



TOFIELD MINOR HOCKEY ASSOCIATION  
Quick Reference Guide  
2020/ 2021

Amended: September 28, 2020

- Please read the TMHA Return to Hockey Guideline for an in-depth guide to the season.
- Masks in all areas of the arena are required. Please do not enter the arena without a mask. Masks will be worn in all public spaces, including the stands. All players and coaches will wear their masks to and from the dressing rooms. Masks are not required for players and coaches in Cohorts dressing room, on ice, and on benches. If you forget your mask, there are masks available at the gas stations and pharmacies in town.
- Players must complete the COVID- 19 check in on Team Snap before entering the arena. You can fill it out upwards to 8 hours before hand. You are not allowed to enter the arena without the checklist completed.
- DO NOT come to the arena sick. A player is required to isolate due to symptoms (fever, cough, shortness of breath, runny nose or sore throat) or due to having COVID-19 can return to hockey after a minimum of 10 days pass from when symptoms started or after their symptoms resolve, whichever is longer. A player who is required to isolate due to the above symptoms may also return to hockey if they test negative for COVID-19, as long as they have not been identified as a close contact of a case of COVID-19.
- You will be notified before practice which dressing room you will be in. Please enter through the assigned door, go straight to the dressing room. Please do not loiter in the hall. Please leave through the same door you enter to help with cross- contamination. Spectators of that level will enter and exit through the same door as the players.
- Please do not enter a dressing room that is not assigned to you. The arena staff will be continually disinfecting the rooms after each practice and the disinfectant needs to settle before anyone enters.
- At this time, all players must come completely dressed when possible, minus helmet, gloves and skates. . If the player can dress in 15 minutes or less and undress in 15 minutes or less, they may do so. We prefer that players come dressed if they are able to.
- If your child is able to enter the arena alone, please allow them to do so. You may wait in your vehicle till their scheduled development session time.



- One parent per child in dressing room, no siblings. Any parents accessing dressing room must wear a mask. Your team will be assigned up to 2 dressing rooms and the hallway. If you are bringing more than one child and have to help the player get ready, please let your director know and you will be assigned the hallway. A coach will come collect your child when it is time to enter the ice.
- It is highly encouraged that the coaching staff or a designated parent tie skates in the dressing room to limit the amount of people entering and exiting.
- If more than one parent would like to attend the session and you need to assist your child with skates, please have only one parent enter the arena with the player and have the other parent and siblings (if applicable), sit in the vehicle till the scheduled practice time. (If your practice is at 7pm, Parent A and player will enter at 6:45pm, parent B and siblings will enter at 7pm and leave directly after practice).
- Siblings will sit with their parents for the duration of the session. There is no wandering the arena.
- Please stay socially distant and keep your mask on in the stands.
- The concession will not be open.
- TMHA and Tofield Ag Society will have a ZERO Tolerance policy for the above noted items. Any infractions or incidents brought to TMHA Executive's attention will be reviewed on a case by case basis.
- Please note that this is a working document and will continually change throughout the season.
- If you have questions, please email Jenn at [vpoffice@tofieldminorhockey.com](mailto:vpoffice@tofieldminorhockey.com)