 2: Thursdays, 5:15-5:45 @ Sundance Field - \$80.00**
- **Option 3: Mondays and Thursdays, 5:15-5:45 @ Sundance Field - \$125.00**



U5 Timbits Co-ed

(2020 & 2021)



The U5 Timbits program emphasizes fun and learning. The program requires 1-to-1 parent supervision and support, while eventually offering the children to participate independently. Children are introduced to various competitive and cooperative soccer activities over the course of the season. Our U5 players get to follow the lead of their coaches, and experience the joy of playing soccer.

- **Option 1: Mondays, 5:15-6:00 pm @ Sundance Field - \$95.00**
- **Option 2: Thursdays, 5:15-6:00 pm @ Sundance Field - \$95.00**
- **Option 3: Mondays and Thursdays, 5:15-6:00 pm @ Sundance Field - \$145**



U7 Timbits

(2018 & 2019)

The U7 Timbits program offers children a chance to continue learning, building skill, and playing small-sided soccer games against other teams. This is a very important step on the player journey as it helps the children increase their confidence, comfort, and happiness with the ball at their feet!

U7 Boys - \$145.00

- Mondays and Wednesdays, 6:15-7:00 pm @ Sundance Field

U7 Girls - \$145.00

- Tuesdays and Thursdays, 6:15-7:00 pm @ Sundance Field



U9 Programming Options Overview (2016-2017)

House League - \$195.00

- 2 matches per week
- Entry into the SCSA Cup House League Tournament

House League +Training - \$295.00

- 2 training sessions per week
- 2 matches per week
- Entry into the SCSA Cup House League Tournament

Swift Current United (Fundamentals Stream - \$430.00, Development Stream - \$470.00)

- 2-3 training sessions per week
- 2 matches per week
- Entry into the SCSA Cup House League Tournament
- 4 United Competition Weekends (1 in Swift Current, 3 out of town)



U9 House League (2016 - 2017)

This option includes 2 matches per week for the outdoor season.

U9 Boys House League - \$195.00

- Monday/Wednesday 6:30-7:15 pm @ Perry Field
- SCSA Cup Tournament, June 13-15, 2025 @ Perry Field

U9 Girls House League - \$195.00

- Tuesday/Thursday 6:30-7:15 pm @ Perry Field
- SCSA Cup Tournament, June 13-15, 2025 @ Perry Field



U9 House League +Training (2016-2017)

This option includes 2 house league matches and 2 training sessions per week.

U9 Boys House League +Training - \$295.00

- Training Monday/Wednesday 5:00-6:15 pm @ Perry Field
- Matches Monday/Wednesday 6:30-7:15 pm @ Perry Field
- SCSA Cup Tournament, June 13-15, 2025 @ Perry Field

U9 Girls House League +Training - \$295.00

- Training Tuesday/Thursday 5:00-6:15 pm @ Perry Field
- Matches Tuesday/Thursday 6:30-7:15 pm @ Perry Field
- SCSA Cup Tournament, June 13-15, 2025 @ Perry Field



U9 Swift Current United (2016-2017)

U9 Boys United

- **Fundamentals Stream - \$430.00**
- Training Monday/Wednesday 5:00-6:15 pm @ Perry Field
- Matches Monday/Wednesday 6:30-7:15 pm @ Perry Field
- SCSA Cup Tournament, June 13-15, 2025 @ Perry Field
- 4 Competition Weekends (1 in Swift Current, 3 out of town)
- **Optional Development Stream - \$470.00:**
- Extra Training Tuesday 5:00-6:15 pm @ Riverside Field

U9 Girls United

- **Fundamentals Stream - \$430.00**
- Training Tuesday/Thursday 5:00-6:15 pm @ Perry Field
- Matches Tuesday/Thursday 6:30-7:15 pm @ Perry Field
- SCSA Cup Tournament, June 13-15, 2025 @ Perry Field
- 4 Competition Weekends (1 in Swift Current, 3 out of town)
- **Optional Development Stream - \$470.00**
- Extra Training Monday 5:00-6:15 pm @ Riverside Field



U11 Programming Options Overview (2014-2015)

House League - \$195.00

- 2 matches per week
- Entry into the SCSA Cup House League Tournament

House League +Training - \$295.00

- 2 training sessions per week
- 2 matches per week
- Entry into the SCSA Cup House League Tournament

Swift Current United (Fundamentals Stream - \$430.00, Development Stream - \$470.00)

- 2-3 training sessions per week
- 2 matches per week
- Entry into the SCSA Cup House League Tournament
- 4 United Competition Weekends (1 in Swift Current, 3 out of town)



U11 House League (2014 - 2015)

This option includes 2 matches per week for the outdoor season.

