



COVID-19 Return to Activity Safety Plan

September 1, 2020



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Return to Activity Mission

Tillsonburg Ringette Association (TRA) is committed to providing a safe environment for players to return to on-ice activity, and to return to and maintain an ideal level of fitness and skill to resume play when it is safe to do so. To accomplish this, TRA must work with the appropriate levels of government and health care, the facility, as well as the bench staff, players and parents.

TRA is responsible to communicate with all necessary groups mandating how we can achieve the above mission safely. TRA is also responsible for developing and enforcing the specific Health and Safety Guidelines outlined in this document. The COVID Safety Leader (CSL) will serve as the head coordinator (**Appendix**). The following groups must be considered in this mission:

1. Provincial Government and Southwest Public Health
2. Tillsonburg Community Centre (Facility)
3. Coaches and Bench Staff
4. Participants and Parents

Provincial Government and Southwest Public Health

The Provincial Government provides the basic guidance regarding standards and regulations for sports. Southwest Public Health will provide guidance and standards based on our local region. The CSL is subscribed to regular email updates from Southwest Public Health, to keep up to date with current community risk and regulations.

The following websites will be monitored and consulted for the necessary information, and policy will be modified as the regional needs change:

<https://www.ontario.ca/page/guidance-facilities-sports-and-recreational-fitness-activities-during-covid-19>

<https://www.ontario.ca/laws/regulation/200364>

<https://www.swpublichealth.ca>

See current guidelines from Southwest Public Health (Appendix 1)

Tillsonburg Community Centre

Tillsonburg Community Centre provides our arena facilities and will determine capacity standards. TRA will follow the rules set out by the facility and will provide this information to members as to be outlined later in this document. TRA will be ready to adapt as these rules change, and will communicate and enforce these expectations with members and players. The following are the current plans:



- There is currently only one entrance to the facility, which is monitored by an attendant, all others are emergency exits only. This is the entrance from the main parking lot.
 - Entrance time will be 15 minutes prior to scheduled ice time
 - Coaches and designated bench staff must meet participants at the entrance, and confirm that the facility entry form (Appendix 2) is completed and submitted to the attendant.
 - 20 participants is the maximum allowed, including bench staff
 - Players must enter the building fully dressed to participate (no change room access at this time). Bench staff will take players to the lower level via stairs or elevator to the designated chairs in the hallway. This is where skates can be put on and tied.
 - No spectators are allowed at this time
 - No ringette bags are allowed in the facility at this time. A water bottle is permitted, and filling stations are available
 - Off ice warm up within the facility cannot be accommodated at this time
 - Incidents of Injury or signs suggestive of COVID-19 are to be reported directly to the Facility Registrar (Appendix 3). Contact information will be provided to all Bench Staff
- Meeting Minutes from the Facility meeting are located in Appendix 4.

Coaches and Bench Staff (including on ice volunteers)

Coaches and Bench Staff will be educated on the COVID Safety Protocols (Appendix 5) and will be responsible for employing these protocols, and ensuring that parents and players follow these. Masks will be worn by all bench staff unless they are wearing a helmet on the ice. Coaches and Bench Staff will continue to communicate with the CSL and follow any changes in protocol as these occur. Any off-ice activity must be approved by the CSL to ensure that safety standards are met.

All bench staff must sign the follow documents before interacting with players or being allowed on the ice:

1. Bench Staff Code of Conduct (TRA Website)
2. Declaration of Compliance (Appendix 6)
3. Waiver of Claims and Indemnity Agreement if >18 years of age (Appendix 7)
4. Informed Consent and Assumption of Risk Agreement if 18 years of age or older (Appendix 8)

Coaches & Assistant Coaches

- will follow and enforce all rules set in place by the TRA and the facility
- will contact players who have not responded to attendance requirement within 48 hours of ice time
- will follow the Rule of Two, and will make sure that there is always at least one female bench staff member present with players at all times

Trainer

- will have a first aid kit at all times, and make sure that the following items are always available, in addition to the traditional first aid items:
 - masks for players to be worn while being attended to
 - hand sanitizer to be used before and after assisting a player
 - medical gloves, eye protection (in case of COVID symptoms)
 - up to date contact information of parents in case of emergency
 - Procedures for Sickness Related to Non-Injury Related Illness (Appendix 9)
- incidents of injury or illness will be dealt with promptly following the designated protocol (Appendix 9) and will follow proper reporting procedures



Manager

- will follow attendance procedures for each activity and will assist coaches in monitoring the 48 hour attendance plans and complete Attendance Tracking Form (Appendix 11)
- will send home any player arriving with signs of illness, and likewise will send home any player who arrives with a parent who is showing signs of illness
- will maintain the current parental contact information
- ideally remain off ice during ice time as an immediate physical contact to communicate with parents should a participant require assistance (unless also an on-ice volunteer)

Player and Parent Requirements

Players and Parents must adhere to all rules set out by TRA and the facility. Any disregard for these rules may result in denial of participation.

- All player documents must be completed before the initial practice:
 1. Parent Code of Conduct
 2. Declaration of Compliance (Appendix 6)
 3. Waiver of Claims and Indemnity Agreement (participants 18 years of age or older) (Appendix 7)
 4. Informed Consent and Assumption of Risk Agreement (participants under 18 years of age) (Appendix 8)
- A mask must be worn by the player while inside the facility. The mask may only be removed just prior to ice time
- Players must arrive fully dressed to participate, except for skates.
- Parents must be present for initial check in process before ice time, and must maintain availability for contact, should their assistance be required with their participant (for example if a child needs to use the bathroom while in full equipment, or should an injury or illness occur). If this were to occur, the parent would be led to the participant by the team manager.

Participant Protocols

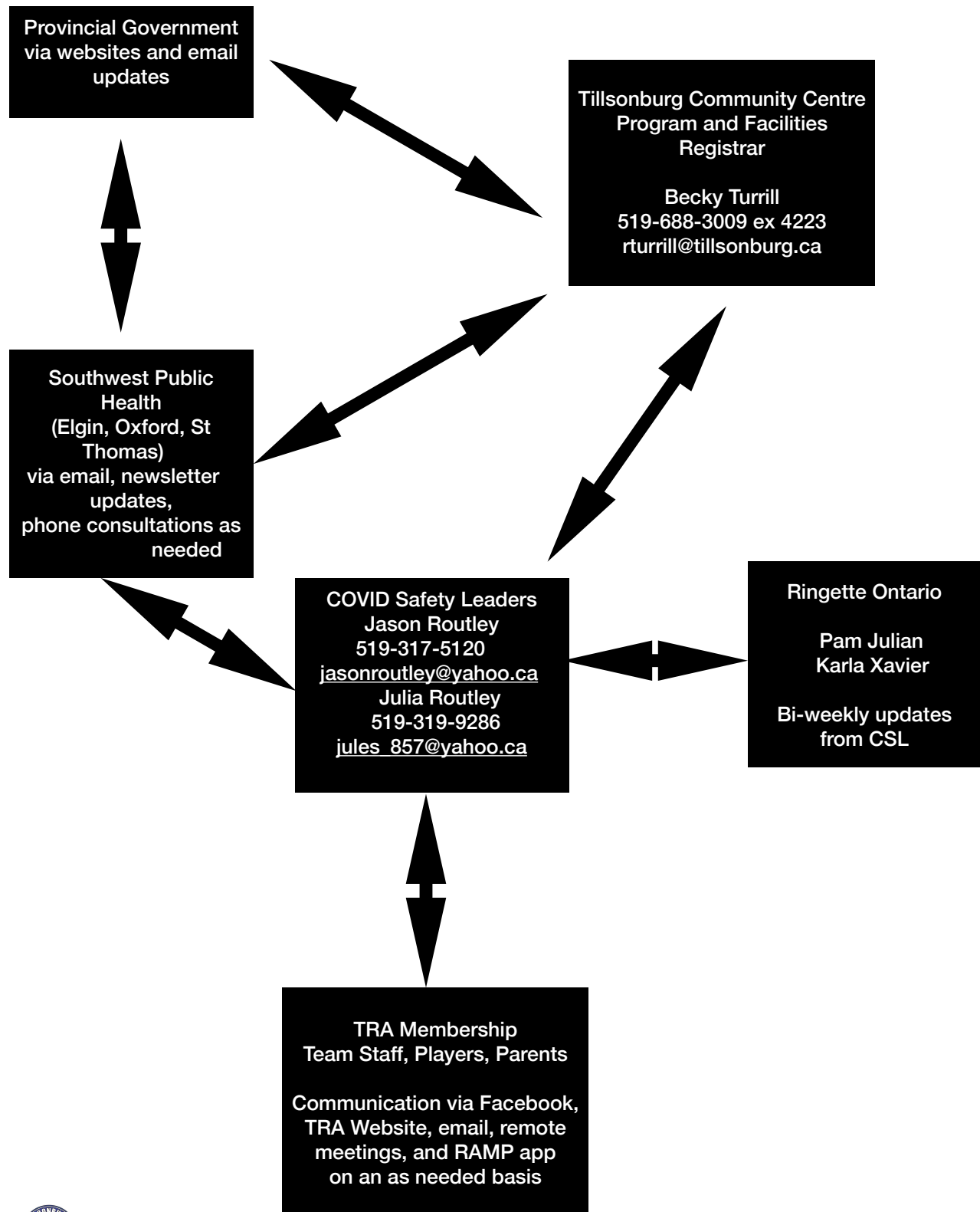
At this time, our facility requires TRA to follow Scenario 1 for the “Ringette Ontario Participant Protocols” (Appendix 10)

