

Tri-County Soccer Association

SQS - TECHNICAL - Enjoyable

Tri-County Soccer Association is committed to running a program that is focused on long term participation.

Tri-County Soccer Association's long term participation programming starts on the field with the kids. Our technical program promotes proper training by following ASA and CSA standards and programs which we deliver in a fun, safe and inclusive environment throughout our district. Touching on each of the four corners of development.

<u>Technical/Tactical</u> - Players will learn and develop fundamental soccer skills with age appropriate content.

<u>Physically</u> - Players will learn ABC's through general movements through fun and creative activities and games.

<u>Social/Emotion</u> - Players will be training in a fun, safe, inclusive, positive and non judgmental environment with players of the same age, and when possible same gender to help players be more comfortable in their environment and maximize their potential in the session.

Majority of our technical sessions are developing individual skill and creating 1v1 moments, but players also have group drills to help promote teamwork and communication.

Psychological - Players will be challenged in sessions with drills and activities incorporating different decision making aspects through individual skill based drills, 1v1 moments and group activities. 1v1s help the players be creative and be their own player. At the end of each session players and coaches debrief, and offer individual debriefs.

Further to our on field training program, we are creating player pathways for players who want to continue playing soccer longer into the season by offering a Tier 4 continuation league which would extend into the summer months.

We have also created a pathway for players who wish to play at a higher level once the tier 4 season has been concluded by creating Tri-County Soccer Association which will either be Tier 2 or 3 teams in multiple age and gender divisions that will also compete throughout the summer months. This program not only allows players to play a higher level of soccer, it lets them play further into the season, more importantly it is bringing players from across our district together creating new friendships and bonds.

With these initiatives it has given our coaches an extended pathway to coach higher levels, it is our hope that by creating more qualified and certified coaches, it gives our youth better on field sessions and experiences throughout our districts.



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Our Technical Department will also reach out to youth players in the U11 - U17 age divisions and allow them to help in Tri-County Soccer Association led player development sessions, giving them an opportunity to gain valuable experience on the coaching side of the game by helping out with lower age group sessions.

Lastly from a board position, we are in the process of creating a junior board member position for a player to sit on and contribute valuable information on what matters to them Kids play soccer for many reasons, those reasons may change and their interests in the game may change, as they grow and evolve we at Tri-County Soccer Association want to help guide and offer support to players, in whatever avenue of the game they want to explore.