U11 Boys House League - \$195.00

- Monday/Wednesday 6:30-7:15 pm @ Ashley Park Field
- SCSA Cup Tournament, June 13-15, 2025 @ Ashley Park/Perry Field

U11 Girls House League - \$195.00

- Tuesday/Thursday 6:30-7:15 pm @ Ashley Park Field
- SCSA Cup Tournament, June 13-15, 2025 @ Ashley Park/Perry Field



U11 House League +Training (2014-2015)

This option includes 2 house league matches and 2 training sessions per week.

U11 Boys House League +Training - \$295.00

- Training Monday/Wednesday 5:00-6:15 pm @ Ashley Park Field
- Matches Monday/Wednesday 6:30-7:15 pm @ Ashley Park Field
- SCSA Cup Tournament, June 13-15, 2025 @ Ashley Park/Perry Field

U11 Girls House League +Training - \$295.00

- Training Tuesday/Thursday 5:00-6:15 pm @ Ashley Park Field
- Matches Tuesday/Thursday 6:30-7:15 pm @ Ashley Park Field
- SCSA Cup Tournament, June 13-15, 2025 @ Ashley Park/Perry Field



U11 Swift Current United (2014-2015)



U11 Boys United

- **Fundamentals Stream - \$430.00:**
- Training Monday/Wednesday 5:00-6:15 pm @ Ashley Park Field
- Matches Monday/Wednesday 6:30-7:15 pm @ Ashley Park Field
- SCSA Cup Tournament, June 13-15, 2025 @ Ashley Park/Perry Field
- 4 Competition Weekends (1 in Swift Current, 3 out of town)
- **Optional Development Stream - \$470.00:**
- Extra Training Thursday 5:00-6:15 pm @ Riverside Field

U11 Girls United

- **Fundamentals Stream - \$430.00:**
- Training Tuesday/Thursday 5:00-6:15 pm @ Ashley Park Field
- Matches Tuesday/Thursday 6:30-7:15 pm @ Ashley Park Field
- SCSA Cup Tournament, June 13-15, 2025 @ Ashley Park/Perry Field
- 4 Competition Weekends (1 in Swift Current, 3 out of town)
- **Optional Development Stream - \$470.00:**
- Extra Training Wednesday 5:00-6:15 pm @ Riverside Field



U13 Programming Options Overview (2012-2013)

House League - \$125.00

- 1 match per week
- Entry into the SCSA Cup House League Tournament

House League +Training - \$250.00

- 2 training sessions per week
- 1 match per week
- Entry into the SCSA Cup House League Tournament

Swift Current United (Fundamentals Stream - \$380.00, Development Stream - \$420.00)

- 3 training sessions per week
- 1 matches per week
- Entry into the SCSA Cup House League Tournament
- 4 United Competition Weekends (1 in Swift Current, 3 out of town)
- ***Fees may change based on Forge FC availability



U13 House League (2012 - 2013)

This option includes 1 match per week for the outdoor season.

U13 Boys House League - \$125.00

- Monday 6:30-7:20 pm @ Riverside Park
- SCSA Cup Tournament, June 13-15, 2025 @ Ashley Park/Perry Field

U13 Girls House League - \$125.00

- Tuesday 6:30-7:20 pm @ Riverside Park
- SCSA Cup Tournament, June 13-15, 2025 @ Ashley Park/Perry Field



U13 House League +Training (2012-2013)

This option includes 1 house league match and 2 training sessions per week.

U13 Boys House League +Training - \$250.00

- Training Monday/Wednesday 5:00-6:15 pm @ Riverside Park
- Match Monday 6:30-7:20 pm @ Riverside Park
- SCSA Cup Tournament, June 13-15, 2025 @ Swift Current Location
TBD

U13 Girls House League +Training - \$250.00

- Training Tuesday/Thursday 5:00-6:15 pm @ Riverside Park
- Match Tuesday 6:30-7:20 pm @ Riverside Park
- SCSA Cup Tournament, June 13-15, 2025 @ Swift Current Location
TBD



U13 Swift Current United (2012-2013)



U13 Boys United

- **Fundamentals Stream - \$380.00**
- Training Monday/Wednesday 5:00-6:15 pm @ Riverside Park
- Match Monday 6:30-7:20 pm @ Riverside Park
- SCSA Cup Tournament, June 13-15, 2025 @ Swift Current Location TBD
- 4 Competition Weekends (1 in Swift Current, 3 out of town)
- **Optional Development Stream - \$420.00**
- Extra Training Thursday 6:15-7:15 pm @ Riverside Park

