


U11/U13

VSA Game Model

7v7



U11/U13 7v7 - 1-2-3-1



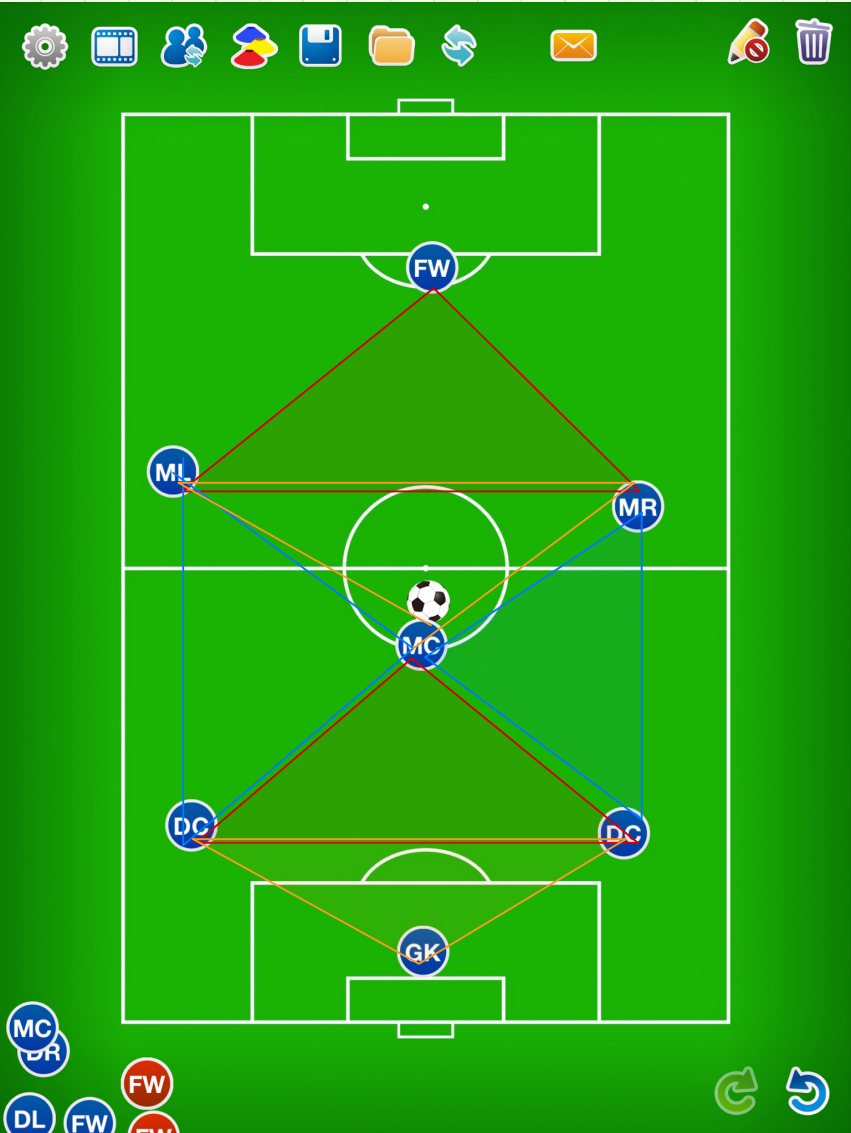
Defensive Organization

Central

Wide

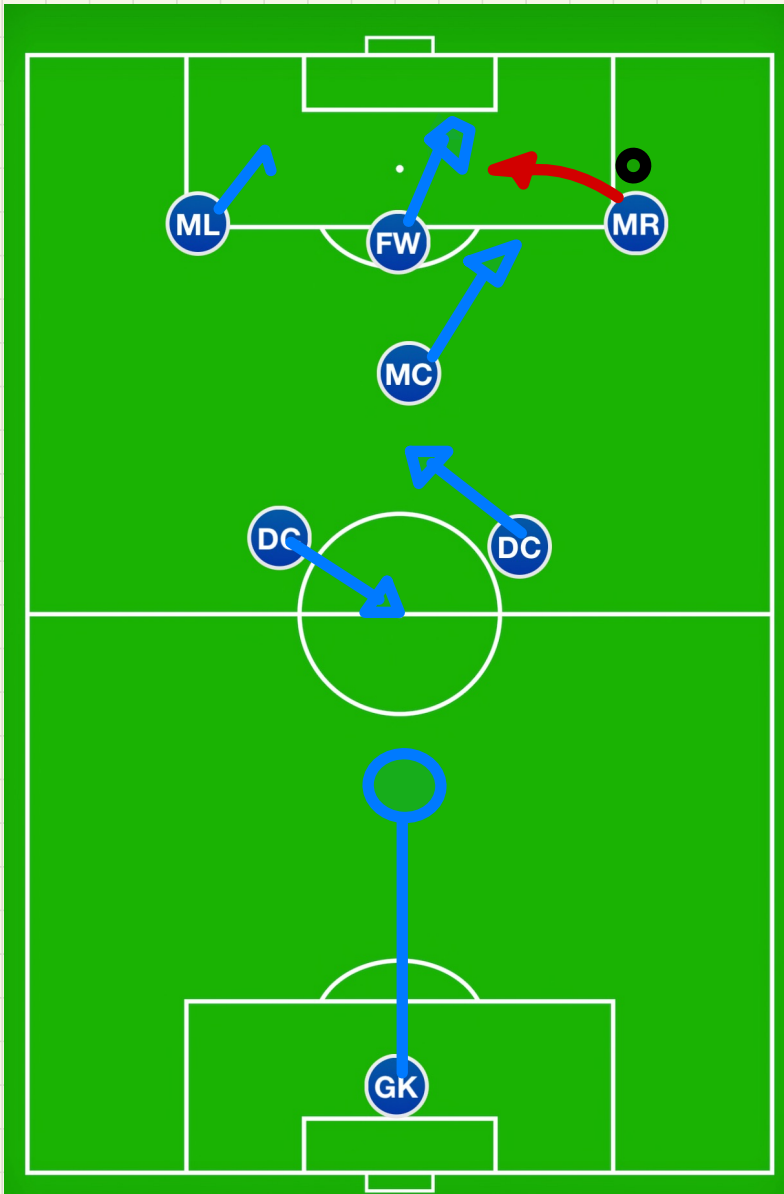


Possession



Diamonds and Triangles

Attack Organization



Corner Kick AO



1-2-3-1

- Make diamonds and triangles everywhere. There should always be options and support. Passing to the goalkeeper is a great option to retain possession and keep the ball!
- Teach your players depth and support, and to think offensively in two dimensions, width and length, at the least.
 - You want big wide shapes while attacking and small, impenetrable shapes while defending.
- Lots of ways to build your attack. Use width to score by passing across the mouth of the goal. Use depth to score by sending long passes over or through the defence. Use passing to score by manipulating the defenders into vulnerable positions and then taking advantage of that to find the unmarked player.
- Get your brave goalie to come way up and support their team while on the attack, halfway to half at the minimum. Their primary defensive job is make the decision as to whether or not they can get to the ball before the other team on a long pass, and if they can they must; If they can't then they have to drop back fast.