

# U7 Game Model

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4v4

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# Shape 1-2-1 Diamond



# Attack Organization



# Defensive Organization

Ball is central

Ball is wide



Shape!  
Play!  
Fun!

Those are the three key words for this age group. No strategy, no tactics, no stress.

Get them into a Diamond shape, and then try to keep them in that shape!

Big Diamond when we have the ball.  
Small protective Diamond when we don't have the ball. Chase the ball, keep the ball, score goals!

Shape! Play! Fun!