U13 Girls United

- **Fundamentals Stream - \$380.00**
- Training Tuesday/Thursday 5:00-6:15 pm @ Riverside Park
- Matches Tuesday 6:30-7:15 pm @ Riverside Park
- SCSA Cup Tournament, June 13-15, 2025 @ Swift Current Location TBD
- 4 Competition Weekends (1 in Swift Current, 3 out of town)
- **Optional Development Stream - \$420.00**
- Extra Training Wednesday 6:15-7:15 pm @ Riverside Park



U15-19 Programming Options Overview (2011-2006)

House League - \$150.00

- 1 adult league match per week

House League +Training - \$275.00

- 2 training sessions per week
- 1 adult league match per week

Swift Current United - \$395.00

- 4 training sessions per week
- 1 adult league match per week (optional, but recommended)
- 2 United Competition Weekends (Swift Current, Yorkton)
- ***Extra competitions to be determined based on player registration. If necessary, we will join together with another community to compete at out of town competitions.



U15-19 House League (2011 - 2006)

U15-19 House League will allow players to participate in our local adult leagues. **\$150.00**

- Men's League: Monday, 7:30-8:30 pm @ Riverside Park
- Women's League: Tuesday, 7:30-8:30 pm @ Riverside Park



U15-19 House League +Training (2011-2006)

This option includes 1 house league match and 2 training sessions per week.

U15-19 Boys House League +Training - \$275.00

- Training Wednesday/Thursday 7:15-Dark @ Riverside Park
- Match Monday 7:30-8:30 pm @ Riverside Park

U15-19 Girls House League +Training - \$275.00

- Training Wednesday/Thursday 7:15-Dark @ Riverside Park
- Match Tuesday 7:30-8:30 pm @ Riverside Park



U15-19 Swift Current United (2011-2006)



U15-19 Boys United - \$395.00

- Training Wednesday/Thursday 7:15-Dark @ Riverside Park
- Training Tuesday/Wednesday 6:30-7:30 am @ Riverside Park
- Match Monday 7:30-8:30 pm @ Riverside Park
- 2 Competition Weekends (Swift Current, Yorkton)
- ***Extra Competition Weekends may be added based on registration and player availability.

U15-19 Girls United - \$395.00

- Training Wednesday/Thursday 7:15-Dark @ Riverside Park
- Training Tuesday/Wednesday 6:30-7:30 am @ Riverside Park
- Match Tuesday 7:30-8:30 pm @ Riverside Park
- 2 Competition Weekends (Swift Current, Yorkton)
- ***Extra Competition Weekends may be added based on registration and player availability.



Swift Current United

What is Swift Current United?

When players enter the U9 age group, they can then choose to join Swift Current United. Swift Current United is a travel soccer and training experience for players who want to dedicate more time to growing their skills and competing against teams from across the province.

The following are some of the things Swift Current United players can expect in the program:

- Weekly training sessions led by certified coaches
- Game-based and player-centred drills
- Flexible and dynamic training environments - groupings will change based on a variety of factors like skill, age, size, school, size, etc.
- Home skill work for players to train on their own
- Fun, exciting competition weekends

Swift Current United offers two options:

- Fundamentals Stream
- Development Stream



Fundamentals vs Development Streams

There are two streams within the United program that families may choose from:

1. **Fundamentals Stream**

- 2 practices per week
- 3-4 competition weekends
- 2 house league matches per week
- SCSA Cup Tournament

2. **Development Stream**

- 3 practices per week
- 3-4 competition weekends
- 2 house league matches per week
- SCSA Cup Tournament
- Individualized support from United coaches
- Higher player expectations

See the next slide for additional information about the United Development Stream.



United Development Stream

The United Development stream (U9-U13) is designed for players who want to take an active role in their own long-term soccer development. The program is aimed at providing players with as much support as possible to reach their individual goals and to fulfil their potential. This stream includes the following:

- One extra training session per week
- Individual attention and feedback - written progress for players to read and reflect on
- House league as a tool: Game challenges to ensure that players get the most out of their house league experience
- The potential to play up an age group if approved

One of the key differences in the United Development Stream is player expectation and accountability. The Development Stream is a commitment to your own long-term development and the coaches will be there to help you achieve your goals.



United-at-a-Glance

Training

1. Players arrive to the field and participate in fun arrival games/matches.
2. Players join their training groups - these will be communicated at the field.
3. Players train, taking part in game-based, player-centred drills.
4. Players have a 15 minute break between their training and house league match.

United Competitions

1. Players are divided into teams before a competition weekend. Teams are not set for the season but are purposely kept flexible.
2. Players arrive at their match 30-45 minutes early.
3. The coach meets with the team to have pre-game discussions and warm-ups.
4. Players compete in their matches :)
5. Players have a post-game discussion with the coach.



United Player and Parent Expectations

Player Expectations

1. Arrive early to practice ready to work hard, have fun, and learn!
2. Arrive 30-45 minutes before scheduled matches.
3. Demonstrate a positive attitude and respect towards your coaches, teammates, other players, referees, your environment, and yourself.
4. Complete any at home soccer work given by your coaches.

