

## **Thunderstars Minor Hockey**

### **Coaches Meeting**

October 6, 2024 @ 7:30 pm

#### **In attendance**

Mike Terway	Bobby McNabb	Laura Zwack	Derick Seiferman
Dustin Nahajowich	Cole Gibson	Mark Gjesdal	Jenna McCarroll
Bryan Bjorge	Colin Spiller	Colin Matthiessen	Jordan Heck
Garett Jackson			

#### **1. Coaches and Managers:**

U7 Blue – Head Coach - Dustin Nahajowich, Assistant Coach – Cole Gibson and Mitch Stefanishion  
Manager – Larrisa McNabb

U7 Red – Head Coach – Mark Gjesdal, Assistant Coach – Jenna McCarroll and Mike Terway  
Manager - position to be filled

U9 Blue – Head Coach – Bryan Bjorge, Assistant Coach – Colin Spiller and Colin Matthiessen  
Manager – Chantelle Hayes

U9 Red– Head Coach – Derick Seiferman, Assistant Coach – Jordan Heck and Garett Jackson  
Manager – Laura Zwack

#### **2. Team selection will be posted on Thunderstars website**

Check the website on October 11 for the team rosters

#### **3. Coaching Requirements:**

\* Handouts: 2024 Hockey Alberta Coach Qualification Matrix, Fair Play Code for Coaches

- a. In- Person Clinics - Coach 1 - Intro to Hockey
- b. Online Clinics:
  1. Hockey Canada Coach 1 & U7 or U9 Player Pathway (note: the player pathway modules will be available to the coach once they have completed the main Hockey Canada training)
  2. Hockey Canada Skill - Checking Skills (recommended training for U9 Coaches)
  3. Hockey Canada Safety Program Level 1
  4. Respect In Sport - Activity Leader
- c) Criminal Record Check

**8. Start Date:**

U7 – October 16 @ 4:30 – 5:30 – Forestburg

U9 - October 9 @ 5:30 - 6:30 in Forestburg

**9. Practice Schedule/Times:**

25% in Forestburg (2/month) and 75% in Daysland (6/month)

U7 Blue and Red - Monday/Wednesday 4:30 - 5:30

U9 Red - Monday/Wednesday 5:30 - 6:30

U9 Blue - Tuesday/Thursday 5:30 - 6:30

**10. Assigned Board Director:**

U7 – Derick Seiferman 780-679-8854

U9 – Leann Pfeffer 780-678-6696

**11. Team Meeting - Coaches/Manager/Parent:**

U7 – Blue – October 21

U7 – Red – October 21

U9 – Blue – October 15

U9 – Red – October 16