

CONSTITUTION
VALLEY THUNDER LACROSSE ASSOCIATION



Adopted June 2015

June 2015

ARTICLE 1 – NAME:

The Association shall be known as the Valley Thunder Lacrosse Association here in after referred to as the “VTLA”

ARTICLE 2 AIMS AND OBJECTIVES

- 2.1 To promote the healthy and active participation of children and youth in Lacrosse in the Western Valley community.
- 2.2 To foster co-operation between parents, guardians, coaches, official executive and players in the sport of lacrosse.
- 2.3 To ensure lacrosse is an affordable sporting option for children and youth in the Western Valley community
- 2.4 To encourage residents in the Western Valley community to volunteer to promote the sport of lacrosse

ARTICLE 3 – MEMBERSHIP:

- 3.1 The WVMHA shall be a member of the Nova Scotia Lacrosse Association
- 3.2 Membership in the VTLA shall consist of;
 - i. families who are residents within the boundaries of the Western Valley Minor Hockey Association (http://westernvalley.goalline.ca/files/wvmha_constitution.pdf)
 - ii. Persons elected or appointed to the Executive, and the board of Directors and team officials regardless of place of residence.

ARTICLE 4 -ADMENDMENTS

- 4.1 The Articles or By-Laws of the VTLA may be amended in the following manner:
 - i. By special resolution passed by a majority of not less than three-fourths of the members

f VTLA entitled to vote as are present in person at any general meeting of which notices specifying the intention and purpose of the resolution as a special resolution has been duly given.

- ii. Notice of the motion to amend the by-laws or articles must be given by the secretary at least 2 weeks prior to the General Meeting.

ARTICLE 5 EXECUTIVE COMMITTEE:

5.1 The VTLA shall be governed by an Executive Committee which shall be the policy making body consisting of the following officers:

- i. President (one vote)
- ii. Vice President (one vote)
- iii. Secretary (one vote)
- iv. Treasurer (one vote)
- v. Registrar (one vote)

ARTICLE 6: FUNCTIONS OF THE EXECUTIVE COMMITTEE

- 6.1 The management of the VTLA and its affairs.
- 6.2 The establishment of Ad Hoc Committees as need arises.
- 6.3 In the event of a vacancy occurring on the Executive committee, they shall have the power to elect any active member of the association to fill such vacancy for the remainder of the term of the executive members whose vacancy is being filled.

ARTICLE 7: TERMS OF OFFICE

- 7.1 The terms of office for all officers and members of the executive committee shall be for two years.

- 7.2 Officers and member of the executive committee are eligible for reelection for a second successive term but shall not be eligible for re-election for a third successive term to the same position.
- 7.3 The term shall be from January 1 to December 31
- 7.4 If an executive member is absent for more than two consecutive, scheduled executive meetings without good cause, and without prior notification to the President or secretary, then that office may be considered vacant by a majority vote of the executive.

ARTICLE 8: ELECTION OF EXECUTIVE

- 8.4 Nominations shall be called for and may be made from the floor of the Annual General Meeting; however, written consent of the person(s) nominated but absent from the meeting shall be presented to the Chairperson of the Nominations committee.
- 8.5 Election of officers shall be by secret ballot decided by a simple (50%+1) majority of votes cast

ARTICLE 9: MEETINGS

- 9.1 The Annual General Meeting of the Association shall be held
- 9.2 There shall be a minimum of (2) General meetings conducted per year including the Annual General Meeting.
- 9.3 The Executive may call Special General Meeting of the Association at any time.
- 9.4 A quorum of 5 shall be required at a General Meeting to pass any motions.
- 9.5 General Meeting minutes shall be passed at the Executive Meeting or via email vote and then copies shall be made available for perusal at the next General Meeting if requested during the meeting.