- follow attendance protocols and use the RAMP app to confirm, and respect that they will be unable to attend if attendance is not confirmed
- stay home if feeling unwell, or showing any signs suggestive of COVID
- maintain social distancing while waiting in line to enter the facility
- ensure that equipment is cleaned between events - jersey must be washed, gloves and helmet must be sanitized, water bottle must be washed, ringette stick must be sanitized
- skate guards are strongly recommended. Players should be familiar with how to put skate guards on and take them off. PLEASE NOTE: Wheeled skate guards are not allowed in this facility
- while no equipment bags are allowed in the facility, each player must have a washable bag for their helmet and gloves (eg. pillow case or drawstring bag)
- will tell a designated manager off ice, or trainer on ice if they require assistance from a parent for any reason



Over all Communication Plan for Protocol Adjustment

The following flow chart demonstrates lines of communication to receive and disseminate information.



Activity Protocols

Activity Groups

Current Provincial requirements dictate a maximum of 50 players per league. Once registration is closed, players will be divided according to skill and age group. Players will be restricted to activities within their own league, including practices, mini games, and volunteering to help younger groups.

Attendance

Plans to attend activities MUST be confirmed via the RAMP App 48 hours prior to ice time, since there will be three health attestation questions required before attendance can be confirmed. No changes to attendance may be made within the 48 hour window.

A Manager will be responsible for tracking and reporting actual attendance at ice time. The chart created by Ringette Canada (Appendix 11) will be used as a team record with check in and check out times. This can be supplied to the Facility on request, however they have requested the use of their attendance form (Appendix 2) at the entrance.

Illness Plan

TRA will follow the Illness Plan outlined by RO (Appendix 9). If illness or signs of COVID-19 develop during a ringette event, the individual must notify Team Staff and the CSL immediately. This individual will receive and wear a mask immediately. Anyone attending to the individual must also wear a mask and gloves. Parents/Guardians must be advised and the individual must be taken home immediately. If there is a delay before this can occur, the participant will need to find an area to isolate. If the individual is an adult, they may leave immediately if they are well enough to drive. Otherwise, an emergency contact will be called.

If a participant notifies Team staff that they will not be attending because they are feeling unwell or are showing signs of COVID-19, they must follow up with their physician and proceed accordingly. They will require a note from a physician to return to participation.

In the event of a positive test for COVID-19, public health guidelines must be followed. The CSL and the Facility must be notified immediately.

Other Documentation

Appendix 12 contains the Facility Audit and Regulations

Appendix 13 contains the Return to Ringette Acknowledgement



Appendix

Appendix 1 - Current Requirements from Southwest Public Health

Guidance and Requirements for Multi-Use Sport and Recreational Facilities as per Stage 3 Reopening Framework

OUTDOOR FACILITIES				
Facility Type	Guidance document with public health measures to be followed	Maximum # of people permitted to gather/attend	Is physical distancing of 2 meters required? Y/N	Does the equipment need to be cleaned and disinfected? Y/N
Soccer Fields	Not available	50 players (per league) No more than 100 spectators are permitted at outdoor soccer tournaments	Players are not required to physically distance from others when playing a team sport. However, prolonged, or deliberate contact is not permitted. Spectators are required to physically distance themselves from others outside their household or social circle.	Yes, equipment must be cleaned at the end of a game. Any washrooms change/locker rooms available are to be cleaned and disinfected frequently (i.e. before and after use). To prevent overcrowding in change/locker rooms, encourage players to dress at home.
Baseball Diamonds	Not available	50 players (per league) No more than 100 spectators are permitted at outdoor baseball tournaments		
Tennis Courts	Not available	Gathering limits do not apply to tennis courts. However, if a tennis tournament is held, the gathering limit for spectators is 100.		
Splashpads and Pools	Please see Guidance for Splashpads, Public Pools, Wading Pools, Spas	Not indicated	Yes	Please see guidance document for direction
Parks and Green Space	Please see Guidance for Parks and Green Spaces	Not defined for general use; 100 for outdoor events	Yes, on trails and for general green space use	Not applicable

Updated August 10, 2020



OUTDOOR FACILITIES				
Facility Type	Guidance document with public health measures to be followed	Maximum # of people permitted to gather/attend	Is physical distancing of 2 meters required? Y/N	Does the equipment need to be cleaned and disinfected? Y/N
Playgrounds	Please see Guidance on Community Use of Playgrounds	100	Yes	Please see guidance document for direction

INDOOR FACILITIES				
Facility Type	Guidance document with public health measures to be followed	Maximum # of people permitted to gather/attend	Is physical distancing of 2 meters required? Y/N	Does the equipment need to be cleaned and disinfected? Y/N
Public Washrooms	Please see Guidance for Public Washrooms	Not defined	Yes. Consider implementing crowd control measures by limiting the number of people permitted to enter the washroom at one time.	Please see Guidance for Public Washrooms
Indoor Gyms, Fitness Studios and Community Centres	Please see Guidance for Indoor Gyms, Fitness Studios and Community Centres	50	Yes	Equipment must be cleaned between sets or classes. Any change/locker rooms made available to the public must be cleaned and disinfected frequently. To prevent overcrowding in change rooms, encourage patrons/players to change/shower at home.
Indoor Pools and Ice Rinks	Please see Guidance for Pools as well as Public Health Principles for Public Spaces	Gathering limits do not apply in pools and on ice rinks, however no more than 50 spectators are permitted to watch indoor hockey, skating or swimming	Yes, on pool deck and in seating areas, common areas of arenas	

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IMPORTANT OPERATIONAL REQUIREMENTS AND ALLOWANCES

- Any washrooms, change rooms, locker rooms, showers or other similar amenities made available to the public must be cleaned and disinfected frequently. Please see our Guidance for Public Washrooms.
- Prolonged or deliberate contact while playing sports is not permitted.
- Amateur or recreational sport leagues may resume so long as they do not allow prolonged or deliberate physical contact between players. Soccer, baseball, tennis and other leagues may resume under this principle of no prolonged or deliberate contact.
- Leagues must contain no more than 50 participants. If the league contains more than 50 participants, it can be broken down into smaller groups. Players are not yet permitted to play against other players outside their league or group.
- Sporting and racing events are subject to outdoor gathering limits of 100. Specifically, spectators of sporting events including professional sports, will be subject to gathering limits and physical distancing measures, with assigned seating where possible. Therefore, outdoor sporting tournaments such as a baseball or soccer tournament would be considered a sporting event and should not exceed more than 100 spectators in total.
- Encourage staggered start times for games at recreational facilities to prevent large crowds from congregating.
- When inside all enclosed public spaces, including public washrooms, change rooms, and locker rooms, a face covering is required (unless an exemption applies). Read the full Letter of Instruction regarding face coverings [here](#). [Signage](#) must be posted at entrances to any enclosed public space indicating face masks are required.

