

Return to Soccer Plan 2021
Langham Soccer Association (LSA)

Organizational Considerations

- We have read and reviewed the Canada Soccer Response Action Plan Guide and in the absence of a Provincial Government, Provincial Health Agency or Municipal Government outline for such a plan, we will utilize the guide(s) to create one specific for your organization.
- Anyone who wishes to partake in infield activities in any way will be subject to safety education (parents, team personnel, players, refs, volunteers etc.)
- Signage will be employed, to reinforce key risk related messages, control flow of people, improve efficiency, etc.
- First aid will be administered by, firstly, the player themselves or parent/guardian of the player, or barring the availability of such a person, any capable coach will administer first aid. The club has given first aid supplies to every coach. Players are encouraged to bring their own band aids and tissues.
- Should a player or team personnel member test positive for COVID after attending one of our activities, every coach, player and parent of all players that attended the activities will be informed directly by LSA Coordinators immediately. Names will be kept confidential.
- If there is a positive COVID case within the organization, the executive of LSA will assist in contact tracing to support local authorities, if requested.
- We will proceed through the RTS Plan phases as advised by SSA, VSA and the Saskatchewan Health Authority.

Facilities & Scheduling:

- We will book practises and/or games on the same field with ample time in between, allowing at time in between and after sessions to vacate the area and disinfect and clean any remaining equipment.
- Information will be provided to all coaches and parents about drop offs, pick-ups, and spectator protocols.
- Players will be dismissed from practises and games in limited numbers to prevent gathering of groups.

Team Personnel Considerations

- All team personnel and volunteers must complete a one-time, pre-activity safety orientation on safety protocols.
- A list of all people involved at both games and practises must be taken by team personnel.

- All team personnel must complete a COVID screening tool before coming to games or practises.
- Wearing face masks is required for team personnel and volunteers, unless not required by SHA guidelines.
- The use of an electronic whistle is required.
- Only trained designated people (team personnel/executive) should handle equipment. This should be wiped down regularly. Sanitation materials will be supplied to coaches.

Activity Considerations:

- Activities will be structured to maximize physical distancing and to be age appropriate.
- Activities will be designed so athletes may stay within their existing small groups within RTSP Phase 2 to reduce amount of contact with different people.
- Ball should stay below the waist to prevent contact with head, hands, chest, mouth in RTSP Phases 1-3.
- Recommend having regular sanitization breaks combined with water breaks.

Referee Considerations

- All referees must complete a COVID screening tool before coming to games or practises.
- Referees will be provided their own equipment to bring to games.
- Referees will not be required to sign the game sheet. Acknowledgement of their attendance will be noted on game sheet.
- Payment will be either online or with cheques mailed, no hand-to-hand payment.
- Referees should not physically engage with athletes.
- Yellow and red cards given to athletes from a safe distance

Laws of the Game – Modifications

- Upon the start of RTSP Phase 3 or 4, Laws of the Game may need amending to adhere COVID related safety guidelines, for example, initially no throw-ins.

Parent Considerations

- Precautions for parents will be according to health guidelines at the time.
- Parents of young players must complete a COVID screening tool on the players' behalf before bringing them to games or practises, ensuring they are healthy.

- Make sure child has all items they need to participate.
- Ensure they, or any other spectator for their child, is healthy and not experiencing any symptoms.
- Any parent participating in or supporting a practice or game (on field) should receive a pre-activity safety orientation on safety protocols.
- No carpooling unless other athletes are part of their family bubble.
- Sign in with Field Marshal when at the field as a spectator.
- Recommended that each team have a COVID representative (parent volunteer) to ensure guidelines are being followed.

PLAYER CONSIDERATIONS

- All athletes must receive a safety protocol orientation.
- All athletes must complete a COVID screening tool before coming to games or practises.
- All athletes must sign in with the team personnel for each game and practise upon arrival.
- Athletes should come to the field, dressed to play and with the following items:
 - a) Labelled hand sanitizer and/or sanitizer wipes
 - b) Labelled water bottle
 - d) Tissues – to manage bodily fluids from nose & mouth and, minor scrapes and abrasions
 - e) Personal first aid supplies needed – band aids, ice pack, etc.
- Recommendation is for athletes to bring their own ball to practices and games.
- No bibs or pinnies unless there are enough for each player to bring his/her own to each practise and game.

****These guidelines are subject to change at any time, based on the requirements from the SK Health Authority and the Government of Saskatchewan**

Phases of resuming soccer:

Phase 1– No Contact

- Social distancing measures are in place
- Technical based activities – activities do not require opposition within 2m proximity.

Phase 2 – Minimal Contact

- Social distancing measures are being relaxed
- Small group activities (1v1 to 3v3)
- Groups should remain the same during practises. No switching partners or groups.
- Encourage family members to be in the same groups
- Small group activities – activities with an opposition. Numbers for the activities should be between 1v1 and 3v3.

Phase 3 – Increased Contact

- Social distancing measures are being relaxed further
- Groups remain the same during practises. No switching groups or partners.
- Small game formats – 1v1 to 7v7. Recommendation to keep games within the LSA.

Phase 4 – Full Contact

- Social distancing measures are removed. Regular game formats are introduced.

Updated: March 25, 2021

L.S.A.