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ARTICLE 10: DUTIES OF OFFICERS

- 10.1 The President shall:
1. Preside as Chairperson at all meetings of the Association and Executive.
 2. Decide on all questions of procedure and order not covered by the Constitution & Bylaws.
 3. Supervise the general management of the affairs of the Association

4. Set the beginning and the end of the season.
5. Perform duties incidental to the office.
6. "Ex-Officio" member of all committees.
7. Be the official spokesperson for the Association.
8. Attend any Lacrosse Nova Scotia (LNS) meetings as required as the representative of the club
9. Should the President be unable to complete the term of the office, the Vice- President shall assume office.

10.2 The Vice- President shall:

1. In the absence of the President, preside as chairperson at all meetings of the Association and Executive.
2. Perform the duties of the President during his/her absence.
3. Perform duties assigned by the President or the Executive.

10.3 The Secretary shall:

1. Keep a written record of the proceedings and attendance at all meetings the Association and the process said records for distribution or presentation.
2. Perform duties assigned by the President or by the Executive.
3. Ensure the website is keep up to date by the secretary of another designated VTLA members as appointed by the secretary.
4. Provide communications with the membership as request by members of the executive.

10.4 The Treasurer shall:

1. Receive and hold all monies of the Association
2. Keep an accurate record of all receipts and disbursements.
3. Pay out such monies as voted upon in the budget at Annual General Meeting or General Meetings.
4. Collaborate with the referee-in- chief to ensure all the officials receive payment for duties preformed.

5. Monitor and apply for any applicable funding (grants) to improve the financial stability of the association.
6. Prepare any financial documents of the Association which are required to be submitted to government or grant sources
7. Have the books of account balanced as of December 31 of each year.
8. Prepare statements for disbursement to the Executive Committee at each meeting.
9. Prepare for approval at the Annual General Meeting a complete statement of receipts and disbursements during the fiscal year of the Association
10. If asked by the Executive committee, arrange for the financial records to be audited by a person agreed upon by the Executive.
11. Collaborate with the general managers of each club team to manage the teams finances
12. Perform duties assigned by the President or by the Executive.

10.5 The Registrar shall;

1. Compile and keep an accurate record of all members of VTLA.
2. Communicate any registration information to LNS as requested.
3. Develop team rosters and distribution to the team head coach.
4. Hold copies of Criminal Record and Child Abuse Registration checks of all coaching staff which includes team managers
5. Perform duties assigned by the President or by the Executive

ARTICLE 11: FINANCES

11.1 The fiscal year of the Association shall be January1 to December 31.

11.2 Funds over and above the Association expenses shall go towards carrying out the aims of the Association.

11.3 The Executive shall have the power to expend the funds of the Association in accordance with the objectives of the Association.

11.4 The Treasurer and one of the two other signing officers shall sign all cheques.

11.5 The Treasurer shall have the authority to approve up to \$50.00 per item on non-reoccurring basis for request that occur outside of the normal operating costs of the association

11.5 The Executive shall have the authority to approve up to \$1000.00 per item on non-reoccurring basis for request that occur outside of the normal operating costs of the association and throughout the fiscal year.

11.6 Receipts must be provided for all expenses occurred.

11.7 The Treasurer shall arrange to have the financial records audited annually. A formal auditor is not necessary but someone who the Executive Committee agrees upon.

ARTICLE 12: ANNUAL GENERAL MEETING

12.1 The business to be transacted at the Annual General Meeting shall be the consideration of committee reports, the election of officers, budget report, appointment of auditors and any other business that shall arise.

12.2 At least three (3) weeks' notice shall be given in writing to members of all Annual General Meetings, such notice to state the subjects to be considered.

12.3 All members of the Association are entitled to attend the Annual General Meeting and to speak to any motion or address the chair, present or second motions and vote.

ARTICLE 13: REGISTRATION

13.1 All VTLA members shall register with the association at a time(s) selected by the Executive Committee prior to the beginning of each season.

13.2 No member shall enter the lacrosse floor without the completion of registration forms.

13.3 Teams will be formed at the start of the season based on LNS age categories

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13.4 All VTL will be placed on a team; there will be no tryout process for teams. VTL operates club teams only.