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Appendix 2 - Tillsonburg Community Centre Visitor Screening Form

COVID 19 Visitor Screening Questionnaire

Symptoms

1. Are you experiencing any of the following symptoms? Yes ☐ No ☐
 - Severe difficulty breathing
(e.g. struggling to breathe or speaking in single words)
 - Severe chest pain
 - Feeling confused
 - Losing consciousness
2. Are you experiencing any of the following symptoms? Yes ☐ No ☐
 - Fever (feeling hot to the touch, a temperature of 37.8 degrees Celsius or higher)
 - Chills
 - Cough that's new or worsening (continuous, more than normal)
 - Barking cough, making a squeaky or whistling noise when breathing (croup)
 - Shortness of breath (out of breath, unable to breathe deeply)
 - Sore throat
 - Difficulty swallowing
 - Hoarse voice (more rough or harsh than normal)
 - Runny nose (not related to seasonal allergies or other known causes or conditions)
 - Stuffy or congested nose (not related to seasonal allergies or other known causes or conditions)
 - Lost sense of taste or smell
 - Headache
 - Digestive issues (nausea/vomiting, diarrhea, stomach pain)
 - Extreme tiredness that is unusual (fatigue, lack of energy)
 - Falling down more than usual
 - Pink eye (conjunctivitis)
 - Muscle aches
 - For young children and infants: sluggishness or lack of appetite

Travel

1. Have you travelled outside of Canada in the past 14 days? Yes ☐ No ☐



Contact with other People

*Close physical contact means; being less than two (2) metres away in the same room, workspace, or area over 15 minutes, or living in the same home.

1. Have you been in close physical contact with someone who has traveled outside of Canada in the past 14 days? Yes ☐ No ☐
2. Have you been in physical contact with a person that is currently sick with a new cough, fever or difficulty breathing? Yes ☐ No ☐
3. Have you had close physical contact with a person who has tested positive for COVID 19? Yes ☐ No ☐

Visitor Name: _____

Address: _____

Phone #: _____

Visitor Signature: _____ Date: _____

In accordance with the Municipal Freedom of Information and Protection of Privacy Act, personal information is collected under the authority of the Municipal Act, 2001, S.O. 2001, Chapter 25, as amended, and will be used only for COVID tracing if required.



Appendix 3 - Important Contact Information

COVID Safety Leaders:

Julia Routley

Public Relations - Tillsonburg Ringette Association

Email: publicrelations@tillsonburgringette.com or jules_857@yahoo.ca

Phone: 519-319-9286 (call or text)

Jason Routley

President - Tillsonburg Ringette Association

Email: president@tillsonburgringette.com or jasonroutley@yahoo.ca

Phone: 519-317-5120 (call or text)

Tillsonburg Community Centre

Becky Turrill

Program and Facilities Registrar

45 Hardy Ave,

Tillsonburg, ON N5G 3W9

Email: rturrill@tillsonburg.ca

Phone: 519-688-3009 Ext 4223

Southwest Public Health Unit

<https://www.swpublichealth.ca/contact-information>

Toll Free: 1-800-922-0096

Email: info@swpublichealth.ca

Woodstock Site - 410 Buller Street, Woodstock ON N4S 4N2

Phone: 519-421-9901

St. Thomas Site - 1230 Talbot Street, St. Thomas ON N5P 1G9

Phone: 519-631-990



Appendix 4 - Facility Meeting Minutes

August 18, 2020 at 9:30 am

Julia Routley - PR Director and assistant Covid Safety Leader for Tillsonburg Ringette Association

Becky Turrill - Program and Facilities Registrar, Tillsonburg Community Centre

Currently in Provincial Phase 3.

Parking Lot Entrance - there is currently ONLY ONE entrance. There is an attendant at the door, behind a screen and wearing a mask, as well as a hand sanitizer station at this entrance. Each person entering the facility must fill out the attached form to enter the facility, and this must either be filled out in advance (recommended), or filled out at the entrance.

Entrance Doors - all other entrances are locked to access the building, although can be used as emergency entrance

Entrance Process - coach/designated bench staff must meet participants at the entrance and confirm or ensure that all forms are properly completed. 20 participants is the maximum allowed, and this includes bench staff (therefore 18 players)

Entrance Time - 15 minutes before ice time.

Changing of Equipment Process - Participants must enter the building fully dressed to participate (although skates can be put on once in the facility). Bench staff members will take participants to the lower level either via stairs or elevator to the chairs in the hallway. This is where skates can be put on and tied.

Dropping off Minor Participants - TRA must deal with screening of volunteers and parental consent, and must always follow the Rule of Two

Parents/Attendance - no spectators allowed at this time

Conduct of Parents/Spectators - no spectators allowed at this time

Items allowed in the facility (bags, food, beverages) - no bags allowed at this time. Can bring water bottle, which can be filled on premises if needed. No food allowed.

Dressing Room Access - not yet allowed

Look to plan for longer ice-times rental - at this time, contracts are only September to December. This will be adjusted as the season progresses, based on Provincial requirements and recommendations

Warming up within the facility - not allowed at this time. Most participants should be able to warm up and stretch at home, as time between dressing, arriving, and ice time will be short.

How to report incidents of injury or COVID-19 to facility personnel - report directly to Becky Turrill. Contact info to be provided to all coaches and bench staff.



Appendix 5 - Team Staff Protocols

Ringette Ontario Team Staff Protocols



-
- Coaches must maintain the Rule of Two at all times
 - Coaches must maintain social distance of 2-metres from athletes, other coaches, parents and patrons at all times
 - Coaches should ensure they have their own water bottle that is well labeled and kept separate from the athlete's water bottles
-

Pre-Event Responsibilities:

- If you are feeling unwell, or exhibiting any related symptoms, you must stay home
 - Coaches should ensure that their equipment is clean prior to going to a session. This includes sanitizing gloves and helmet, washing their water bottle, and washing their individual helmet and glove bag.
 - Ensure all coaching equipment (cones, white board, rings, helmet, gloves) have been sanitized prior to arriving at the facility
 - Coaches should utilize an online team organization software such as RAMP Team App, TeamSnap for attendance, ensuring that they will not be going above the maximum number of participants at any session
 - Once it is 48 hours before the session, coach should communicate with those who have marked themselves as a No, Maybe, or have not replied, and let them know that they will be unable to attend the upcoming session
 - Create a practice plan that are skill based and should not include any game scenarios or activities that require athletes to be less than 2 metres apart.
 - Coaches should send practice plans to athletes and families at least 12 hours prior to avoid close gatherings around white boards and maximize the likely reduced ice time. In addition, if parents are not able to enter the facility, they will know what their children are working on that day.
 - Coach should ensure that they have all of their equipment and required materials, including PPE, hand sanitizer, sanitizing wipes, packaged tissues, marker/labels (water bottles), and bingo dabbers (ice marking)
-

