

Valley United Playing Time Policy

This policy reflects the importance of reasonable playing time during games for the development of youth players.

All grassroots players (below U12) shall have an equal playing time.

For U12+ players the minimum playing times are outlined in the table below. Playing time may be reduced from these standards for the following reasons:

- Injuries/Illness
- Player behaviour on and off the field
- Player work rate in games and practices
- Player's attendance and commitment

For AA or AAA teams, during provincial or national championship games or provincial cup games the coach may use their discretion regarding the playing time given to each player, to provide our teams with the best means of success.

Division	Exhibition, League and Tournament Games	Playoff and Cup Games
U9-11	Equal time	N/A
U12 AA	50% over the course of the season	N/A
U13-U18 A/B	50% over the course of the season	Minimum of 30%
U13-U18 AA/AAA	40% over the course of the season	At the coach's discretion.