



Thorhild Minor Hockey Association
thorhildminorhockey.com
PO Box 31, Thorhild AB T0A 3J0



THMA Operational Guidelines:

In conjunction with the Thorhild AG society, Hockey Canada and Alberta Health Services Thorhild Minor Hockey Association has put together the following procedures to ensure the safety of all our members.

- First and foremost all Alberta Health regulations must be adhered to at all time.
- All THMA families are expected to follow any guidelines put forth by the AG society, any mistreatment of facility staff will not be tolerated.
- If a participant does not feel well, has a fever or a cold they should stay home and advise the coach. All those participating in or attending a hockey activity should stay home if sick.
- Parents will use the AHS self assessment form to ensure child is fit to partake in activities.
- There will be no handling of minor hockey registration paper work or payment at the arena, everything is to be emailed or mailed. Please visit our website for forms and payment information.
- Arrival time: no more than **15** minutes prior to your scheduled ice time.
- All players and parents must exit the arena **15** minutes after end of ice time
- Masks are required to be worn inside the arena.
- Hand sanitization is required upon entering the arena, a sanitization area will be provided.
- Dressing rooms will be available, players should be prepared to arrive in as much equipment as possible to reduce time in dressing rooms. Two rooms will be provided for each team, allowing participants adequate room to space out. Parents and players will be expected to respect all facility instructions for use of dressing rooms.
- One parent may enter the dressing room per child, if the need for assistance is there; parent must be wearing a mask.
- Coaches will be available to assist players in the dressing rooms with equipment.
- Players must wear a mask in the dressing room, masks may be removed right before heading out to the ice.
- Any coaches and parent helpers are required to wear a mask in the dressing rooms.
- Showers will not be available for use
- Maximum of 3 people per washroom at anytime, please maintain 2m distancing in washrooms.
- Equipment such as jerseys, pant shells, and socks should be washed after each practice/ game. It is important that players ensure equipment is kept clean.
- All players must come with their own water bottle, clearly marked with name and filled from home.
- Absolute no sharing of food or drinks, individual snacks are permitted.
- There will be no cross over of coaches and parent helpers between the different age groups.
- There is a maximum limit of 50 people on the ice at one time, this includes coaches, players, refs and parent helpers.
- Coaches will wear a mask when on the bench where physical distancing is not possible.
- Coaches will be supplied with a kit to keep on the bench with the team. Kit will include: disposable masks, hand sanitizer, gloves, and tissue so they are able to safely deal with any player issues safely.
- There is a maximum of 100 spectators (50 for each team) allowed in the arena, please be mindful when attending games and limit the amount of family that attends.
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- Coaches will have rosters at all games and practices to record players present, this information will be passed onto AHS only if requested.
- Only one practice will be held on the ice at one time. This helps the coaches utilize the full ice surface and adhere to physical distancing protocols as best as possible.
- Pre-game and post-game handshakes have been eliminated.
- If a player is identified as having any COVID symptoms they will be placed in the designated isolation room until a parent is able to take them home.
- Parents are asked to socialize out side of the building, do not congregate inside the building.

Our registrar Melissa Schwab has volunteered to be our communications officer for our organization, responsibilities include:

- Monitoring all relevant updates from the public health authority
- Monitoring all relevant updates for association members
- Communicating with local facilities on guidelines and updates
- Ensuring teams are following the prevention guidelines set by Thorhild Minor Hockey Association.
- Ensuring any COVID-19 cases are reported as required by the public health authority. Please know that information about COVID cases are confidential

Any member questions can be sent to her via email: thorhild_registrar@outlook.com

We understand there are a lot of new guidelines that need to be followed, we ask that all members conduct themselves with patience and respect to arena personal, executives, coaches and all volunteers. It is **all** of our responsibility to keep our players, families and community safe.