Arrival and Entrance:

- Coaches should bring only necessary items into the arena
- Coaches should come wearing the clothes they plan to wear under their coaching gear on the ice
- Wash hands immediately upon arrival
- Coaches should follow facility guidelines and protocols for entrance to the arena
- Wear a mask upon entrance, which can be removed upon putting their helmet on



- Once dressed, coaches should place their belongings in a bag that can be closed, and place it in an area where there will be no athletes (penalty box, locked dressing room if allowed etc.)
-

Pre-Session Preparation:

- 10 minutes prior to the session, bench staff will meet the athletes at the designated entrance, and will go through the COVID-19 Pre-Practice Checklist
 - "Have you travelled anywhere in the past 14 days", "Are you feeling unwell?", "Have you been in contact with anyone who has a confirmed, or suspected case of COVID-19" etc.
 - If any athletes, or their parents, answer yes to any of the questions on the checklist, they must return home and will not be permitted to attend the session
 - Bench staff will walk to the designated entrance area for participants and bring the participants inside no more than 5 minutes prior to their ice time. Coaches and athletes will maintain a 2-metre social distance from each other at all times. Bench staff will lead athletes to the arena following the facility guidelines and protocols
 - Bench staff should use a bingo dabber to draw spaces on the ice where needed for the upcoming activities to ensure social distancing (particularly for U14 and below)
-

During Session:

- Must maintain Rule of Two at all times
 - Maintain a coach to athlete ratio of 1:5
 - Lead activities that do not require contact, or that athletes come less than 2 metres apart from each other
 - Where possible, keep athletes in small, separate groups
 - Coaches will be the only individuals allowed to touch the rings or other equipment
-

Post Session Wrap-Up:

- Coaches will lead athletes out of the facility, maintaining social distance, to the designated exit
 - Coaches must sanitize all rings and facility spaces (benches, gates, nets) prior to leaving the facility
-

Exit & Departure:

- Coaches must place their helmet and gloves in a personal bag, inside of their gear bag.
- Wash hands prior to leaving the facility
- Place mask on after removing helmet
- Coaches will exit the facility, following facility guidelines and protocols



Appendix 6 - Declaration of Compliance



DECLARATION OF COMPLIANCE – COVID-19

Individual Name (print): _____

Individual's Parent/Guardian _____
(if the individual is younger than 18 years old)

Email: _____

Phone: _____

WARNING!

ALL INDIVIDUALS ENTERING THE FACILITY AND/OR PARTICIPATING IN SANCTIONED ACTIVITIES MUST COMPLY WITH THIS DECLARATION

Ringette Ontario and its affiliated associations, local associations, clubs, and leagues (collectively the "Organization") require the disclosure of exposure or illness in order to safeguard the health and safety of all participants and limit the further spread of COVID-19. This Declaration of Compliance will be kept safely, and personal information will not be disclosed unless as required by law or with your consent.

An individual (or the individual's parent/guardian, if the individual is younger than 18 years old) who is unable to agree to the terms outlined in this document is not permitted to enter the Organization's facilities or participate in the Organization's activities, programs, or services.

I, the undersigned being the individual named above and the individual's parent/guardian (if the individual is younger than 18 years old), hereby acknowledge and agree to the terms outlined in this document:

- 1) The coronavirus disease COVID-19 has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19 and requires all individuals (or their parent/guardian, when applicable) to adhere to the compliance standards described in this document.
- 2) The individual has not been diagnosed with COVID-19. OR If the individual was diagnosed with COVID-19, the individual was cleared as noncontagious by provincial or local public health authorities.
- 3) If the individual is a front-line worker (such as hospital staff, long term care staff, or other individual who interacts with individuals who have confirmed or suspected cases of COVID-19), the individual has worn proper and approved Personal Protective Equipment at all times whenever they interacted with an individual who has a confirmed or suspected case of COVID-19 in the last 14 days.
- 4) If the individual is not a front-line worker, or other individual who interacts with individuals who have confirmed or suspected cases of COVID-19, they have not been exposed to a person with a confirmed or suspected case of COVID-19 in the last 14 days.



- 5) The individual is attending or participating voluntarily and understands the risks associated with COVID-19. The individual (or the individual's parent/guardian, on behalf of the individual (when applicable)) agrees to assume those risks, including but not limited to exposure and being infected.
- 6) The individual has not, nor has anyone in the individual's household, experienced any signs or symptoms of COVID-19 in the last 14 days (including fever, new or worsening cough, fatigue, chills and body aches, respiratory illness, difficulty breathing, nausea, vomiting or diarrhea, pink eye, or loss of taste or smell).
- 7) If the individual experiences, or if anyone in the individual's household experiences, any signs or symptoms of COVID-19 after submitting this Declaration of Compliance, the individual will immediately isolate, notify the Organization, and not attend any of the Organization's facilities, activities, programs or services until at least 14 days have passed since those symptoms were last experienced.
- 8) The individual has not, nor has any member of the individual's household, travelled to or had a lay-over in any country outside Canada, or in any province outside of Ontario in the past 14 days. If the individual travels, or if anyone in the individual's household travels, outside of Ontario after submitting this Declaration of Compliance, the individual will not attend any of the Organization's facilities, activities, programs or services until at least 14 days have passed since the date of return.
- 9) The individual is following recommended guidelines, including but not limited to, practicing physical distancing, trying to maintain separation of six feet from others, adhering to recognized hygiene best practices, and otherwise limiting exposure to COVID-19.
- 10) The individual will follow the safety, physical distancing and hygiene protocols of the Organization.
- 11) The individual will bring their own personal items and personal equipment (such as water bottles, bags, towels, etc.) at their discretion and will not share their personal items or equipment with other individuals.
- 12) This document will remain in effect until the Organization, per the direction of the provincial government and provincial health officials, determines that the acknowledgements in this Declaration of Compliance are no longer required.
- 13) The Organization may remove the individual from the facility or from participation in the activities, programs or services of the Organization at any time and for any reason if the Organization believes, in its sole discretion, that the individual is no longer in compliance with any of the standards described in this document.

Signature: _____ Date: _____
Individual (if the individual is 18 years old or older)

Signature: _____ Date: _____
Parent/Guardian (if the individual is younger than 18 years old)



Appendix 7 - Release of Liability, Waiver of Clams and Indemnity Agreement (18 years +)

All Participants 18 years of age and older MUST sign this form before participating in any TRA Activities



RINGETTE ONTARIO RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT (To be executed by Participants who are 18 years old and older)

WARNING! Please read carefully! By signing this document, you will waive certain legal rights including the right to sue

Participant's Name: _____ Participant's Date of Birth: _____

1. This is a binding legal agreement. Clarify any questions or concerns before signing. Prior to participating, an individual who is the age of majority or older and who wants to participate in the sport of Ringette and the activities, programs, classes and services provided by, and/or in the events sponsored or organized by Ringette Ontario and its affiliated associations, local associations, clubs, and leagues which may include but is not limited to: competitions, tournaments, practices, training, personal or strength training, dry land training, training using machines or weights, nutritional and dietary programs, orientational or instructional sessions or lessons, and aerobic and anaerobic conditioning programs (collectively the "Activities") must acknowledge and agree to the terms outlined in this agreement.

Disclaimer

2. Ringette Ontario and its affiliated associations, local associations, clubs, leagues, and their respective Directors, Officers, committee members, members, employees, coaches, volunteers, officials, participants, agents, sponsors, owners/operators of the facilities in which the Activities take place, and representatives (collectively the "Organization") are not responsible for any injury, personal injury, damage, property damage, expense, loss of income or loss of any kind suffered by a Participant during, or as a result of, the Activities, caused in any manner whatsoever including, but not limited to, the negligence of the Organization.

