**Valley United Turf Training Time**

**January - February 2024**

\*Unless otherwise stated, the turf is at the CURC in Kentville

**Keeper Training**

Tuesdays 6-7

**10 /11 Girls Skills Centre**

Mondays 6-7

Wednesdays 5-6

**9/10/11 Boys SC**

Tuesdays 5-6

Thursdays 5-6

**12 Boys** (2 teams)

Thursdays 6-7

**13 Boys**

Wednesdays 6-7

**12/13 Girls**

Tuesdays 7-8

**15A Girls**

Tuesdays 6-7

**15AA Girls**

Mondays 6-7 (Windsor)

**15AA Boys**

Wednesdays 7-8

**15AAA Boys\*\*\***

Sundays 12-1:30 (Windsor)

Wednesdays 8-9

**17AAA Boys \*\*\***

Sundays 1:30-3 (Windsor)

Mondays 7-8 (Windsor)

**18 Girls**

Mondays 8-9

**18 Boys \*\*\***

Thursdays 7-8

**Premier Women**

Mondays 8-9 (Windsor)

**Premier Men (2 teams)**

Tuesdays 8-9:30

**\*\*\* There will be week to week variations in the training schedules for the 15AAA, 17AAA and 18AA boys. These will be communicated to players/parents by team staff.**