13.5 VTL complies with all other additional registration polices and practices of LNS which includes player and transfer movement within or outside a club,

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ARTICLE 14: FEES

14.1 Registration fees will be recommended by the treasurer and approved by the executive committee prior to the beginning of each season.

14.2 No player shall enter the lacrosse floor without at least 50% the payment of the registration fee. The remainder of the fee shall be paid no later than 3 weeks from the official start of the season.

14.3 Post dated cheques will be accepted for payment with the first date no later than the first practice and the last date no later than 3 weeks from the first cheque.

14.4 The fee for children of the members of the Executive Committee and of Head Coaches shall be set at 50% of the registration fee of all other VTLA players.

14.5 The Executive committee reserves the right to make decision about the non-payment of registration fees for players

14.5 Each player will submit a post dated cheque for an amount to be determined by the executive committee for a jersey deposit prior to the issuing of the players jersey.

ARTICLE 15: LOCATION OF PRACTICES AND GAMES

15.1 The Kings Mutual Century Center shall be considered the home arena for VTLA.

15.2 Other arenas may be used as the need arises at the discretion of the Executive Committee

ARTICLE 16: OPERATION COMMITTEE

16.1 An operations committee shall be struck each season with an aim to ensure the effective and efficient operations and growth of lacrosse.

16.2 The committee shall consist of the following members

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- i. Tournament Chair
- ii. Referee-in- Chief
- iii. Development Officer
- iv. Fundraising Officer

16.3 The Tournament Chair shall;

a) Shall act as the Chairperson of VTLA Tournaments

(b) May provide advice to the organization related to other tournaments the club may wish to participate in

16.4 The Referee-in- Chief shall;

- a) be responsible for assigning all game officials for VTLA home games including tournaments
- b) be responsible for the scheduling and organizing of Referee Clinics
- c) be responsible for advising the Executive on remuneration for Officials
- d) all be responsible for monitoring of Officials performance and council Officials on short comings
- e) be responsible for keeping records of games officiated communicating with the treasurer for payment of officials

16.5 The Development Officer shall;

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16.6 The Fundraising Officer shall;

- a) Recommend VTLA fundraising opportunities to the Executive Committee
- b) Upon approval by the Executive Committee manage any fundraising opportunities for VTLA

16.7 The operations committee shall work with members of the Executive Committee to meet its aim

16.8 The operations committee does not carry an Executive Committee vote.

16.9 The Operations Committee will perform duties assigned by the President or by the Executive.

ARTICLE 17: TEAM COACHING STAFF

17.1 Each team will have a head coach appointed by the Executive Committee at the recommendation of the Development Officer.

17.2 The Head Coach will choose assistance coach(s) and manager(s)

17.3 The coaching staff will work with members of the executive committee and the development officer to ensure the efficient and effective operation of the team.

17.4 All coaching staff including team managers will have Criminal Record and Child Abuse Registration checks completed and submitted to the Registrar no later than 3 weeks from the start of the season.

17.5 All head coaches will have completed a LNS coaching course completed and paperwork submitted to the Registrar no later than 3 weeks from the start of the season. If the coaching course is not available the President of VTLA will reserve the right to decide if the head coach can continue.

17.6 VTLA complies with all other additional coaching staff policies and practices of LNS
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ARTICLE 18 OFFICAL

18.1 All officials must have completed an officiating course from LNS every Lacrosse season

18.2 VTL complies with all other additional officiating polices and practices of LNS

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ARTICLE 19 AFFILIATION

19.1 Players who are one birth year below the requesting team, maybe asked to affiliate to said team due to injury, illness or general lack of players on said team.

19.2 The Head Coach of the team requesting the player to affiliate must first gain the permission of the Head Coach of the request player.

19.3 Affiliated players must be approved by the Operations Officer.

19.2 Affiliated members may not replace members of said team in the event the team has sufficient numbers.

ARTICLE 20 MODIFED MINI TYKE AND TYKE RULES

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