

# U7 Laws of the Game



## **Taber & District Soccer Association – Laws of the Game**

The league plays according to the [IFAB Laws of the Game](#) and the modified laws of the games as found in:

- [2023 Alberta 7v7 Outdoor Rules and Mini Referee Guide](#).

Hereafter the following abbreviations will be used:

Taber & District Soccer Association – TDSA.

Alberta Soccer Association – ASA.

2023 Alberta 7v7 Outdoor Rules and Mini Referee Guide – ASA 7v7 Rules.

### ***Playing time***

*Each player must be given opportunity for equal play time and should play at least 50% of the game. Players should be encouraged to explore all positions.*

Please find below a summary of the modifications used in TDSA's house league. If it is not included in the modifications list below, please refer to the ASA 7v7 Rules.

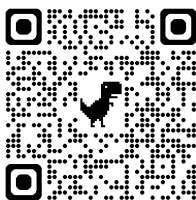
- **Rule 1 – Field Markings & Equipment**
  - Games are played on Mini fields.
  - Goals are approximately 5 metres wide by 2 metres high.
  - Please refer to ASA 7v7 Rules for additional information.
- **Rule 2 – The Ball**
  - Ball size (#3).
  - Please refer to ASA 7v7 Rules for additional information.
- **Rule 3 – The Number of Players**
  - If a team shows up with 5 or less players, coaches are encouraged to come up with a solution in order to allow the children to still participate in a modified game (Eg. Give some players to the short team, play 5 vs. 5, etc.) The goal is to get children playing.
  - Please refer to ASA 7v7 Rules for additional information.
- **Rule 4 – The Players' Equipment**
  - Please refer to ASA 7v7 Rules for additional information.
- **Rule 5 – The Referee**
  - Officiating is done by both coaches on the field (it is geared more to education than penalization).
- **Rule 6 – Assistant Referees**
  - There are no assistant referees in 7 v 7.
- **Rule 7 – Duration of Game**
  - 15 minutes of practice time followed by a game which consists of 2 equal halves of 15 minutes, halftime break of 5 minutes. Times may be altered upon agreement by both coaches. Practice time is extremely important for the development of skill and knowledge and should not be eliminated except under unusual circumstances.



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- **Rule 8 – The Start and Restart of Play**
  - Please refer to ASA 7v7 Rules for additional information.
- **Rule 9 – Ball In and Out of Play**
  - Please refer to ASA 7v7 Rules for additional information.
- **Rule 10 – The Method of Scoring**
  - Goals cannot be scored from inside of the Goal Area.
  - 3 Goal Rule: Each player may only score 3 goals (only in effect if the team is winning).
  - Please refer to ASA 7v7 Rules for additional information.
- **Rule 11 – Offside**
  - There is no offside in 7 v 7.
- **Rule 12 – Fouls and Misconduct**
  - Slide-Tackling is not allowed. Restart with an indirect free kick to the opposing team.
  - Please refer to ASA 7v7 Rules for additional information.
- **Rule 13 – Free Kick**
  - Please refer to ASA 7v7 Rules for additional information.
- **Rule 14 – Penalty Kick**
  - There are no penalty kicks in 7 v 7 with the exception of tournaments when a result needs to be decided.
- **Rule 15 – Throw In**
  - Allow one rethrow after explaining what the player did wrong. Play continues after the 2<sup>nd</sup> throw.
  - Please refer to ASA 7v7 Rules for additional information.
- **Rule 16 – Goal Kick**
  - Please refer to ASA 7v7 Rules for additional information.
- **Rule 17 – Corner Kick**
  - Please refer to ASA 7v7 Rules for additional information.

ASA 7v7 Rules  
(PDF)



IFAB Laws of  
the Game  
(Website)