Parent Expectations

1. Maintain consistent behaviour in accordance with the SCSA code of conduct.
2. Cheer players on during matches! Have a positive attitude. Avoid any negative comments towards any players, coaches, or officials.
3. Read and respond to coach and team staff communication.



Moving up an age group -“Playing Up”

*“Having children compete and practice in the correct environment is instrumental in their development as young people and as soccer players. The elements that have to be considered in that environment are **Social/Emotional, Psychological, Physical, and Technical.**”*

- Ontario Soccer Association, *Fast Tracking & Player Development*

Within the United format, there is potential for players to play and train with an older age group. If a player is identified as having the correct qualities to play with an older age group, the following process takes place.

- A discussion between the coach and technical director to identify a player who can potentially play up.
- The player’s parent/guardian is informed of this identification, and the parent is informed of the benefits and challenges of playing up.
- If the parent/player wish to proceed, the coach and technical director complete the following evaluation: “Playing Up” Evaluation
- This evaluation will be completed based on observation of the player in training/matches, player history, and, if necessary, an individual session.
- The parent/player are informed of the decision by the coach and technical director.



Forge FC

Beyond our United programming, we also offer U13+ players the opportunity to tryout for Forge FC.

Forge FC is designed to provide a high-performance pathway to local players, while still training and developing within their community programs. The team is made of players from Swift Current, Moose Jaw, Yorkton, and Weyburn. Forge FC competes in the Prairie Soccer League (PSL) against the strongest teams in the province. There is an evaluation process for each age group, and teams are then selected by the coaching staff.

The U13 division is developmental, which means there will be standings and stats, but no provincial or national championship. The U15 and U17 divisions both have standings and stats, as well as a provincial championship. The winning team then competes at the National Championships.

This year, we are opening a U19 division to compete in tournaments in various provinces and the USA.

Forge FC is the next step in player development for those who have the talent and dedication to compete against the best players in the province.

For more information on the PSL, as well as past standings and statistics, use this link: [Prairie Soccer League \(PSL\) - Saskatchewan Soccer Association : Website by RAMP InterActive](#)

FORGE FC



Adult Leagues

SCSA is happy to offer exciting options for adult players! We offer a men's league and a women's league which play 1 match per week during the outdoor season. Typically, our leagues have 4 teams, playing 8v8 at Riverside Park, pending registration numbers. As an added bonus, **if you coach one of our house league or United team, you can play the adult league for free!**

Our adult leagues have league standings, stats, and the chance to compete for the championship trophy! Players also have the chance to win MVP, youth MVP, and Golden Boot awards! The league is open to players born 2011 and older*.

- Men's League: Mondays, 7:30-8:30 pm, Riverside Park - \$150.00
- Women's League: Tuesdays, 7:30-8:30, Riverside Park - \$150.00



*Special permission may be given to players born 2012, pending an evaluation from the technical director and technical trainer.

Women's Learn to Play

SCSA is excited to announce a brand new Women's Learn to Play program for the 2025 outdoor season!

This program is designed to get more women in the game! The program will focus on fun, skill development, and gameplay in an environment suited to people who want to learn to play and have fun!

Just like our adult leagues, **if you coach, you play for free!**

- **Thursday nights, 7:15-8:15, Ashley Park - \$80.00**



Financial Assistance

There are three fantastic programs dedicated to helping families to cover the cost of registration and equipment. You can find the application for each of the programs below.

Kidsport: [Apply for a Grant - KidSport Swift Current](#)

Kiwanis Active Kids: [Kiwanis Active Kids | Financial Support for Youth Sports Fees & Equipment in Swift Current | Easy Online Application — Kiwanis Club of Swift Current](#)

Jumpstart: [Individual Child Grants – Jumpstart](#)



How You Can Help

SCSA relies on support from fantastic volunteers in order to be successful. There are 3 main ways to help out:

1. **Volunteer as a coach.** We rely on volunteer coaches in order to provide a great soccer experience. There is no soccer experience required. Training will be delivered by our technical director and technical trainer so that all new coaches feel confident and comfortable. Coaches will have ongoing support from our lead coaches throughout the season.
2. **Volunteer as a board member.** Board members are crucial to ensure SCSA runs efficiently. We are currently seeking members to fill many positions, such as:
 - Vice-president
 - Adult league coordinator
 - Grant writer
 - Volunteer coordinator
3. **Event volunteer.** There are many exciting soccer events held throughout the year that rely on volunteer support.
 - Red vs White Day
 - SCSA Cup House League Tournament
 - Great Plains Futsal League Hosting Weekend
 - Swift Current Outdoor Hosting Weekend

