



## Valley United Performance Teams Training Schedule as of 19 May 2025

U12 Boys	Tuesday	6-7:30pm	Tower
	Thursday	5:30-6:45pm	Acadia
U12 Girls	Monday	6-7:30pm	Tower
	Wednesday	6-7:30pm	Tower
U13 Boys	Tuesday	5:30-6:45pm	Acadia
	Thursday	6-7:30pm	Tower
U13 Girls	Tuesday	6-7:30pm	Tower
	Thursday	5:30-6:45pm	Acadia
U15AA Boys	Tuesday	6:45pm-8pm	Acadia
	Thursday	7-8:30pm	Lockhart Ryan
U15AA Girls	Tuesday	6:45pm-8pm	Acadia
	Thursday	7-8:30pm	Lockhart Ryan
U15AAA Boys	Tuesday	8-9:30pm	Acadia
	Thursday	7-8:30pm	Lockhart Ryan
U15AAA Girls	Tuesday	7-8:30pm	Lockhart Ryan
	Thursday	6:45-8pm	Acadia
U17AAA Boys	Tuesday	7-8:30pm	Lockhart Ryan
	Thursday	6:45-8pm	Acadia
U18 Boys	Monday	7-8:30pm	Lockhart Ryan
	Thursday	8-9:30pm	Acadia
U18 Girls	Monday	7-8:30pm	Lockhart Ryan
	Wednesday	7-8:30pm	Lockhart Ryan
Senior AAA Men	Tuesday	8-9:30 pm	Acadia
	Thursdays	8-9:30 pm	Acadia

