

Big Sky Soccer – Return to Play Outdoor 2021 Season

Please note these guidelines are subject to change at any given time based on the requirements of the SHA and Government of Sask.

4 Phase Plan

Phase 1 – Return to Train – No Contact

Social distancing measure in place

Technical based activities – opposition may be created by utilizing individuals in the same household. IE Activities that do not require opposition within 2 meter proximity, allowing coaches and players to maintain social distancing.

No Car Pooling

Parents are not permitted to stay at this time

Phase 2 – Return to Train – Minimal Contact

Social distancing measures are relaxed

Small group activities (1v1 to 3v3)

Groups remain the same week to week no switching partners or groups

If family members are in the same group encourage them to be partners

Small group activities with opposition (1v1 to 3v3)

Phase 3 – Return to Play – Increased Contact

Social distancing measures are relaxed further

Intro to small game formats (1v1 to 7v7)

Groups must remain the same no switching groups or partners

Recommendation would be to keep this inhouse, small games within your club with a 50 person bubble including coaches

No tournament type format where teams would play numerous other teams in one day

Phase 4 – Return to Play – Full Contact

Social distancing measures are all removed and full game formats introduced

Tournament style play is permitted

Coach Responsibilities

Coach will ensure a safe environment for all individuals.

Coaches must use only their clearly marked bin/training tools.

Any supplies used by more than one team is to be collected and sanitized by one person,

Complete a health survey prior to each session, not permitted to coach if symptomatic

Will be responsible to sanitize all equipment prior to and after each session

Provide sanitizer to each player and check off completed health questionnaire email to BlgSKySoccerAssociation@gmail.com after each session

Notify Big Sky Soccer of any positive Covid 19 Diagnosis

Coaches will go over safety protocols with players prior to first practice.

Wearing masks is highly recommended for coaches and volunteers (unless not required by SHA)

Only trained designated people (coaches/staff) to handle equipment

Big Sky Soccer Responsibilities

Provide sanitizer and proper equipment for maintaining sanitization

Notify parents/players of positive diagnosis within the team

Player Responsibilities

Show up on time to their session, not early and must leave immediately after the session.

Use hand sanitizer prior to coming onto and leaving the field.

Players are to come to the field dressed to play and have a requires equipment with them.

Each player will receive their own ball to bring to practice.

Players are not allowed to touch equipment/training supplies with their hands to limit cross contamination.

Parent Responsibilities

Parents/ Guardians must ensure that their child is healthy and show no signs or symptoms.

If you/your child refuses to answer the questionnaire, your child will not be permitted to play for that session.

Questions

1. Have you experienced a fever of 38.0 Celsius or higher in the past 10 days?
2. Have you received a positive Covid-19 result in the past 14 days?
3. Have you been in contact with anyone that has tested positive for Covid-19 or has had symptoms of Covid-19 in the past 14 days?
4. In the past 48 hours, have you experienced any of the following new symptoms, not attributed to another health condition or allergies?

New or Worsening Cough
Loss of Sense of Smell or Taste
Runny nose
Shortness of breath
Sore throat

Parents/ Guardians are asked to drop their children off and either remain in their vehicles or return once their child's session is over.

Parents must make sure their child attends with all the equipment needed for each session. This includes:

Ball provided by Big Sky Soccer

Labelled and filled water bottle

Freshly washed Shirt (one dark and one light) to reduce the need for pinnies. Coaches will make aware of what color is needed prior to session to eliminate changing in public.

Proper soccer cleats, Shin guards, and socks to cover

Mask (s)

Tissues and Ziplock – to manage and dispose of bodily fluids from the nose and mouth and minor scrapes/abrasions

Sanitizer/Wipes to wipe ball and belongings

Players will NOT be able to share supplies and will have a designated spot for all non-required practice items

Parents participating and/or supporting a practice will receive a session on safety protocols

Maintain prescribed physical distance as a spectator

Referee Guidelines

Referees come dressed to the games

Referees should not share any equipment (watches, whistles, cards)

Physical altercations result in immediate dismissal from the match. Referees should not engage with athletes.

Referees are not required to sign the game sheets. Acknowledgement of their attendance will be noted on game sheet.

Yellow and red cards to be given to players from a safe distance

Guidelines for Illness

If player/personnel receive a positive test result for Covid-19 Big Sky Soccer will follow all guidelines that are set by the SHA.

Players/personnel who are ill or symptomatic are not permitted to attend their session.

If a player/personnel answers yes to any of the screening questions listed prior they will not be permitted to enter the field at that time.

Players/Personnel who experience symptoms of Covid-19 are asked to stay home until they are symptom free for 48hrs or they are cleared by a physician or negative Covid-19 test.

If a player develops symptoms during a session, player will be isolated away for other members until parent/guardian can pick the child up. Parent/guardian will be required to call 811 and follow all guidelines given by 811. The child may return to play once they are symptom free for 48 hrs or have received a negative Covid-19 test result.

If a player receives a positive test result for Covid-19 the Big Sky Soccer Association will follow guidelines set in place by the SHA. The board will then contact VSA and whomever is requires by the SHA. Big Sky Soccer will provide contact information for any player, coach, or member that was in the presence of that positive player to the SHA for contact tracing purposes.

Big Sky Soccer will notify parents/participants by email that a contact tracing event is taking place and direct them to immediately self monitor for symptoms, and self isolate if they have experienced symptoms, and call 811 for further direction.

If two or more players in one age category or group test positive for Covid-19, that group will be postponed for 14 days. In the event that 2 or more players in 2 or more age groups test positive for Covid-19, the entire program will be placed on hold for 14 days.

Facilities/Scheduling

We will book practices/games on the same field with ample time in between allowing for sanitization to occur as well as allow for groups to vacate the areas before the next group enters

Information will be provided to all coaches/parents about drop-off and pickups as well as spectator protocols (when required)

Players will be dismissed from practices and games in limited numbers to prevent gathering of groups

A list of all people involved at both games and practices must be taken by team personnel

Activity Considerations

Activities will be structured to maximize physical distancing and to be age appropriate.

Activities will be designed so players may stay within their existing small groups within Big Sky Soccer (Phase 1 and 2)

Ball should stay below the waist to prevent contact with head, hands, chest, mouth in Big Sky Soccer (Phase 1-3)

Recommend having regular sanitization breaks combined with water breaks

