

### 2022-2023 U13 Indoor Information

#### **General Information:**

## Mondays from 7:00-8:00pm at the Stockade

- Season runs October 3rd, 2022 January 31, 2023.
- Fluid teams that will vary from week to week.
- Sessions include a minute warm-up followed by a 9v9 full field game with a referee.
- Players are <u>required to have shin guards covered with socks and clean indoor</u> runners or indoor cleats.
- No jewelry.
- Each player is to bring their own marked and filled water bottles.
- In the event of poor weather, please check the SCSA Facebook page for timely communication.
- Please see scheduled for canceled and make-up sessions.

# <u>Each player is encouraged to bring their own labeled Hygiene Pack with them.</u> <u>They can remain in their bags.</u>



#### Labeled zip lock bag containing:

- 1. Hand sanitizer
- 2. Hand wipes
- 3. Band aids
- 4. Kleenex
- 5. Mask to fit your child

Please contact SCSA with any questions, comments, or concerns:

 $Chad\ Striker\ \hbox{-}\ \underline{swiftcurrentunitedsoccer@gmail.com}$ 

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