

**24-HOUR COOL-DOWN:**

- a. **24 Hour Rule:** SCSA members, parents, and/or spectators are not to approach Team Personnel to discuss any “negative” game or practice situation until at least 24 hours has passed from the completion of the game or practice. Parents are to inform the coach/manager after such time that they wish to set up a time to discuss the concern.
- b. **The Swift Current Soccer Association** recognizes that soccer is an emotional sport. The on-field action that players encounter can spill onto the benches and into the stands which can create a strong reaction from coaches, players, parents, and spectators. **SCSA** has adopted the “24-Hour Rule” for this reason. This important rule does 2 things:
  - It moves any emotional and confrontational discussion away from the presence of the players.
  - It allows parties to “cool off”, compose themselves and put the provoking incident or situation that occurred into perspective before meeting to discuss it.
- c. If everyone respects the “24 Hour Rule”, concerns are more likely to be fully addressed. More importantly, the players’ enjoyment of the game is not marred by an ill-timed confrontation.
- d. If concerns are not able to be addressed by following this process, the next step for parents is to present your concern to SCSA at [swiftcurrentsoccer@gmail.com](mailto:swiftcurrentsoccer@gmail.com) and it will be passed on to the appropriate staff/volunteer.
- e. Violation of the 24-hour rule may result in suspension of the parent as determined by the SCSA Board of Directors and/or Discipline committee.
- f. Failure to comply with SCSA Board/Discipline Committee decision based on violation of 24-hour rule (as set out in **4.e.**) may result in suspension of related SCSA registered player.