☐ I have read and agree to be bound by paragraphs 1 and 2

Description and Acknowledgement of Risks

3. I understand and acknowledge that
 - a) The Activities have foreseeable and unforeseeable inherent risks, hazards and dangers that no amount of care, caution or expertise can eliminate, including without limitation, the potential for serious bodily injury, permanent disability, paralysis and loss of life
 - b) The Organization may offer or promote online programming (such as webinars, remote conferences, workshops, and online training) which have different foreseeable and unforeseeable risks than in-person programming
 - c) The Organization has a difficult task to ensure safety and it is not infallible. The Organization may be unaware of my fitness or abilities, may misjudge weather or environmental conditions, may give incomplete warnings or instructions, and the equipment being used might malfunction
 - d) (COVID-19) The COVID-19 disease has been declared a worldwide pandemic by the World Health Organization and is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19; however, the Organization cannot guarantee that I will not become infected with COVID-19. Further, participating in the Activities could increase my risk of contracting COVID-19
4. I am participating voluntarily in the Activities. In consideration of my participation, I hereby acknowledge that I am aware of the risks, dangers and hazards associated with or related to the Activities. I understand that the Organization may fail to safeguard or protect me from the risks, dangers and hazards of the Activities, some of which are listed below. The risks, dangers and hazards include, but are not limited to:
 - a) Health: executing strenuous and demanding physical techniques; physical exertion; overexertion; stretching; dehydration; fatigue; cardiovascular workouts; rapid movements and stops; lack of fitness or conditioning; traumatic injury; sprains and fractures, spinal cord injuries, bacterial infections; rashes; and the transmission of communicable diseases, including viruses of all kinds, COVID-19, bacteria, parasites or other organisms or any mutation thereof
 - b) Premises: defective, dangerous or unsafe condition of the facilities; falls; collisions with objects, boards, equipment or persons; dangerous, unsafe, or irregular conditions with the ice; extreme weather conditions and lightning; and travel to and from the premises
 - c) Use of equipment: mechanical failure of the equipment; negligent design or manufacture of the equipment; the provision of or the failure by the Organization to provide any warnings, directions, instructions or guidance as to the use of the equipment; failure to wear safety or protective equipment; and failure to use or operate equipment within the Participant's own ability
 - d) Contact: contact with nets, boards, ringette sticks, rings and other equipment, Zamboni's, or other persons; and other contact that may lead to serious bodily injury, including but not limited to concussions and/or other brain injury or serious spinal injury
 - e) Advice: negligent advice regarding the Activities
 - f) Ability: failing to act safely or within the Participant's own ability or within designated areas
 - g) Sport: the sport of Ringette and its inherent risks, including but not limited to collisions with ringette boards, goalie nets and ice, being struck by ringette sticks or rings; physical contact with other participants
 - h) Cyber: privacy breaches; hacking; and technology malfunction or damage
 - i) Conduct: The Participant's conduct and conduct of other persons including any physical altercation between participants
 - j) Travel: travel to and from the Activities



- k) Negligence: my negligence and negligence of other persons, including NEGLIGENCE ON THE PART OF THE ORGANIZATION, which may increase the risk of damage, loss, personal injury or death

☐ I have read and agree to be bound by paragraphs 3 and 4

Terms

3. In consideration of the Organization allowing me to participate in the Activities, I agree:
- a) That when I practice or train in my own space, I am responsible for my surroundings and the location and equipment that I select
 - b) That my mental and physical condition is appropriate to participate in the Activities and I assume all risks related to my mental and physical condition
 - c) To comply with the rules and regulations for participation in the Activities
 - d) To comply with the rules of the facility or equipment
 - e) That if I observe an unusual significant hazard or risk, I will remove myself from participation and bring my observations to a representative of the Organization immediately
 - f) The risks associated with the Activities are increased when I am impaired and I will not to participate if impaired in any way
 - g) That it is my sole responsibility to assess whether any Activities are too difficult for me. By commencing an Activity, I acknowledge and accept the suitability and conditions of the Activity
 - h) That I am responsible for my choice of safety or protective equipment and the secure fitting of that equipment
 - i) (COVID-19) That COVID-19 is contagious in nature and I may be exposed to, or infected by, COVID-19 and such exposure may result in personal injury, illness, permanent disability, or death

Release of Liability and Disclaimer

6. In consideration of the Organization allowing me to participate, I agree:
- a) That the sole responsibility for my safety remains with me
 - b) To ASSUME all risks arising out of, associated with or related to my participation
 - c) That I am not relying on any oral or written statements made by the Organization or its agents, whether in a brochure or advertisement or in individual conversations, to agree to participate in the Activities
 - d) To WAIVE any and all claims that I may have now or in the future against the Organization
 - e) To freely ACCEPT AND FULLY ASSUME all such risks and possibility of personal injury, death, property damage, expense and related loss, including loss of income, resulting from my participation in the Activities
 - f) To FOREVER RELEASE AND INDEMNIFY the Organization from any and all liability for any and all claims, demands, actions, damages (including direct, indirect, special and/or consequential), losses, actions, judgments, and costs (including legal fees) (collectively, the "Claims") which I have or may have in the future, that might arise out of, result from, or relate to my participation in the Activities, even though such Claims may have been caused by any manner whatsoever, including but not limited to, the negligence, gross negligence, negligent rescue, omissions, carelessness, breach of contract and/or breach of any statutory duty of care of the Organization
 - g) To FOREVER RELEASE AND INDEMNIFY the Organization from any action related to my becoming exposed to or infected by COVID-19 as a result of, or from, any action, omission or negligence of myself or others, including but not limited to the Organization
 - h) That the Organization is not responsible or liable for any damage to my vehicle, property, or equipment that may occur as a result of the Activities
 - i) That negligence includes failure on the part of the Organization to take reasonable steps to safeguard or protect me from the risks, dangers and hazards associated with the Activities
 - j) This release, waiver and indemnity agreement is intended to be as broad and inclusive as is permitted by law of the Province of Ontario and if any portion thereof is held invalid, the balance shall, notwithstanding, continue in full legal force and effect

Jurisdiction

7. I agree that in the event that I file a lawsuit against the Organization, I will do so solely in the Province of Ontario and further agree that the substantive law of the Province of Ontario will apply without regard to conflict of law rules.

☐ I have read and agree to be bound by paragraphs 5 to 7

Acknowledgement

8. I acknowledge that I have read and understand this agreement, that I have executed this agreement voluntarily, and that this agreement is to be binding upon myself, my heirs, spouse, children, guardians, next of kin, executors, administrators and legal or personal representatives. I further acknowledge by signing this agreement I have waived my right to maintain a lawsuit against the Organization on the basis of any claims from which I have released herein.

Name of Participant (print) _____

Signature of Participant _____

Date _____



Appendix 8 - Informed Consent & Assumption of Risk Agreement (<18 years of age)

Parents/Guardians of participants under 18 years of age MUST complete the following form before participating in any TRA Activities



RINGETTE ONTARIO RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT (To be executed by Participants who are 18 years old and older)

WARNING! Please read carefully! By signing this document, you will waive certain legal rights including the right to sue

Participant's Name: _____ Participant's Date of Birth: _____

1. This is a binding legal agreement. Clarify any questions or concerns before signing. Prior to participating, an individual who is the age of majority or older and who wants to participate in the sport of Ringette and the activities, programs, classes and services provided by, and/or in the events sponsored or organized by Ringette Ontario and its affiliated associations, local associations, clubs, and leagues which may include but is not limited to: competitions, tournaments, practices, training, personal or strength training, dry land training, training using machines or weights, nutritional and dietary programs, orientational or instructional sessions or lessons, and aerobic and anaerobic conditioning programs (collectively the "Activities") must acknowledge and agree to the terms outlined in this agreement.

