



Welcome to the 2nd annual ROCK THE NORTH WOMEN'S TOURNAMENT  
May 17,18,19, 2024 Hosted by the Sherwood Park Titans Club

We are striving to create opportunities for women's teams to play others they would not normally play in the regular season! We are excited to host your team in our 2024 Tournament. Thank you for your registration. We would like to acknowledge a couple of items that we are getting a lot of feedback on. We know the long weekend is not the ideal spot for a tournament and we are very aware that back to back weekends for the only two female tournaments in Alberta, are very tough on teams. Unfortunately we have had our hands tied by the ALA for this season. They would not approve a full tournament on any other weekend. So rather than cancel it completely we took the dates of the long weekend. Hopefully we can change things for next season. 😊

## TOURNAMENT INFO

**Tournament Merchandise is available until May 1. Presales are available now!**

Online store is at [www.runthistown.ca](http://www.runthistown.ca)

The hoodies or shirts you pre order will be waiting for you at the tournament on Friday night. There will only be some limited supplies at the event, so we strongly suggest you pre order what you would like to have.

## GAMES and Schedules

All games will be held at the Edmonton Soccer South Center. 6520 Roper Road Edmonton, AB.

The final tournament schedule will NOT go out to teams until one week prior to the tournament. The tournament schedule will begin at 5 pm on Friday and run through to Sunday (TBA) pm. Everything will be online on the tournament website. Check for updates online as we get closer to the date.

[Sherwood Park Titans Lacrosse Tournaments : Website by RAMP InterActive](#)

Each division is expected to have 8 teams. **Each team is guaranteed 4 games total.**

**Playoff games will be on Sunday. Every team will play.**

Rock The North Tournament will have Gold, Silver and Bronze medals in all Divisions.

Rock the North tournament will also have an awesome Heart and Hustle award & MVP award for each team and each game!! We will also have fun swag for every player and some fun for the coaches attending the tournament!

Any questions please let us know.

Sarah H

Rock The North Women's Tournament Coordinator

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