Disclaimer

2. Ringette Ontario and its affiliated associations, local associations, clubs, leagues, and their respective Directors, Officers, committee members, members, employees, coaches, volunteers, officials, participants, agents, sponsors, owners/operators of the facilities in which the Activities take place, and representatives (collectively the "Organization") are not responsible for any injury, personal injury, damage, property damage, expense, loss of income or loss of any kind suffered by a Participant during, or as a result of, the Activities, caused in any manner whatsoever including, but not limited to, the negligence of the Organization.

☐ I have read and agree to be bound by paragraphs 1 and 2

Description and Acknowledgement of Risks

3. I understand and acknowledge that
- a) The Activities have foreseeable and unforeseeable inherent risks, hazards and dangers that no amount of care, caution or expertise can eliminate, including without limitation, the potential for serious bodily injury, permanent disability, paralysis and loss of life
 - b) The Organization may offer or promote online programming (such as webinars, remote conferences, workshops, and online training) which have different foreseeable and unforeseeable risks than in-person programming
 - c) The Organization has a difficult task to ensure safety and it is not infallible. The Organization may be unaware of my fitness or abilities, may misjudge weather or environmental conditions, may give incomplete warnings or instructions, and the equipment being used might malfunction
 - d) (COVID-19) The COVID-19 disease has been declared a worldwide pandemic by the World Health Organization and is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19; however, the Organization cannot guarantee that I will not become infected with COVID-19. Further, participating in the Activities could increase my risk of contracting COVID-19
4. I am participating voluntarily in the Activities. In consideration of my participation, I hereby acknowledge that I am aware of the risks, dangers and hazards associated with or related to the Activities. I understand that the Organization may fail to safeguard or protect me from the risks, dangers and hazards of the Activities, some of which are listed below. The risks, dangers and hazards include, but are not limited to:
- a) Health: executing strenuous and demanding physical techniques; physical exertion; overexertion; stretching; dehydration; fatigue; cardiovascular workouts; rapid movements and stops; lack of fitness or conditioning; traumatic injury; sprains and fractures, spinal cord injuries, bacterial infections; rashes; and the transmission of communicable diseases, including viruses of all kinds, COVID-19, bacteria, parasites or other organisms or any mutation thereof
 - b) Premises: defective, dangerous or unsafe condition of the facilities; falls; collisions with objects, boards, equipment or persons; dangerous, unsafe, or irregular conditions with the ice; extreme weather conditions and lightning; and travel to and from the premises
 - c) Use of equipment: mechanical failure of the equipment; negligent design or manufacture of the equipment; the provision of or the failure by the Organization to provide any warnings, directions, instructions or guidance as to the use of the equipment; failure to wear safety or protective equipment; and failure to use or operate equipment within the Participant's own ability
 - d) Contact: contact with nets, boards, ringette sticks, rings and other equipment, Zamboni's, or other persons; and other contact that may lead to serious bodily injury, including but not limited to concussions and/or other brain injury or serious spinal injury
 - e) Advice: negligent advice regarding the Activities
 - f) Ability: failing to act safely or within the Participant's own ability or within designated areas
 - g) Sport: the sport of Ringette and its inherent risks, including but not limited to collisions with ringette boards, goalie nets and ice, being struck by ringette sticks or rings; physical contact with other participants
 - h) Cyber: privacy breaches; hacking; and technology malfunction or damage
 - i) Conduct: The Participant's conduct and conduct of other persons including any physical altercation between participants
 - j) Travel: travel to and from the Activities



- k) Negligence: my negligence and negligence of other persons, including NEGLIGENCE ON THE PART OF THE ORGANIZATION, which may increase the risk of damage, loss, personal injury or death ☐ I have read and agree to be bound by paragraphs 3 and 4

Terms

3. In consideration of the Organization allowing me to participate in the Activities, I agree:
- That when I practice or train in my own space, I am responsible for my surroundings and the location and equipment that I select
 - That my mental and physical condition is appropriate to participate in the Activities and I assume all risks related to my mental and physical condition
 - To comply with the rules and regulations for participation in the Activities
 - To comply with the rules of the facility or equipment
 - That if I observe an unusual significant hazard or risk, I will remove myself from participation and bring my observations to a representative of the Organization immediately
 - The risks associated with the Activities are increased when I am impaired and I will not to participate if impaired in any way
 - That it is my sole responsibility to assess whether any Activities are too difficult for me. By commencing an Activity, I acknowledge and accept the suitability and conditions of the Activity
 - That I am responsible for my choice of safety or protective equipment and the secure fitting of that equipment
 - (COVID-19) That COVID-19 is contagious in nature and I may be exposed to, or infected by, COVID-19 and such exposure may result in personal injury, illness, permanent disability, or death

Release of Liability and Disclaimer

6. In consideration of the Organization allowing me to participate, I agree:
- That the sole responsibility for my safety remains with me
 - To ASSUME all risks arising out of, associated with or related to my participation
 - That I am not relying on any oral or written statements made by the Organization or its agents, whether in a brochure or advertisement or in individual conversations, to agree to participate in the Activities
 - To WAIVE any and all claims that I may have now or in the future against the Organization
 - To freely ACCEPT AND FULLY ASSUME all such risks and possibility of personal injury, death, property damage, expense and related loss, including loss of income, resulting from my participation in the Activities
 - To FOREVER RELEASE AND INDEMNIFY the Organization from any and all liability for any and all claims, demands, actions, damages (including direct, indirect, special and/or consequential), losses, actions, judgments, and costs (including legal fees) (collectively, the "Claims") which I have or may have in the future, that might arise out of, result from, or relate to my participation in the Activities, even though such Claims may have been caused by any manner whatsoever, including but not limited to, the negligence, gross negligence, negligent rescue, omissions, carelessness, breach of contract and/or breach of any statutory duty of care of the Organization
 - To FOREVER RELEASE AND INDEMNIFY the Organization from any action related to my becoming exposed to or infected by COVID-19 as a result of, or from, any action, omission or negligence of myself or others, including but not limited to the Organization
 - That the Organization is not responsible or liable for any damage to my vehicle, property, or equipment that may occur as a result of the Activities
 - That negligence includes failure on the part of the Organization to take reasonable steps to safeguard or protect me from the risks, dangers and hazards associated with the Activities
 - This release, waiver and indemnity agreement is intended to be as broad and inclusive as is permitted by law of the Province of Ontario and if any portion thereof is held invalid, the balance shall, notwithstanding, continue in full legal force and effect

Jurisdiction

7. I agree that in the event that I file a lawsuit against the Organization, I will do so solely in the Province of Ontario and further agree that the substantive law of the Province of Ontario will apply without regard to conflict of law rules. ☐ I have read and agree to be bound by paragraphs 5 to 7

Acknowledgement

8. I acknowledge that I have read and understand this agreement, that I have executed this agreement voluntarily, and that this agreement is to be binding upon myself, my heirs, spouse, children, guardians, next of kin, executors, administrators and legal or personal representatives. I further acknowledge by signing this agreement I have waived my right to maintain a lawsuit against the Organization on the basis of any claims from which I have released herein.

Name of Participant (print) _____

Signature of Participant _____

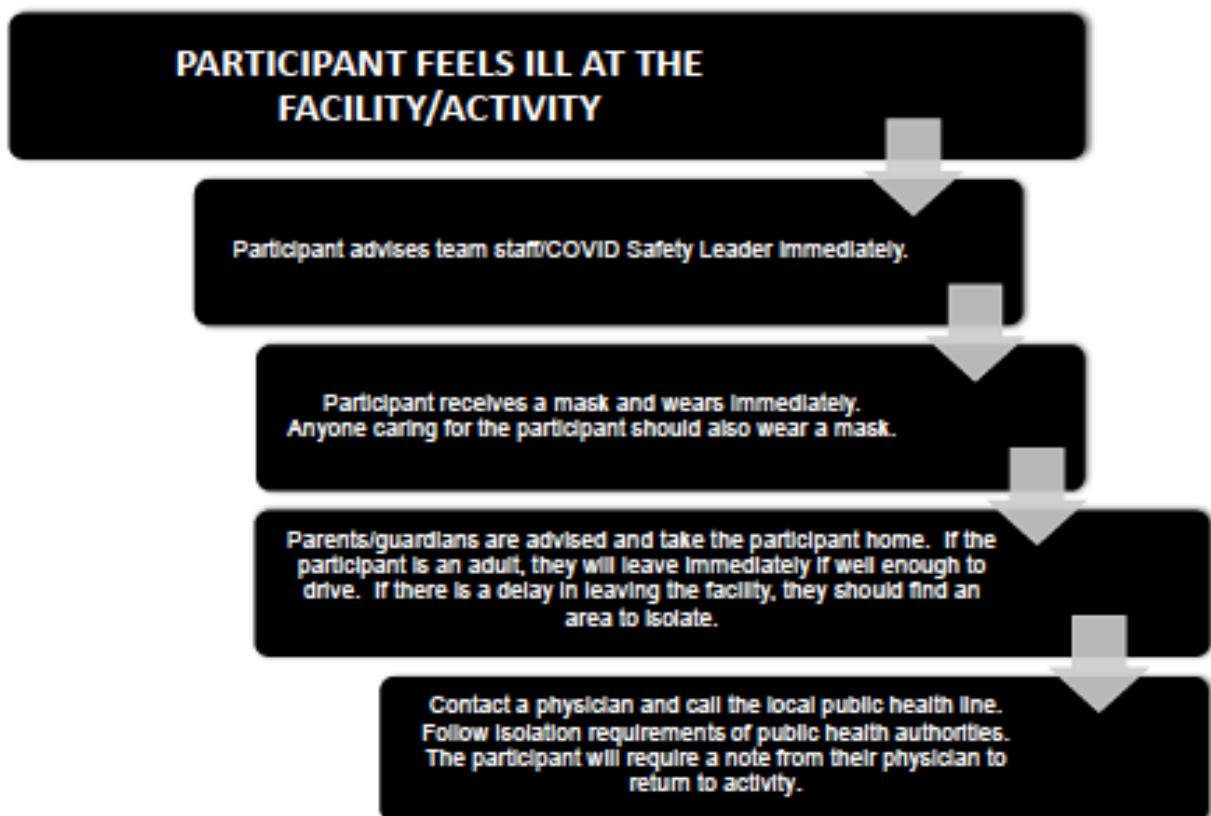
Date _____



Appendix 9 - Procedures for Sickness Related to a Non-Injury Related Illness

The following are recommended guidelines for coaches, COVID Safety Leaders, parents and guardians for participants who are sick or showing symptoms of COVID-19. It is important to remember that public health authorities and advice from physicians must be followed in any situation where a participant is sick.

Note that the procedures below apply to non-injury related illness and all other return to play guidelines specific to injuries still apply.



Participant advises Team staff they are not feeling well or have symptoms of COVID-19 and will not be attending.

Participant is advised to follow up with their physician or public health authority for instructions. They will require a note from their physician to return to activity.

Any participant with suspected or confirmed COVID-19 should not return to ringette until all public health authority steps have been completed. They will require a note from their physician to return to activity.

If a participant is confirmed to have COVID-19, refer to the section regarding positive testing communication.

POSITIVE TEST OF COVID-19

Important!

If a sick participant (or their parent/guardian, if the participant is a minor) elects to inform a team/ringette association that they have been diagnosed with COVID-19, the individual informed shall seek the sick participant/their guardian's consent to contact public health authorities in order to obtain advice on communication with other potentially impacted participants. The sick participant (or their parent/guardian if the participant is a minor) should be asked to advise Public Health of this consent.

Explain the communication will take place and NEVER disclose the sick person's name.



In Canada, the management of public health crises is a matter involving close coordination between all levels of government. There is therefore a variety of public and private sector privacy legislation at the federal, provincial and territorial levels that govern the collection, use and disclosure of personal information. There are provincial and territorial privacy authorities that oversee compliance with the privacy legislation at the federal, provincial and territorial levels that govern the collection, use and disclosure of personal information. There are provincial and territorial privacy authorities that oversee compliance with the privacy legislation in their respective jurisdictions, and some have published their own statements relevant to the matter of COVID-19.

Appendix 10 - Participant Protocols

Ringette Ontario Participant Protocols



Athlete and Parent Protocols

All athletes must have, prior to their first session

- Skate guards
 - Parents should practice with the athlete at home, to ensure they can put their skate guards on themselves
- Their own water bottle, labeled with their name in large letters
- A small bag specifically for their helmet and gloves (this bag should be machine washable – i.e. pillow-case, fabric bag, drawstring bag)

Pre-Event Responsibilities:

- If you or your child is feeling unwell, or exhibiting any related symptoms, you must stay home
- Athletes must use the designated online software (RAMP TEAM App, TeamSnap, etc.) to RSVP their attendance no less than 48 hours prior to the session
- Any athletes not marked as attending less than 48 hours prior to the session will be unable to attend
- Athletes (and their guardians if applicable) should ensure that their equipment is clean prior to going to a session. This includes washing their jersey, sanitizing gloves and helmet, washing their water bottle, and washing their individual helmet and glove bag

Arrival and Entrance:

Scenario 1 No parents in facility, no dressing rooms	Scenario 2 1 parent/athlete, no dressing room
<ul style="list-style-type: none">• It is recommended that athletes arrive at the facility already wearing their under-gear garments. Athletes will arrive and dress in/at their vehicle.• Gear bags will remain in vehicles once athletes have finished dressing.• Parents should bring their athletes to the designated entrance, waiting outside, maintaining social distancing from all other families and patrons• Athletes will move toward the entrance of the facility, one at a time, when called, wearing all of their gear, and carrying their stick and water bottle.	<ul style="list-style-type: none">• It is recommended that athletes arrive at the facility already wearing their under-gear garments. Athletes will arrive and dress in/at their vehicle.• Gear bags will remain in vehicles once athletes have finished dressing.• Parents should bring their athletes to the designated entrance, waiting outside, maintaining social distancing from all other families and patrons• Parents must wear a mask• Athletes will move toward the entrance of the facility with their parent, one at a time, when called, wearing all of their gear, and carrying their stick and water bottle.

<ul style="list-style-type: none"> Athletes will line up, single file, with a 2-metre distance between (athletes should not be able to reach out with their stick, and touch another athlete's stick), and follow their coach into the facility Parents will remain outside of the facility. 	<ul style="list-style-type: none"> Athletes will line up with their parent, with a 2-metre distance between (athletes should not be able to reach out with their stick, and touch another athlete's stick), and follow their coach into the facility Parents will follow their athletes into the facility, and then proceed to the designated viewing area, maintaining social distance and following signage and guidelines
--	--

During Session:

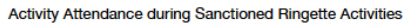
Scenario 1 No parents in facility, no dressing rooms	Scenario 2 1 parent/athlete, no dressing room
<ul style="list-style-type: none"> Maintain Social Distance of 2 metres at all times Athletes are not to share water bottles or equipment Athletes will not move or touch the ring, cones, or other game equipment with their hands or gloves Athletes will follow the direction of coaches and team staff If any athlete needs their parent for an emergency, or equipment malfunction, they will tell the designated manager off ice, who will communicate to their parent who is outside the facility. The athlete will follow facility guidelines to meet with their parent (ie. meet parent in lobby in designated area, or parent will be led by the team manager into the arena to meet with their child). 	<ul style="list-style-type: none"> Maintain Social Distance of 2 metres at all times Athletes are not to share water bottles or equipment Athletes will not move or touch the ring, cones, or other game equipment with their hands or gloves Athletes will follow the direction of coaches and team staff If any athlete needs their parent for an emergency, or equipment malfunction, they will tell the designated manager off ice, who will communicate to their parent who is in the designated viewing area. The athlete will follow facility guidelines to meet with their parent (ie. meet parent in lobby in designated area, or parent will be led by the team manager into an area where they can meet with their child). Parents will remain in the designated viewing area for the duration of the session

Exit & Departure:

Scenario 1 No parents in facility, no dressing rooms	Scenario 2 1 parent/athlete, no dressing room
<ul style="list-style-type: none"> Athletes will put their skate guards on, unassisted Athletes will line up, single file, with a 2-metre distance between (athletes should not be able to reach out with their stick, and touch another athlete's stick), and follow their coach out of the facility Parents should come to the designated pick up area, maintaining social distance from other families and patrons, and wait for their child 	<ul style="list-style-type: none"> Athletes will line up, single file, with a 2-metre distance between (athletes should not be able to reach out with their stick, and touch another athlete's stick), and be called to walk to their parent Athlete will put on skate guards, and exit the facility with their parent, remaining in their full gear, and following signage Athlete's should place their helmet, gloves and water bottle into their small storage bag, and place that bag inside their gear bag.

<ul style="list-style-type: none"> • One at a time, when called, Athletes will walk to their parents, and then go to their vehicle. • Athlete's should place their helmet, gloves and water bottle into their small storage bag, and place that bag inside their gear bag. • This small bag, as well as the athlete's helmet, gloves and water bottle, should be washed and/or sanitized after each session 	<ul style="list-style-type: none"> • This small bag, as well as the athlete's helmet, gloves and water bottle, should be washed and/or sanitized after each session
--	--

Team Manager and Trainer will work together to track attendance using the following form in addition to the RAMP App until it is confirmed that the RAMP App can perform the same function.

1 of 2

Appendix 12 - Facility Audit and Regulations



RISK MANAGEMENT AND SAFETY AUDIT FORM

As part of the Risk Management and Safety/Sanction process, each Association/Tournament is required to submit an Audit Form for each Facility utilized to the Ringette Ontario office. It is important that these audits are completed as they help determine if any action is required to make the facilities safe for everyone.

Date:	Name of Auditor: Julia Routley	Association: Tillsonburg Ringette Assoc.
Facility Name: Tillsonburg Community Centre	City: Tillsonburg	
Event(s): 2020/2021 Season		

EMERGENCY SERVICES:

Estimated response time of Ambulance: 5 minutes		
Name of Hospital: Tillsonburg District Memorial Hospital	Distance: 3 km	
Other Hospitals:	Distance:	
Other Hospitals:	Distance:	
Is the 911 Emergency Service available in your area?		Yes X
No		
If No, what are the emergency numbers?		
Police:		Poison Centre:
Ambulance:		Hospital:



FACILITY SERVICES:

Does the Facility have a COVID-19 Health & Safety Plan?	Yes X	No
Does the Facility have a have a First Aid Room?	Yes	No X
If no, are you able to designate a room for this purpose?	Yes X	No
Is there a First Aid Kit Available	Yes X	No
Do the Facility's personnel have First Aid Training?	Yes X	No
Does the Facility have an injury reporting/COVID reporting process?	Yes X	No

FACILITY INSPECTION:

COVID Signage		Yes X	No
Hand Sanitizer Stations		Yes X	No
Disinfection and Sanitation by Facility between sessions?		Yes X	No
Exit Doors:			
How many in Front/Back	Double 4	Single 1	
Sides	Double 1	Single 2	
Are they clearly marked, and can they be opened?		Yes X	No
Condition of the Ice?			
Good X	Fair	Poor	
Condition of the Stands?			
Good X	Fair	Poor	
Condition of the Team Benches?			
Good X	Fair	Poor	
Comments?			



Overall Comments:

If available, please submit a map of the facility with the above information marked on it (exits, first aid rooms, phones, etc.).

Auditor:

Name: Julia Routley	Signature: 	Date: August 27, 2020
-------------------------------	--	---------------------------------

Please send to the RO Office via info@ringetteontario.com Attention: Risk Management and Audit Safety Form

Copies must be provided to your Region G&T Coordinator as part of the Pre-Tournament Requirements.

Comments from TRA: There is a room within the facility that is in close proximity to the ice surface, which is designated as the “Ringette Room”. This room typically serves as a first aid station, unless the individual receiving care cannot be moved. Facility staff all have first aid training, in addition to most Coaches, and all Trainers.





Town of Tillsonburg
Recreation, Parks and Culture
45 Hardy Avenue, Tillsonburg, ON N4G 3W9

Tel: (519) 688-3009
Fax: (519) 842-4120

August 24, 2020

RE: Fall Ice 2020

Welcome to Fall Ice 2020. TCC Staff have been working hard to prepare the building and the ice to welcome you all back to skate!

Below is a list of requirements that you as a coach/instructor must ensure are followed by your participants.

- All participants must complete the visitor screening prior to entering the building. Signed copies of the screening must be handed to the TCC staff member at the door.
- Participants will enter at the East Entrance 15 minutes prior to their ice time. Social distancing markers have been placed on the ground for your convenience. A TCC staff member will unlock the doors for you and your participants.
- Masks must be worn at all times except on the ice surface.
- Only participants (Max of 30 people) will be allowed in the building, there are to be no spectators – The arena is not open.
- Leagues can only consist of 50 players maximum
- Limited dressing room space is available (10 participants per room). Some participants will have to arrive dressed and ready for the ice, chairs will be assigned to each participant to put their skates on. Reminder that wheeled skate guards are not allowed in the facility.
- Dressing room showers are off limits.
- Directional arrows have been placed throughout the building for everyone to follow.
- Participants are to remain on the lower level of the building
- Washroom facilities are available to participants on the lower level. These washrooms do not have rubber flex flooring and are not skate friendly.
- Participants must leave the ice surface promptly at the end of their session. Please ensure that all personal belongings are removed from the benches at the end of each on ice session.

CONNECTED. ENRICHED. INSPIRED.

www.tillsonburg.ca





- Once participants have removed their skates they must leave the facility to allow staff to prepare for the next group. You will only have 20 minutes in the dressing room after your ice time.

Working together we can ensure the safety of all coaches, instructors, participants and staff

Please sign and return to myself prior to your first ice time. Forms can be scanned and e-mailed to me as well.

Group

Coach or Representative Signature

Date

Thank you,

Becky Turrill

Appendix 13 - Return to Ringette Acknowledgement Form



Ringette Ontario Return to Ringette Acknowledgement Form

Association Name: Tillsonburg Ringette Association
Association President Name: Jason Routley
Association President Email: president@tillsonburgringette.com

Please read the *Ringette Ontario Return to Ringette Document* carefully to ensure that you understand the Protocols before signing this document.

Acknowledgement:

- ☒ I have read and been informed about the content, requirements, and expectations of the Protocols. I hereby agree to abide by the Protocols as a condition of organizing ringette activities in the Province of Ontario.
- ☒ I understand that these Protocols may be updated at any time and that I have reviewed the most recent version posted at <https://ringetteontario.com/rtr-covid19/return-ringette-guidelines/>. Additionally, I hereby commit to abide by all future versions of the Protocols in the applicable timeframes.
- ☒ I agree to share these Protocols with activity participants via my organization's website and/or other method.
- ☒ I understand that if I have questions, at any time, regarding the Protocols I will contact the Ringette Ontario Association (info@ringetteontario.com) for clarification.

Association Signature: 

Association Printed Name: Tillsonburg Ringette Association

Date: Sept 1/20